December 6, 1993

The Spectator

Husson College Bangor, Maine

Rob Schneider Coming to Husson College



Rob Schneider is coming to us directly from Saturday Night Live. Rob Schneider has featured in many movies. His new movies include, Home Alone 2, BeverlyHillBillies, and Demolition Man.

Rob Schneider is coming to Husson College. Another fine comedy two hour special with two shows is being sponsored by The Student Government Committee. There will be an opening act to be announced later. There will be two tickets available for all students at no charge. There will be a five dollar fee for the faculty. All proceeds will be donated to local charities. Tickets will be available from Jan. 18-27. The show is on Jan. 27th, starting at 8:00 p.m. in Newman Gymnasium. Doors open at 7:00 p.m.



What's Up!!!

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Student Life Page



Linda Jenkins, Jennifer Burkhart, Jeff Wheeldon, and John Rubino giving speeches at the Rape Awareness Rally.

photo by: Matt Donovan

Rape Awareness Rally

On Thursday November 18, a beautiful blistering cold day, the Rape Awareness Week came to an end with a rally. Students and faculty marched from the bell tower through Peabody Hall up to the circle carrying banners in support of Rape Awareness. The banners being carried by the students were being entered into the banner contest. When the marchers reached the circle, there were 4 speeches given by Linda Jenkins, Jeff Wheeldon, Dean Rubino, and Jennifer Burkhart. Jennifer Burkhart was the guest speaker for the Rape Awareness rally which she talked about the efforts of Husson in preventing rape. After the speeches were over, they awarded the winners of the banner contest. The winners were: 1st place, Career Development 2nd place, TKE 3rd place, ETE. Thank you for all those who participated in the Rape Awareness activities.



First place winner in the banner contest was the Career Development Office.

photo by: Matt Donovan



"SEEKING"

By: *E.T. Bear*

Love is blind
We see what we want to see
Forget what we know is true
If all is forgotten
but
Never forgiven
Where do we turn?
It's love we seek
and
truth we need
Why settle for so much less.
To you I've turned
to ask for love
truth
and peace of mind
(Knowing that my search
has reached its end.)

Social Committee

Sign up for free movie ticket passes to Hoyts Cinema in the Student Government Office. Drawing is held every Friday at oon.

IRS offers evening class for volunteers

The Volunteer Income Tax Assistance program needs volunteers to provide free federal and state assistance to taxpayers who are low or moderate income, elderly, disabled or non-English speaking. Free income tax training is provided to volunteers by the IRS. Day classes are scheduled in Portland at the North Deering Church, 1364 Washington Avenue, during the weeks of January 3-7 and 18-21. A new evening class is scheduled at the University of Maine Law School from January 10-14. Preregistration is mandatory. Self-study is an alternative for volunteers unable to attend classes.

Individuals interested in learning more about the VITA program or in preregistering may contact the IRS at 1-800-829-1040, (207)622-8328 (Maine) or by writing to IRS, VITA Coordinator, 68 Sewall St, Augusta, ME 04330.

GAMMA SIGMA SIGMA

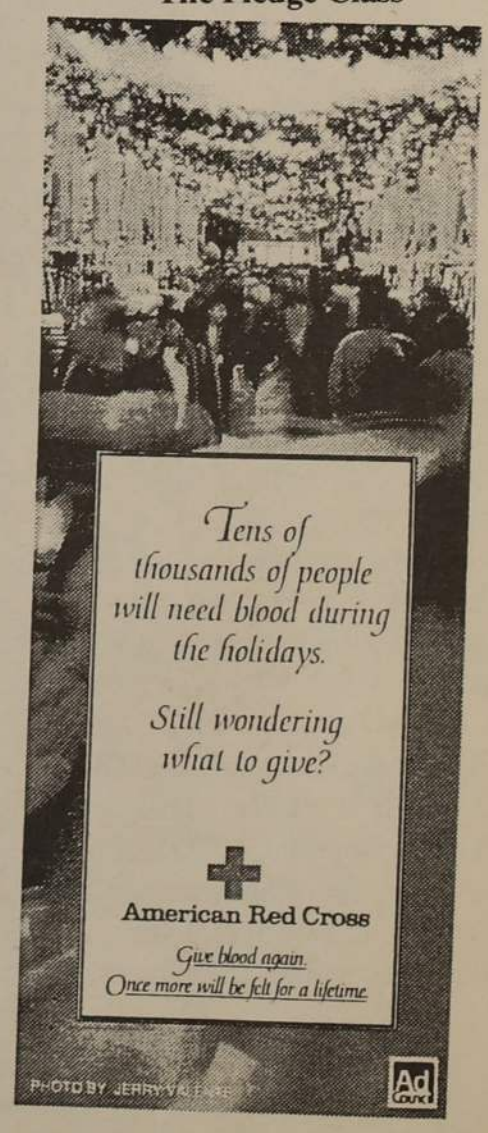
The fall pledge class would like to thank everyone that showed interest in the raffle/ fundraiser the week of November 15.

