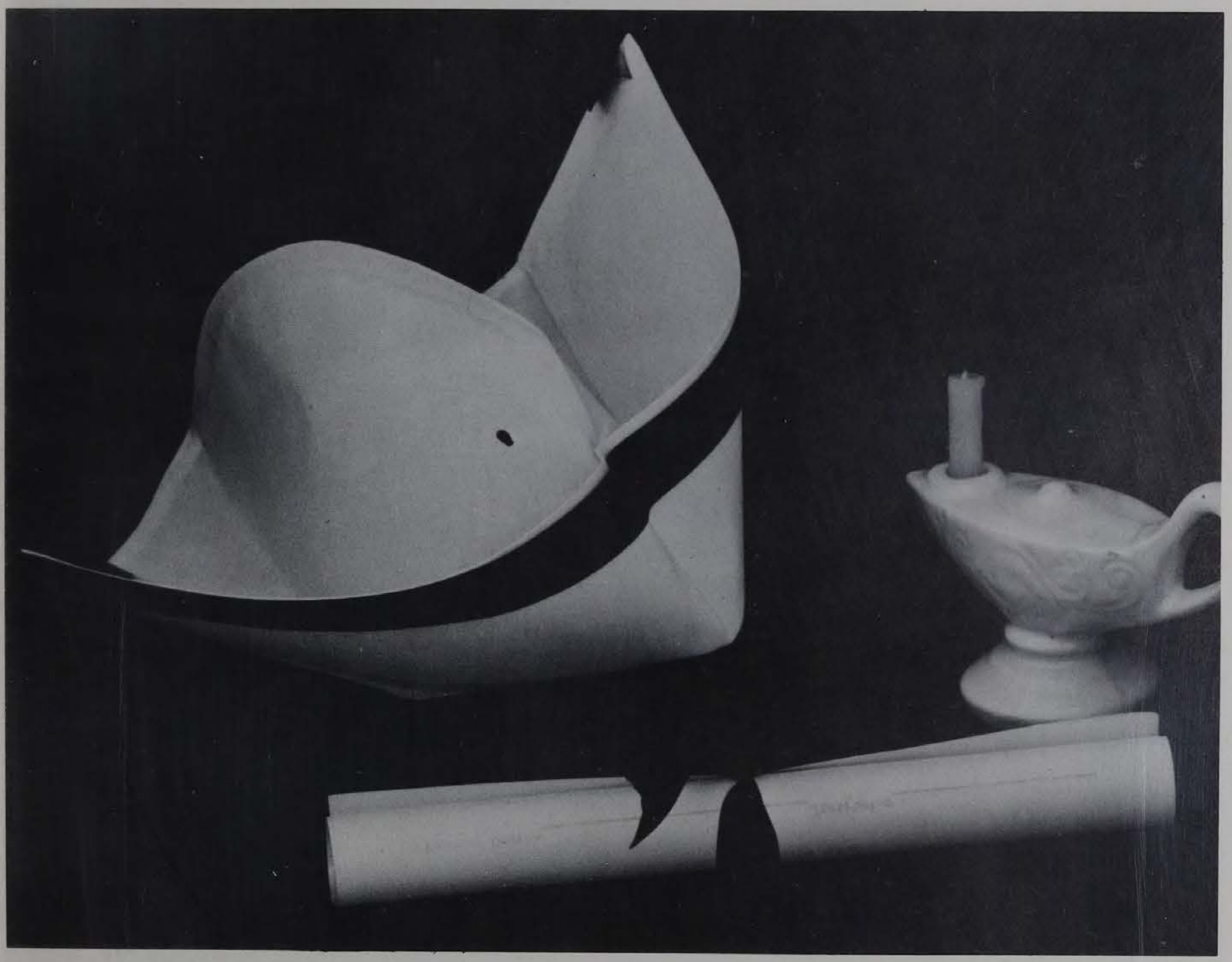
1971



THE LAMP

Eastern Maine Medical Center
School of Nursing



Presents . . .

THE LAMP
1971

Our Dedication to . . .
Mrs. Little



Drucilla Chipman Little

Director of Nursing Education
Augusta State Hospital

A realization of what we are, and what we can do for others . . . through understanding . . . helping and giving. Through self expression . . . it's all a part of learning and living . . . and it's a part of what you have done for us, the class of Nineteen Seventy-one.



Donald E. Bridges M.D.

DOCTOR'S MESSAGE

Thank you so much for this opportunity to communicate with you. It represents another memory of this hospital, which has been so close to me.

I am glad that I have practiced at a time when the greatest changes in medicine have taken place.

It has been also a time of great social changes. I may agree with some and I may not agree with others but that is our right in this society.

With your new nursing practices and techniques, plus the long history of dedication, you can not go wrong. It is this combination, of the old and the new that will give you the "Name of the Game," "We must always change."

Good luck and God Bless you all.



DIRECTOR'S MESSAGE

It is hoped that during your three years at Eastern Maine Medical Center School of Nursing you have learned the specific as well as the long-ranged requirements of professional nursing and that you realize that commencement marks the real beginning of your nursing career. More self-evaluation is necessary now as you are challenged, in terms of individual growth, to meet the rapidly changing health care which is evolving today. I wish to extend congratulations and best wishes for the future to each member of the Class of 1971 as you enter your chosen profession.

Irene Shannon, R. N.
Director, School of Nursing

Faculty



FIRST ROW: Mrs. Clark; Mrs. Mackie; Mrs. Humphrey; Mrs. Wolchok; Mrs. Sezak. SECOND ROW: Mrs. Ryder; Miss Whitehill; Miss Higgins; Mrs. Whedon; Mrs. Bacon; Mrs. Spiker; Miss Blanchard. ABSENT: Mrs. Lutes.

Administration



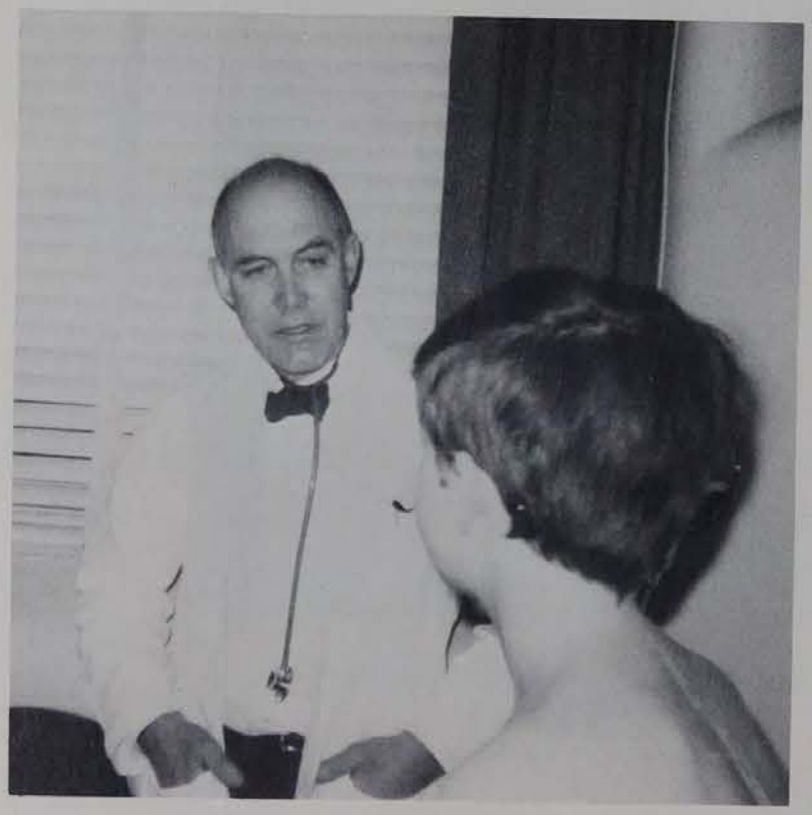
SITTING: Mr. Brandow. STANDING: Mr. MacDougall; Mrs. Rhodes; Mr. Hughes.

Nursing Service



L. to R.: Mrs. Hartt; Mrs. Haller; Mrs. Mooreshead; Mrs. Wardwell; Mrs. Doucette. ABSENT: Mrs. Winsor.

Our Health Office . . .



Dr. Hadley Parrot



Mrs. Dorothy Clark R.N.

and Those Who Care

SENIORS



Dorothy Ellen Baron

Millinocket, Maine

'It's all right to talk to yourself as long as you don't listen.'