WINNERS:
Candy Jar Guess:
Darren Hanselpacker 257
50/50 Raffle:
Carolyn Choquet
CONGRATULATIONS!!!

GAMMA SIGMA SIGMA

The fall pledge class did a clean-up at the Hope House on November 20; learning much from the experience, mainly, to be thankful for what we have. It felt good to be able to help out people in need even if it was only making "living" conditions more bearable it gave the pledges a sense of what service really is. We learned how lucky we really are to have as much as we do. So on the worst day of our lives someone is having a much worse day living on the street or going to bed hungry and suffering through many other atrocities.

The Pledge Class



Student Life Page

PBL

Phi Beta Lambda would like to thank the people who attended our information night on November 16. All those interested are encouraged to come to our next meeting. Meetings will be held every Wednesday at 2:30 in Room 222. We hope to see you there!

"GENTLE FLOWER"
By: Brandi Gorley

She saw the power
of love in the rose
of this flower,
with jutting thorns.

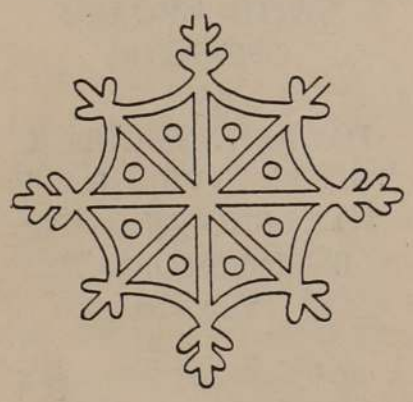
The velvety petals
signifying tender emotion,
the thorns, only bleeding pain.

She saw the wildflower,
musky, spicy fragrance.
A flighty spirit skating
across the heavens.

The touched the
window pane,
looking out, staring.
The tulips swaying
on a musical note
of a breeze.

And she was running
until she disappeared
the land,
Nature, all consumed
her.

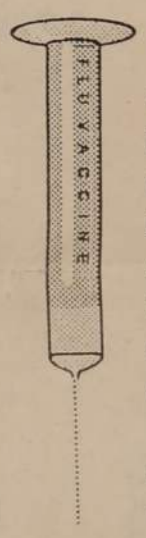
She was one with the
turbulent
environment,
Yet she was the
flower that made
it gentle!





Bowling Night

Bowling night at Heritage Bowling Lanes on Dec. 9, 1993. Doors open at 9:00 p.m. and close at 12:00 p.m. Again, there will be plenty of prizes to go around. The 1st bowling night had a great turn out!



Health Care Symposium

The Health Security Act will guarantee comprehensive health coverage for all Americans, legal residents, regardless of their health status. The Act builds on current employer-based system and asks Americans to contribute to their health coverage.

Under the old system, 63 million Americans will lose their health insurance for a period of time during the next two years. Left alone rising health care costs will consume 60 percent of businesses pre-tax profit. Workers will lose wages and the federal deficit will continue to rise.

Excessive paperwork that is presently required confuses and frustrates doctors as well as patients. With the uniform comprehensive package offered, people will no longer be plagued with confusing policies and forms.

A simple billing format will convert the paper based claim process into a computerized system cutting costs and saving time.

(Panel Members for the HealthCare Symposium were: Kenneth Hewes, Deborah Gillespie, George Nilson, Lynn Madden and Joseph Ditre.) Informational sheets were handed out and information was taken from this.

PELL CUTBACKS

Many students face losing their Pell Grant funding due to major changes occurring within the Pell Grant program. Students have already been hurt by a Pell Grant cut earlier in the year, now they will be faced with further cutbacks resulting from revisions to federal student financial aid programs. "This is going to affect students already in the worst situations," said Laurent Ross, research associate with American Council on Education. "Many of these students will have to borrow more money or drop out of school."

Pell Grant awards are calculated by a formula that determines how much income students and their families can afford to contribute to the student's education. The problem with the new laws will be the changes in this need analysis formula. Students who will suffer the most will be single and independent (don't rely on parents for support) and those who are dependent on family income and work part-time.

The effect of the new law will be dramatic. At least 25 percent out of 4.5 million college students will be classified as single independents and 13 percent will be classified as dependent students who work. (Deborah Kane Mitchell, Special Correspondent) Grant cuts got their beginning by a bill that was signed into law by President Bush in 1992. Every five years the Higher Education Act of 1965 is reviewed and amendments are made. In 1992 amendments were made to the definition of dependency and the previous need analysis formula.

The new law will make it difficult for a student to be classified as an independent. This difficulty will lead to many students losing their Pell awards or having them reduced. The need analysis will also see "amendments."

The revised Pell Grant package will be reviewed in mid-April. By informing students of this new cutback the hope is that students will become aware of the seriousness of this prospect and write letters to Congress.

"We're urging our members to contact congressional offices now," said Pronita Gupta, legislative director for U.S. Student Association, "We're letting them know what's happening and they're responding. Students want action on this immediately. We will not accept this kind of discrimination."