Sally Ann Barter

Rockland, Maine

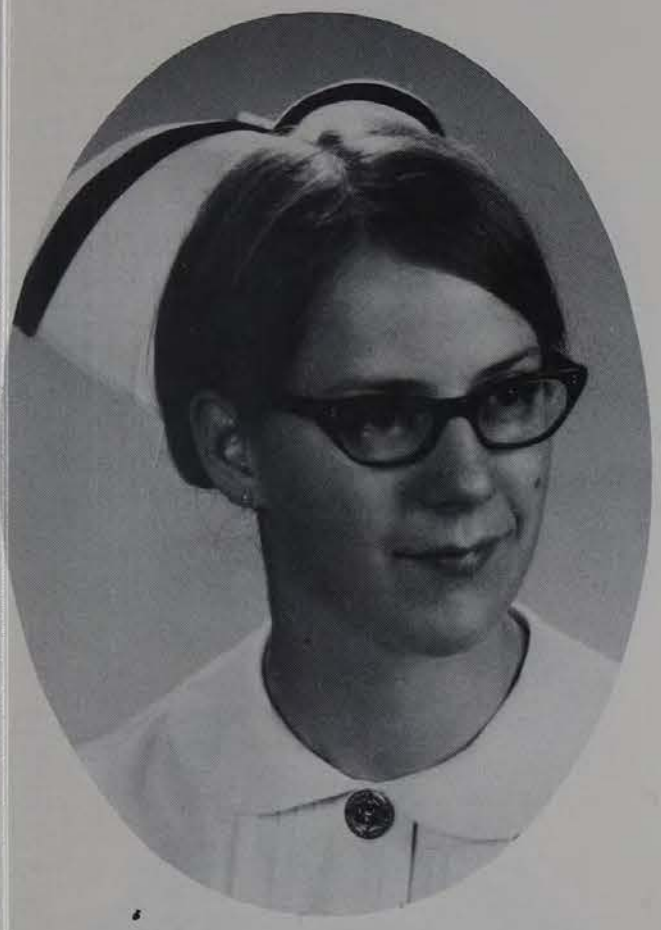
'She looks quiet but look again.'



Shirley Anne Brissette

Perham, Maine

'It's nice to get up in the A. M.,
but it's nicer to stay in bed.'



Marleena Rae Brown

Milo, Maine

'Silence is one great art of conversation but one must speak when necessary.'



Claire Collette Campbell

Woonsocket, Rhode Island

'A true friend is a gift of God.'



Lana Rae Cline

Campobello Island, New Brunswick

'It's alright to live it up, as long as you can live it down!'



Sandra Jean Gallant Cousins

Kenduskeag, Maine

'Still waters run deep.'



Connie Ann Cushing

VICE PRESIDENT

Brewer, Maine

'Everyone is beautiful in their own way.'



Christiana Chandler Dean

Jonesport, Maine

'I'm FREE!'



Gail Exeny Douglass

TREASURER

Sedgwick, Maine

'Take life too seriously and what is it worth?'



Linda Jean Ellis

Lincoln, Maine

'Keep smiling, it makes everyone wonder what you've been up to.'



Helen Marie LeGassie Findlen

Ashland, Maine

'To make the world a friendly place, one must show it a friendly face.'



Sharon Ann Fournier

Brewer, Maine

'It has been said, that love at best is giving what you need to get.'



Barbara Jean Gagnon

Caribou, Maine

'Your time has come to shine, all your dreams are on their way.'



Eloise Mae Griffin

Blaine, Maine

'A chance to be a person; wanted, respected, accepted as a human being.'



Kathleen Elaine Salminen Hawkins

West Rockport, Maine

'Each mind has it's own method.'



Jane Hendrickson

Kittery, Maine

'Looking on the bright side will never develop eye strain.'



Suzanne Elizabeth Hills

Sullivan, Maine

'Today is the tomorrow you worried about yesterday.'



Phyllis Elaine Junkins

Orrington, Maine

'Don't take life too seriously, you will never get out of it anyway.'



Marjorie Etta Knights

Brewer, Maine

'Our great matters are little to God's power, and our little matters are great to his love.'



Donna Jean Campbell London

Milo, Maine

'I'll never change, now that love has found its home.'



Mary Jane Lowery

PRESIDENT

Monticello, Maine

'It is when you give of yourself that you truly give.'



Margaret Anne McCarthy

Bangor, Maine

'Happiness is not perfected until it is shared.'



Patricia Ann Murray

Lubec, Maine

'We've only just begun!'



Kathleen Rachel Otis

Winterport, Maine

'It's not how much you have, but how much you enjoy, that makes happiness.'



Nancy Louise Miller Pickelhaupt

Bangor, Maine

'Love understands love, it needs no talk.'



Laurel Dawn Pooler

Skowhegan, Maine

'Here today, gone tomorrow.'



Crystal Louise Ramsey

Bangor, Maine

'It's nice to be tall, you're closer to heaven that way.'



Susan Margaret Rhoda

Milo, Maine

'What do you do with the left over wine?'



Esther Mary Ryder

Bangor, Maine

'One good thing about the future, it only comes one day at a time.'



Susan Taylor Smart

Bangor, Maine

'Life must be measured by thought and action not by time.'



Janet Louise Hussey Watkinson

Delray Beach, Florida

'Love many, trust few, always paddle your own canoe.'



Patricia Ann Emery Whitney

SECRETARY

Lincoln, Maine

'I love the life I lead so I lead the life I love.'

Class Will

Being of sound mind and body, we the class of 1971 leave to those who follow behind us, the following:

Dot Baron leaves her pen to whoever finds it.

Sally Barter leaves her brass doorknob to the next occupant of room 402.

Shirley Brissette leaves her jumbo curlers to anyone brave enough to wear them.

Marlena Brown leaves her moodiness to anyone who needs to be.

Claire Campbell leaves a Greyhound ticket to fellow travelers.

Lana Cline doesn't leave Eddie to anyone.

Sandy Cousins leaves her air mail envelopes to anyone who can use them.

Connie Cushing leaves her ghost stories to Sue Burrill and practical jokes to Sandy Rothera.

Chris Dean leaves her monthly trips to Conn. on the Yellow Bird to anyone with the nerve to fly.

Gail Douglass leaves her Dustin Hoffman poster in fourth floor's bathroom.

Helen Findlen leaves her parking space to another married student.

Sharon Fournier leaves her women's lib books and posters to anyone who wants to become liberated.

Barb Gagnon leaves the Lantern's Four to all underclassmen.

Eloise Griffin and Esther Ryder leave Pandora's box to who ever can open it.

Jane Hendrickson leaves her room to anyone who can find it.

Sue Hills leaves her bed across the window.

Janet Watkinson leaves her uniforms to anyone high waisted enough to wear them.

Phyllis Junkins leaves good luck to anyone who wants to pierce their ears.

Marjorie Knights leaves her secret figure former to Darleen Watson.

Donna London leaves her knitting to anyone with patience.

Mary Lowery leaves her diet till tomorrow!

Peggy McCarthy leaves with John!!

Patsy Murray leaves her Rolaids to anyone who finds they have the need.

Kathy Otis leaves a calender to someone who is "counting the days".

Nancy Pickelhaupt leaves well enough alone.

Lolli Pooler leaves her well known credit at Howard's Store to Happy Viles.

Chris Ramsey leaves first place in line at the mailbox to anyone writing daily letters.

Sue Rhoda leaves her madras bells to the sewing room.

Kathy Hawkins leaves the playground to go to the beach!

Pat Whitney leaves the ability to get locked out of anywhere to anyone who needs it.

Sue Smart leaves here in May.

Augusta State Hospital



COMPETITION CUT BY ONE!



ADMISSION - TEN CENTS



Drucilla C. Little, R.N.!

Now I can do evaluations!



The beauty of natural oil!