Poll Response Question

Last issues poll response question was; have you ever been afraid of being raped while living on campus. For those of you who responded, thank you. The results were:

100% Yes 0% No

This issues poll response question is; Do you feel that the campus safety and security report was accurate? Please give us your response by calling 7143. The results will be printed in the next issue.

Student Life Page

Husson College Drug and Alcohol Survey Results

In an effort to better serve the students of Husson College, a study was conducted on first-year resident students as part of first-year student programming. The project took place between September 27 and October 6.

In order to learn more of what students bring to campus, the study examined student attitudes and opinions, student use of alcohol and other drugs, and self-reported consequences of their use. Approximately 45% of first-year resident students participated in the project. The U.S. Department of Education developed the instrument which was then processed by the University of Minnesota.

Key findings from Husson College students on alcohol use:

78% drank in the previous 30 days.

80% of underage students drank in the previous 30 days.

52% were "binge" drinkers within the previous 14 days.

Key findings on the use of illegal drugs:

29% have used marijuana.

20% are current users of marijuana.

20% have used some other illegal drug in the past year.

6% are current users of drugs other than marijuana.

Key findings on consequences of alcohol and drug use:

53% reported public misconduct (fighting or trouble with the police, OUI, taking sexual advantage of another) in the past year as a result of alcohol or drug use.

46% reported serious personal problems (such as suicide attempt, suicide ideation, physical injury) during the past year as a result of alcohol or other drug use.

Key findings on opinions about campus environment:

95% said the campus has alcohol and drug policies.

68% said the campus has alcohol and drug prevention programs.

77% believe the campus is concerned about alcohol and drug prevention.

93% believe the average student on campus uses alcohol once a week or more often.

62% believe the average student on campus uses illegal drugs once or more per week.

23% preferred not to have alcohol at parties they attend.

81% preferred not to have other drugs at parties they attend.

Husson students' responses were compared to a reference group of 59,539 students at 125 other four-year colleges. A few of the statistically significant findings, according to the University of Minnesota are as follow:

Frequent (3 times or more a week) marijuana use is reported by 10% of Husson Students and by 3% of the reference group.

Amphetamines are used by 2% of Husson students and .4 of 1% of the reference group.

Trouble with police or college officials was reported by 23% of Husson students and 14% of the reference groups.

15% of Husson students had damaged property or pulled fire alarms compared to 8% of the reference group.

4% of Husson students believe they have an alcohol or drug problem compared to 12% of the reference group.

20% of Husson students missed a class due to alcohol or other drug use compared to 31% of the reference group.

Some statistically significant differences by gender include:

33% of males are current regular users of marijuana while 5% of females report such use.

33% of males reported having taken advantage of another sexually in the past year while 11% of females reported like activity.

Jack Slomback,
Coordinator
Substance Abuse Services

Miss Maine USA Pageant

Applications are now being accepted for the Miss Maine USA Pageant. Thousands of dollars in prizes and scholarships will be awarded to the winner. There is NO performing "talent" requirement. All girls interested in competing for the title of Miss Maine USA must write to Miss Maine USA Pageant Headquarters, Dept. R-1, 607 Boylston St. 3rd Floor, Boston, Mass., 02116, by December 18. Letters must include a recent snapshot, a brief biography, your date of birth and a phone number.

HEALTHY HAIR

1/2 Cup of vinegar poured over hair before shampooing will cure residue build-up.

For dry and damaged hair: Shampoos and Conditioners with the word "Moisturizing" should be used.



HO HO HO HO HO!!!

Christmas Corner

Gift Ideas For X-Mas

Business Clothing
Cologne
Perfume
Jewelry
Casual Clothing
Magazine Subscriptions
(Be creative especially with the packaging!!!)

Packing for delivery

Mailing gifts can cause damage to them; to avoid damage of items, follow these guidelines:

1. Pack gift in a new box.
2. Remove all labels from box.
3. Seal gift in plastic to ensure dryness.
4. Make sure it doesn't shake around by placing lots of paper around the item in the box.

Place duplicate label in box.

Commuter News

On December 15 at 11:30 a.m. there will be a Christmas dinner for all commuters in Kominsky Auditorium.

The refrigerator is now available in the wigwam for all commuters. Please take all lunches out within 48 hours or they will be thrown out. Thank you.

Refunds for Maine Taxpayers

The IRS is holding approximately $50,000 in unclaimed refunds for Maine residents. If you are due a refund from you 1992 return and still have not received it, contact the IRS at 1-800-829-1040 or visit your local IRS office and complete Claim Form 3911. There is no charge for this service.

PAYCHECKS

IN ORDER TO RECEIVE
YOUR
WORKSTUDY OR
JOB BANK PAYCHECK
YOU WILL HAVE TO
SHOW PROPER HUSSON
ID TO THE
SWITHCHBOARD
OPERATOR
AND
TO CASH THE CHECK
PROPER ID WILL HAVE
TO BE SHOWN IN THE
BUSINESS OFFICE.
Thank you.