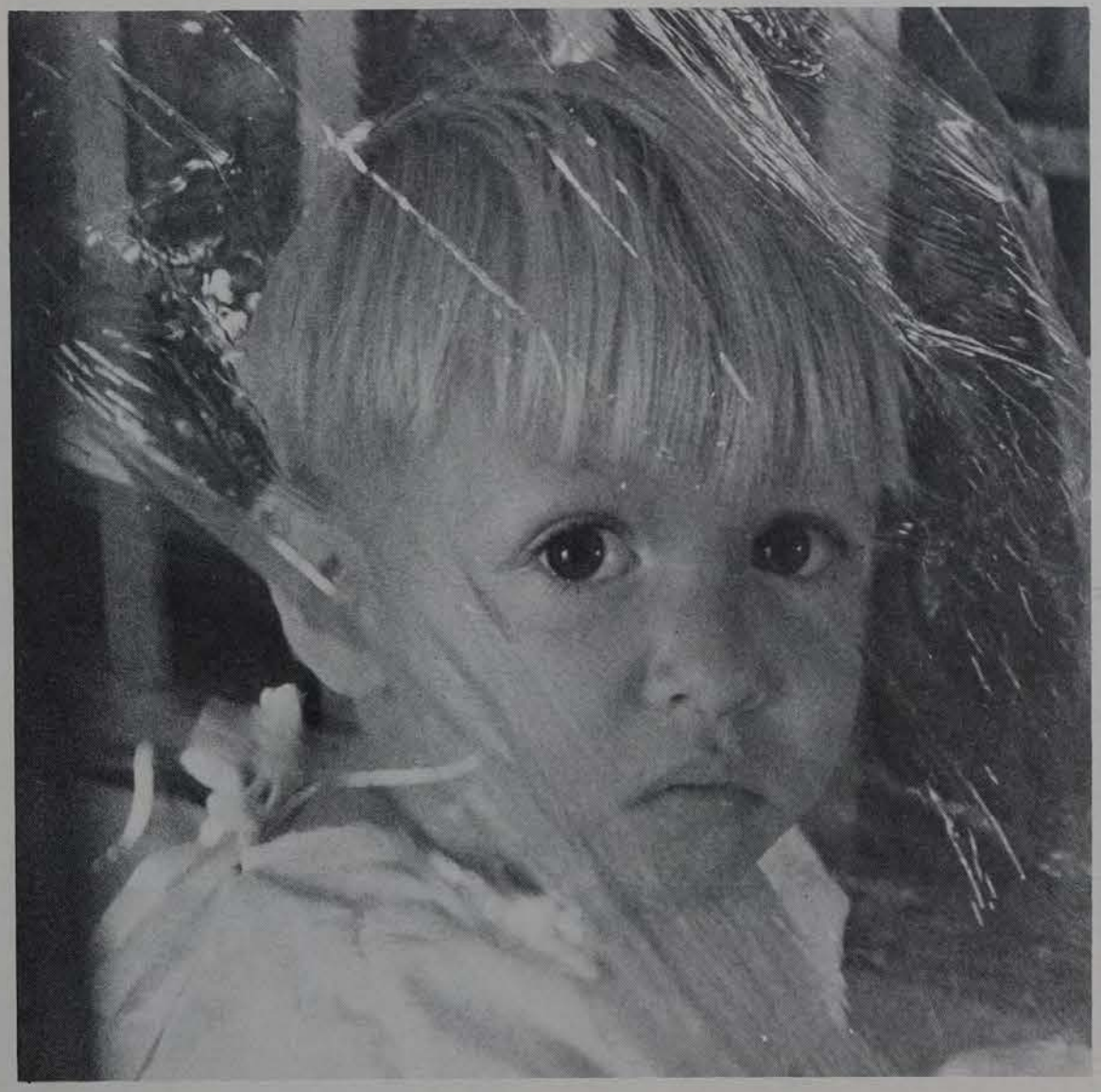


As soon as the rush is over I'm going to have a nervous breakdown. I worked for it; I owe it to myself; and nobody is going to deprive me of it. Amen

Children's Hospital Medical Centers







Obstetrics

Have you seen a baby born?
It's a sight you'll not forget;
He's a slippery, wiggly, little thing
His body soft and wet.

I don't think there is one of us
Who truthfully denies
That she stands and holds her breath
Until the baby cries.

He's wrapped with tender loving care,
Mom's shown her pride and joy;
Though babies have been born before
There's none quite like her boy!

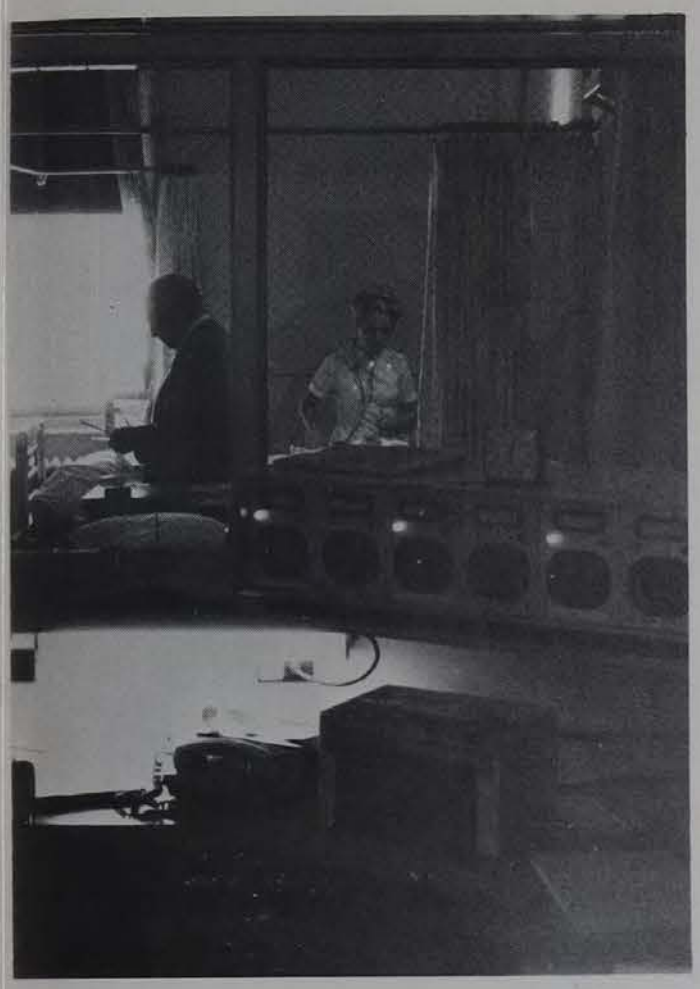
Papa's chest swells with pride
He has a little son
And so that all may share his joy--
Cigars for everyone!

The baby's curled up in his crib
And sleeps so quietly
I watch and ponder to myself
"How perfect God made thee!"

by helen makkai



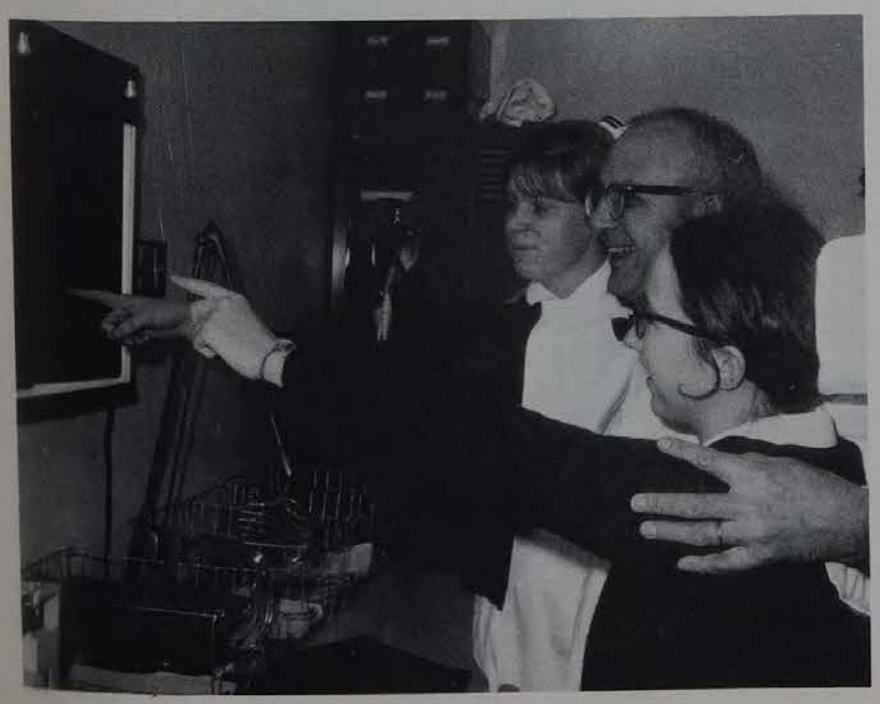
Senior Specials



Special Care Unit



Emergency Room



Orthopedics

HOW ABOUT THIS NURSE-DOCTOR RELATIONSHIP?