DOES SOMEONE'S DRINKING EMBARRASS YOU?

Greek Page

Epsilon Tau Epsilon

The sisters of ETE hope everyone had a Happy Thanksgiving. We've been busy in the past month. Our 60th Anniversary was on the 6th of November and was very successful. Over seventy alumni attended. We also participated in the rape awareness week activities and won third prize in the banner contest. Some of the sisters have been participating in the alumni phone-a-thon to raise money for Husson College.

This month we will be raffling off two men's medium nautica jackets. See an ETE sister for details. Secret Santa's will also be sold before Christmas break. We are also helping the Salvation Army with their annual Angel Tree.

Good luck to all of you in studying for finals and we hope everyone has happy and safe holidays.

Sincerely,
Sisters of ETE

Delta

As the semester closes we are busy as ever. Our annual Parents Weekend was a success again.

Soon we will be Christmas Caroling at the Bangor Convalescent .

Right now we are having our annual Christmas Bazaar. There are a lot of crafts and baked goods.

The hours are:
December 1 - 8 from 11:00 a.m. to 3:00 p.m. and 5:00 to 8:00 p.m. in the Delta Lounge. Decemb 9&10 from 11:00a.m. to 3:00 p.m. in the WigWam and 5:00 to 8:00 p.m. in the Delta Lounge.

Please feel free to come and checkout our Christmas Bazaar. Get your holiday Christmas shopping done early. All are welcome.

Have a Happy Holiday Season

The Sister of Delta Sigma Delta

Tau Epsilon Phi

TEP would like to congratulate Shane Sours for winning the downhill skiis that we raffled off.

The brothers have been busy tutoring at The Good Samaritan. Each brother helps tutor unwed teenage mothers for one hour in various high school subjects. Stop by anytime.

The brothers of TEP

TKE

Hello everyone, how was Thanksgiving break? It is always good to go home and get some home cooked meals once in awhile.

TKE has just completed a food drive for the Salvation Army's Food Kitchen. It was quite successful and thanks to everyone who donated items. If you didn't donate items but you wish to, then come up to our floor. We won't be returning the food for a week.

TKE was at the Bangor Mall last week ringing the bell for the Salvation Army. We were there from 10-6 trying to raise money for the homeless.

Last but not least on Dec. 11 and 12 we'll be cooking dinner at the Ronald McDonald House. Should be exciting. This is the time of the year when everyone in the world is looking for a helping hand and we at TKE are there to extend that hand.

Only 2-3 weeks left in the semester and this is also known as crunch time. Good luck to everyone on those last tests that'll make a difference in your final grade. Also watch out for those research papers. The deadline comes up fast.

In closing we would like to wish everyone a Merry Christmas and a Happy New Year and as always all the brothers doors are open to anyone and everyone. Come on up and hang out, talk and find out what we're all about.

Remember: DON'T DRINK AND DRIVE !!!

Greek Governing Board

Hello again. We, the Greek Organizations of Husson College have put on some activities in the past month and a half. On Oct. 15, we put on a social work day in which we cleaned up the campus for the homecoming weekend. Homecoming was Oct. 16 and 17, and was a great success. Some of the Greek Organizations participated in the games along with the alumni. We had a great time.

The following week was alcohol awareness week which was another huge success. On Thursday, we set up individual tables of each organization in the Wigwam. We also put on a lip sync contest that night. Congratulations to the winners! Thank you all who participated. The winners were:

1. Nate Fenders
2. Karen Hebert
3. TEP

The Panda Bear walk was on Sat. Oct. 23. Some of the Greeks got together and walked from the J.C. Penny parking lot to Eastern Maine Medical Center carrying donated panda bears.

The week of Nov. 15 is Rape awareness week. There were many activities and functions. There was also a banner contest. The top three winners were; 1st place: Career Development Office, 2nd place: TKE, 3rd place: ETE. Congratulations to all who won and thank you to all who participated in the march.

There will be many up coming events. Keep reading The Spectator for further details. Hope you had a wonderful Thanksgiving break.

Sincerely,
GGB
Darren Hanselpacker,
President



TKE

Hello again everyone, TKE has been very busy lately with our charity events such as working with the Ronald McDonald House, setting up events for the big brothers of Bangor which we will be holding very soon and getting ready for our "keg roll" from Waterville to Bangor to support the Special Olympics.

We always take time out from our busy events to have fun on the weekends, so stop on up. Everyone is always welcome on our floor.

If you ever have any questions about TKE or just want to stop up and see what we're like you're always invited. Our doors are always open to you!

Good Luck,
The Brothers of TKE

THROBBING VEINS AT HUSSON COLLEGE

Have you ever been in an accident and needed a blood transfusion and the hospital didn't have your blood type? Many people find themselves in this situation every day. To prevent this type of situation the Red Cross needs blood donors. OSMA is sponsoring a blood drive from 10 a.m. to 4 p.m. on Wednesday, December 8, in the Arrowhead Lounge, located in Hart Hall.