Ross Home





People Who



Need People





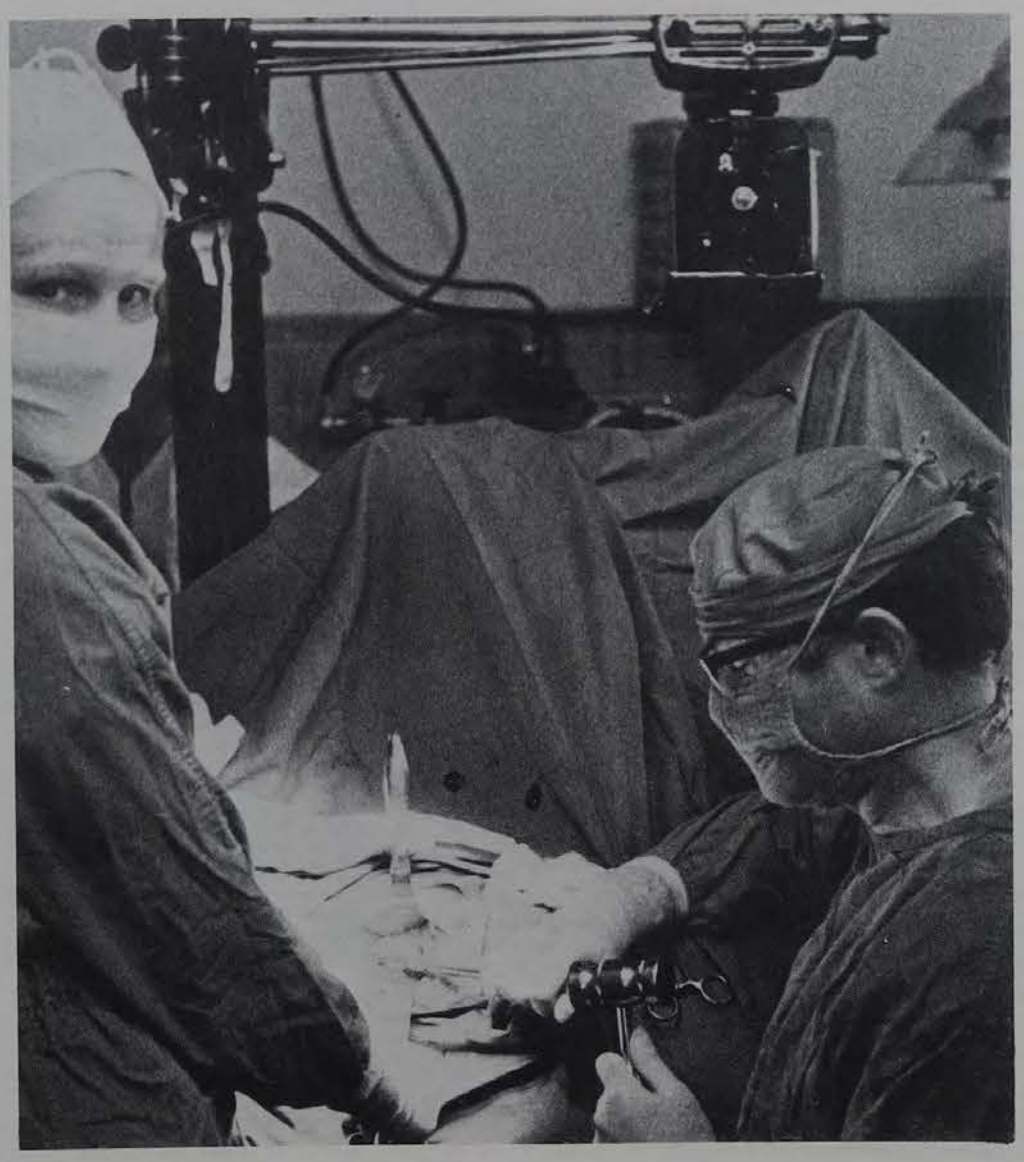
Public Health



One day in our Senior life was spent observing tumor clinic patients. The physicians were interested in our learning experiences and took time to explain patient conditions.

The world no longer revolves around me; I revolve around
the world, the world of those needing help.
And it must be the greatest of all privileges to be a
part of this . . . .
Birth, death and the interim that is the pulse of
human life.

Going through an experience in OR and recovery room was certainly not to be missed! Going through this enabled us to appreciate the anxiety and fear of the unknown that a patient must feel. Empathy becomes an essential trait of a nurse wherever she may be.



Ward Management



TOO BAD HE CAN'T SEE
THE MISTLETOE!



DEMEROL OR DUCOLAX?