Students belonging to Gamma Sigma Sigma, O.S.M.A, TEP and the Residential Life staff will be involved in making the blood drive a success. Students and staff members of Husson are urged to donate blood so that someone who needs a transfusion might not have to experience the fear of dying without it.

Sports Page

1993-94 HUSSON COLLEGE WOMEN'S BASKETBALL TEAM

NO	NAME	POS	HGT	CLS	HOMETOWN
12	SARAH FENDERSON	G	5'6	FR	AUGUSTA, ME
14	AMANDA POMERLEAU	G	5'6	FR	SKOWHEGAN, ME
23	SUE ANN ALLEN	G	5'6	FR	E. CORINTH, ME
24	STACY HAFFORD	G	5'8	JR	PRESQUE ISLE, ME
30	TRACY PARKER	G/F	5'9	JR	LIMESTONE, ME
32	TARA LEAVITT	C	6'0	SO	HAMPDEN, ME
33	AMY DYER	F	5'8	JR	BELFAST, ME
34	STEPH SHAW	F/G	5'8	JR	PITTSFIELD, ME
42	ANGIE WHITE	F	5'9	SO	OLD TOWN, ME.
44	BETH MILLER	F/C	5'10	FR	E. CORINTH, ME.

HEAD COACH: MARY "KISSY" WALKER
ASST COACH: EDWARD GOTT, RANDY DODGE
MANAGER: BECKY MOHOLLAND
TRAINER: SHERRI WEEKS



Top Row: Steph Shaw, Stacy Hafford, Tracy Parker, Tara Levitt. Middle Row: Amanda Pomerleau, Sue Ann Allen, Beth Miller, Sarah Fenderson. Bottom Row: Amy Dyer. Missing in picture is Angie White.

1993-94 HUSSON COLLEGE MEN'S BASKETBALL TEAM

NO	NAME	POS	HGT	CLS	HOMETOWN
00	BRYAN JEFFERSON	G	5'11	SR	WASHINGTON, DC
5	VICTOR GARAY	G	5'10	SR	BRONX, NY
11	TONY TOBIN	G	5'8	FR	LIMESTONE, ME
12	RAYMOND ALLEY	G	5'9	SR	VINALHAVEN, ME
14	DWAYNE KNOWLTON	G	6'2	SR	ROCKLAND, ME
22	OBADIAH JOHNSON	F	6'4	JR	WASHINGTON, DC
23	XAVIER JOYNER	G	6'1	JR	WASHINGTON, DC
30	JERMEY DUROST	G	6'2	FR	HOWLAND, ME
34	ED GERALD	C	6'7	JR	WASHINGTON, DC
42	RICH MAZUREK	F	6'4	SR	ROCKLAND, ME
44	BRIAN ALLEY	F	6'5	FR	HOWLAND, ME
45	RICK SINCLAIR	C	6'7	SO	HERMON, ME
52	JIMMY WATKINS	F	6'5	JR	WASHINGTON, DC
55	KEVIN MOORE	C	6'9	FR	N. BRUNSWICK, NJ

HEAD COACH: BRUCE MACGREGOR
ASST COACH: NEIL WATERMAN, WARREN CARUSO
STATISTICIAN: WAYNE IRELAND
TRAVEL CONSLT: MARCELLE WHITNEY
TRAINER: SHERRI WEEKS



Top Row: Jeremy Durost, Rich Mazurek, Ed Gerald, Kevin Moore, Rick Sinclair, Brian Alley, Dwayne Knowlton. Middle Row: Xavier Joyner, Raymond Alley, Victor Garay, Tony Tobin, Bryan Jefferson. Bottom Row: Obadiah Johnson, Jimmy Watkins.

The Eyes of The Spectator

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Every year, your heart pumps 2,625,000 pints of blood.

Surely, you can spare a few.

American Red Cross

Give blood again. It will be felt for a lifetime.

Ad Council

Comics Page

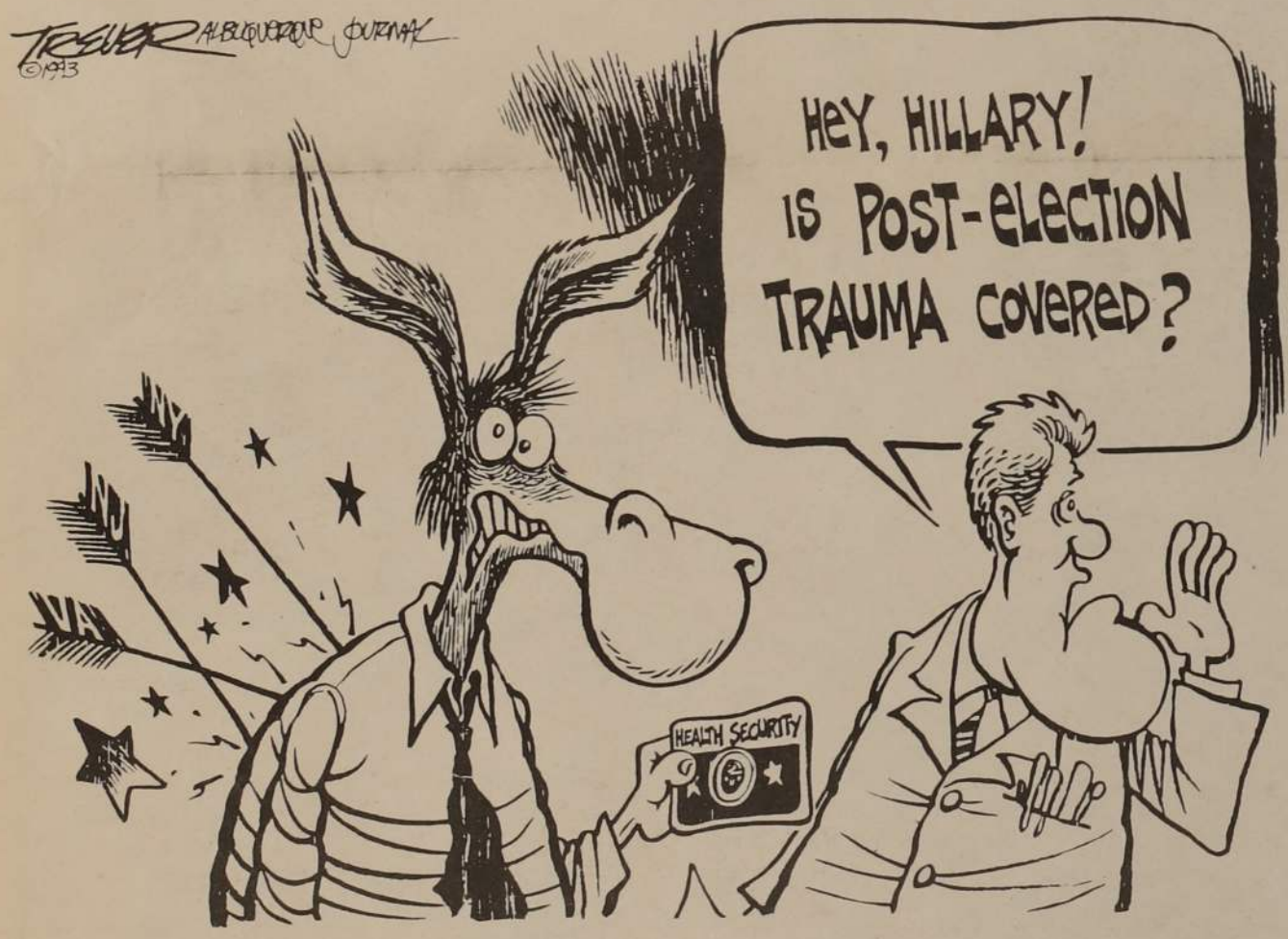


YOU'RE NOT ONE OF THEM, ARE YOU?

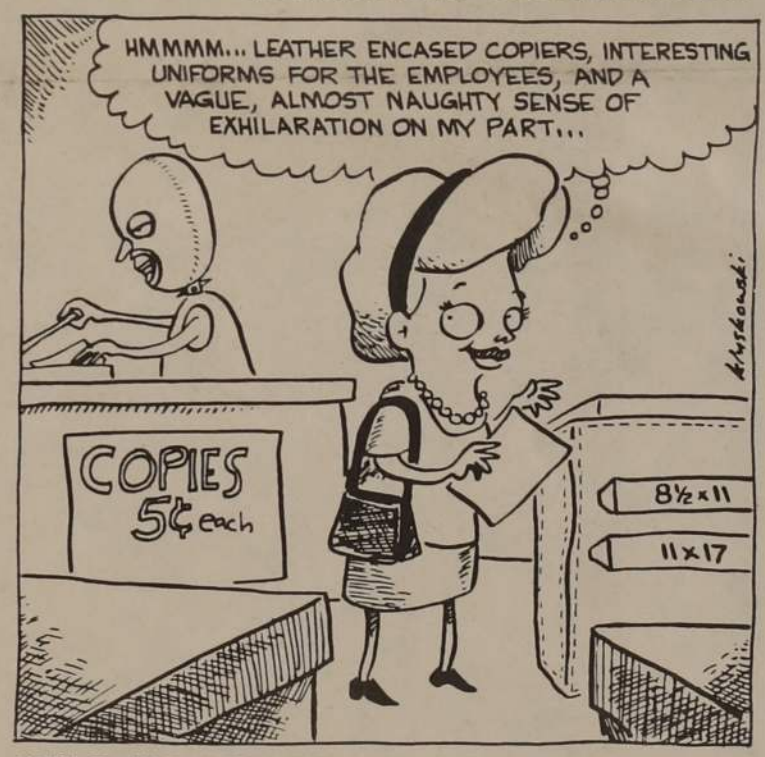


NOT THAT ONE, YOU FOOL! THAT'S LOVE POTION NUMBER 8!

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YEAH BOB by Darryl Kluskowski Distributed by Tribune Media Services



MUCH TO HER HIDDEN DELIGHT, INSTEAD OF GOING TO "KINKO'S COPY CENTER", JANE HAD MISTAKENLY WANDERED INTO "KINKY'S COPY CENTER—OPEN 24 HOURS FOR YOUR COPYING AND PLEASURE."





"WHAT DO YOU MEAN, HE'S FEELING BETTER?!? WE HAVEN'T OPERATED YET!!"

WHAT'S COOKING IN THE DDC?

DATE: MONDAY 06-Dec-93	DATE:TUESDAY 07-Dec-93	DATE:WEDNESDAY 08-Dec-93	DATE:THURSDAY- 09-Dec-93	DATE:FRIDAY 10-Dec-93	DATE:SATURDAY 11-Dec-93	DATE:SUNDAY 12-Dec-93
BREAKFAST-----	**BREAKFAST-----**	**BREAKFAST-----**	**BREAKFAST-----**	**BREAKFAST-----**	******Brunch**	******Brunch**
Pancakes	Bacon	Pancakes	Sausage Patties	**Poached Eggs**	Candian Ham	Blueberry Pancakes
Waffles	Pancakes	Blueberry Pancakes	Pancakes	**Pancakes**	Pancakes	Sauteed Peppers & Onions
French Toast	French Toast	French Toast	French Toast	French Toast	Waffles	Waffles
Eggs any style	Waffles	Eggs any style	Eggs any Style	Waffles	French Toast	Pancakes
Home Fries	Eggs any Style	Home Fries	Homefries	Eggs any Style	Eggs any style	French Toast
Hot Cereal	Home Fries	Hot Cereal	Waffles	Home Fries	Hot Cereal	Eggs and style
StresselMuffins	Hot Cereal	Waffles	Hot Cereal	Hot Cereal	Home Fries	Hot Cereal
	Sticky Buns	Grapefruit Halves	Coffee Cake	Coffee Cakes		Home Fries
Tropical Fruit Mix	Pear Halves	Strawberry Muffins		La Fruit		Fresh Mixed Fruit
			Bananas		Canteloupe	
Soup of the Day	*Soup of the Day*	*Soup of the Day*	*Soup of the Day*	*Soup of the Day*	*Soup of the Day*	*Soup of the Day*
French Onion	Minestrone	Corn Chowder	Split Pea	Seafood	Chichen Noodel	Vegetable Beef
LUNCH-----	**LUNCH-----**	**LUNCH-----**	**LUNCH-----**	Chowder/Chowder	**LUNCH-----**	**LUNCH-----**
Hot Turkey	French Bread Pizza	Chicken on a Biscuit	Hot Ham Hoagies	**LUNCH-----**	Chicken Patti w/ Supreme Sauce	Fried Clam Rolls
Ravioli w/ Sauce	Quiche w/ Broccoli Cheese	French Dip Sandwich	Pasta Primavera	Spaghetti & Meat-balls	Green Beans	Corn
Carrots	Mixed Veggies	Broccoli	Spicy French Fries	Fish Square		**Whoopie Pie**
			Japanise Mix Veggies	Peas	Apple Turnovers	
DINNER----	**DINNER-----**	**DINNER----**	**DINNER----**	**DINNER----**	**DINNER-----**	**DINNER----**
Baked Chicken	Baked Stuff Fish w/ Newburg Sauce	Manicotti w/ Meat Sauce	Chichen Parmesan	Macaroni & Cheese Casserole	Rigatoni & Sausage Bake	Beef Stir Fry
Seafood Scampi	Pot Roast w/ Gravy	Sweet & Sour Pork	Shipard Pie	BBQ Chicken	Baked Beans & Franks	Grilled Ham
Rice Pilaf	Zucchini Marinara	Carrots	Green Beans	Bussel Sprouts	Broccoli Cuts	Pineapple Ring
Cauliflower	Peas	Winter Mix Veggies	California Mix Veggies	Squash	Japanese Mix Veggies	Peas
Japanese Mix Veggies	Mashed Potatoes	Oven Brown Potatoes	Lyonnaise Potatoes	Potato Puffs	Garlic Bread	Mixed Veggies
VE Country Rice	VE Peas 'n' Potatoes w/ Gravy	VE Sweet & Sour Rice	VE Shepard Pie	VE Peppery Mac.	**~~~~DESSRT**	Oven Brown Potatoes
		~~~~DESSERT	**~~~~DESSRT**	**~~~~DESSERT**		VE Veggy Hot Pot
~~~~DESSERT	**~~~~DESSERT**	Yellow Layer Cake w/ Cherry Icing	Cream Puffs w/ Choco. Topping	Coconut Custard w/ Whip Topping		**~~~~DESSERT**
Cheese Cake	Apple Crumb Cake	**~~~~DELI BAR**	******DELI BAR**	******DELI BAR**		Cherry Pie
Strawberry Topping		Shaved Roast Beef	Shaved Turkey	Shaved Ham		
******DELI BAR**	******DELI BAR**	**####LINE#2**	**####LINE#2**	**####LINE#2**		
ShavedTurkey	Shaved Ham	Chicken Filets	Kielbasa	Grilled Tuna Melt		
####LINE #2	**####LINE#2**					
Steakums	Cheddar & Onion Burger					

WHAT'S COOKING IN THE DDC?

DATE: MONDAY 13-Dec-93	DATE:TUESDAY 14-Dec-93	DATE:WEDNESDAY 15-Dec-93	DATE:THURSDAY 16-Dec-93	DATE:FRIDAY 17-Dec-93	DATE:SATURDAY 18-Dec-93	DATE:SUNDAY 19-Dec-93
BREAKFAST-----	**BREAKFAST-----**	**BREAKFAST-----**	**BREAKFAST-----**	**BRUNCH-----**	******Brunch**	******Brunch**
Apple Pancakes	Bacon	Cheese Omelettes	Sausage Links	Blueberry Pnacakes	Mexican Omelette	Poached Egg w/ Cornbeef Hash
French Toast	Waffles	Waffles	Pancakes	French Toast	Waffles	Pancakes
Waffles	Pancakes	Pancakes	French Toast	Waffles	Pancakes	French Toast
Eggs any Style	French Toast	French Toast	Waffles	Eggs any Style	French Toast	Eggs any Style
Home Fries	Eggs any Style	Eggs any Style	Eggs any style	Home Fries	Eggs any Style	Home Fries
Hot Cereal	Home Fries	Home Fries	Home Fries	Hot Cereal	Home Fries	Hot Cereal
BLueberry Muffins	Hot Cereal	Hot Cereal	Hot Cereal	Strawberry Coffee Cake	Hot Cereal	Honeydew Melons
Canteloupe	Apple Coffee Cake	Cranberry Orange Muffins	Corn Muffins	Fresh Fruit	Grapefruit Sections	
	Grapefruit Halves	Bananas	Fresh Mixed Fruit			
Soup of the Day	*Soup of the Day*	*Soup of the Day*	*Soup of the Day*	*Soup of the Day*	*Soup of the Day*	*Soup of the Day*
Cheddar Cauliflour	Chicken Noddle	Corn Chowder	Beef Barley	Fish Chowder	Minestrone	Veggies Beef Soup
LUNCH-----	**LUNCH-----**	**LUNCH-----**	**LUNCH-----**	**LUNCH-----**	**LUNCH-----**	**LUNCH-----**
Hot Meatball Sub	Fish/Chips	Chili/Poatao Boats	Assorted Pizza	Cordon Blue Sandwich	Hot Turkey Sand.	Sloppy Joe's
Chichen Stew	Beef and Bean Burrito	Hot Beef Sandwich	Creamy Chich 'n' Macaroni	Fish Sticks	Peas	Corn
Peas	Carrots	Broccoli Cuts	Corn	Green Beans	Whoopie Pies	Eclairs
Double Chocolate	Rice Crispy	Brownies	P.B. Cookies	Sugar Cookies		
DINNER----	**DINNER-----**	**DINNER-----**	**DINNER-----**	**DINNER-----**	**DINNER----**	**DINNER-----**
Lemon Baked Fish	Fresh Roast Turkey w/ Bread Stuffing	Wing Dings	Christmas Menu	Spaghetti Casserole	Sausage Submarine w/ Pepper & Onion	BBQ Chichen
Roast Pork w/ Gravy	Salisbury Steak w/ Gravy	Lasagna w/ Meat		Fried Clams	Stuffed Peppers w/ Tomato Sauce	Tortellini w/ Meat Sauce
Green Beans	Peas & Onions	Wax Beans	VE Saute Spinach 'n' Chili	Fried Shrimp	Scandenavian Veggies	Wax Beans
Winter Mix Veggies	Zucchini	Spinach		Winter Mix Veggies	Broccoli Cuts	Japanese Mix Veggies
Au Gratin Potatoes	Mashed Potatoes	Home Fries		Carrots		Baked Potato
VE Bean 'n' Broccoli		VE Vegatarian Lasagna		French Fries		
~~~~DESSERT	**~~~~DESSERT**	**~~~~DESSERT**	**~~~~DESSERT**	**~~~~DESSERT**	**~~~~DESSERT**	**~~~~DESSERT**
Chocolate Cream Pie	Peanutbutter Cake	Blueberry Cobbler	Ice Cream Sundae Bar	Brownie Pudding	VE Vegetarian Curry	Carrot Cake w/ Cream Cheese Icing
******DELI BAR**	******DELI BAR**	******DELI BAR**	******DELI BAR**	******DELI BAR**		
Shaved Turkey	Shaved Ham	Shaved Roast Beef	Shaved Ham	Shaved Turkey		
####LINE #2	**####LINE #2**	**####LINE#2**	**####LINE#2**	**####LINE#2**		
BBQ Ribs	Hot Pastrami	Chicken Filet	Foot Long Hot Dog	Pizza Burger		

**Menu is subject to change depending on product availabilty*