TRICK OR TREAT?



THAT'S THE WAY IT IS!



NOTHING LIKE STAND-
ING ON YOUR OWN
TWO FEET!



"WHAT DID YOU SAY?"



DON'T LOOK NOW,
BUT - - - -

Senior Statistics

NAME	SAYING	LAST SEEN	IN TEN YEARS
Dot	"Good Grief!"	Getting a back-rub	No longer walking up State St. hill
Sally	"Howdy!"	Getting a bed pan stuck in a hopper	Where ever life leads me
Shirley	"Jeekers!"	Eating a cheese sandwich	Still in debt
Marty	"Hey!"	Out walking	Happier
Claire	"You birds!"	Rockland	Still paying my loan
Lana	Not repeatable	On Interstate 95 to Portland	Mother of 10
Sandy	"Will March ever come?"	Driving to Kenduskeag	With Russell, finally!
Connie	"The Devil made me do it!"	With Malcolm	Ten years older
Chris D.	"Just cruising along"	On her way to Connecticut	10,000 miles away from here
Gail	"Not Dana, Dale."	Getting something to eat	14th member of First Church of Roxbury
Linda	"Oh! Funny girl!"	With Brian	Maybe I'll have passed State Boards
Helen	"Jeepers!"	Cooking for Joe	Having babies
Sharon	"Oh wow! What a bummer!"	On a beach getting a tan	Cheating phone Co. with free calls
Barb	"Want to go for a walk?"	The Lanterns Four	Starting her own tribe on Guam
Wes	"Huh?"	Ward M	Tireder
Sal	"You yo-yo!"	Swimming ashore	Patching up old schooner boat
Janie	"Ring on finger worth 10 on phone"	Sleeping	Still trying to get off Icelandic Airways
Susie	"Aya"	Sub-shop	Swimming the English Channel
Phil	"4 more days 'til we go home"	Watching soap-operas	Ten years closer to retirement
Marge	"Oh fooh!"	I'll never tell	10 pounds heavier
Donna	"I wanna go home"	On a bus to Standish	At home with four kids
Mary	"Better days ahead"	With Ronnie	Ten years older and deeper in debt
Peggy	"Postpone it 'til next meeting"	Fainting in Delivery Room	Caliope player for Barnum & Bailey
Patsy	"Tre-mendous"	Packing to go home	Chief consumer and head of Rolaids Inc.
Kathy	"Good Gaud!"	Buying a coke	Still driving a '71 Camaro
Nan	"Isn't it time for a break?"	Carrying bed pans on Ward R	Head Nurse on Ward R
Lolli	"Anyone going to Howards?"	On a cross-country trip in VW van	Starting a chain of "Howard" Stores
Chris R.	"Jeesh!"	At the mailbox	No longer at the mailbox
Rhoda	"No thanks, I just brushed my teeth"	On the turnpike to Connecticut	Private Nurse on a dairy farm
Es	"Crum!"	Talking on the phone	Head Nurse on Ward L
Sue	"Oh no!"	At the laundry-mat	Running my own day care center
Jan	"It's just terrible"	Treading down State St. toward town	Peddling lobsters
Pat	"How's that grab ya?"	Spazzing-out	Retired

National Student Nurses' Association



Convention Miami Beach 1970

Care, do your own thing to help, awareness, give a damn (theme used at convention, meaning to care a lot), give what you are able to give, be it money or talent or your opinion, vocal or written . . . The name of the game is INVOLVEMENT. It is a very serious game and there are many reasons to become involved. If you do not get involved then who will, the guy next door? Maybe, but then maybe not, he may be sitting back thinking that you will be the one to do it. Many people take this attitude, but at convention the majority of the delegates were not willing to sit back and hope the other guy would do it. We discussed many current and national problems, political as well as medical. We decided that student nurses have much to offer, but it has to start on an individual basis. Stop and think about it, isn't there something you can do? A few examples are volunteer work with minority groups, knowing what is going on around you, writing letters to your state and national representatives, giving your opinion, working with Headstart or supporting campaigns, such as the 'no smoking' campaign. How are you spending your summer vacation? Maybe you are interested in a certain cause, but if there is not a program, why not start the ball rolling by yourself.

Thank-you for sending me to National Convention, it was an experience I wish each one of you could have.

Sincerely,

Connie Cushing



FAVORITES

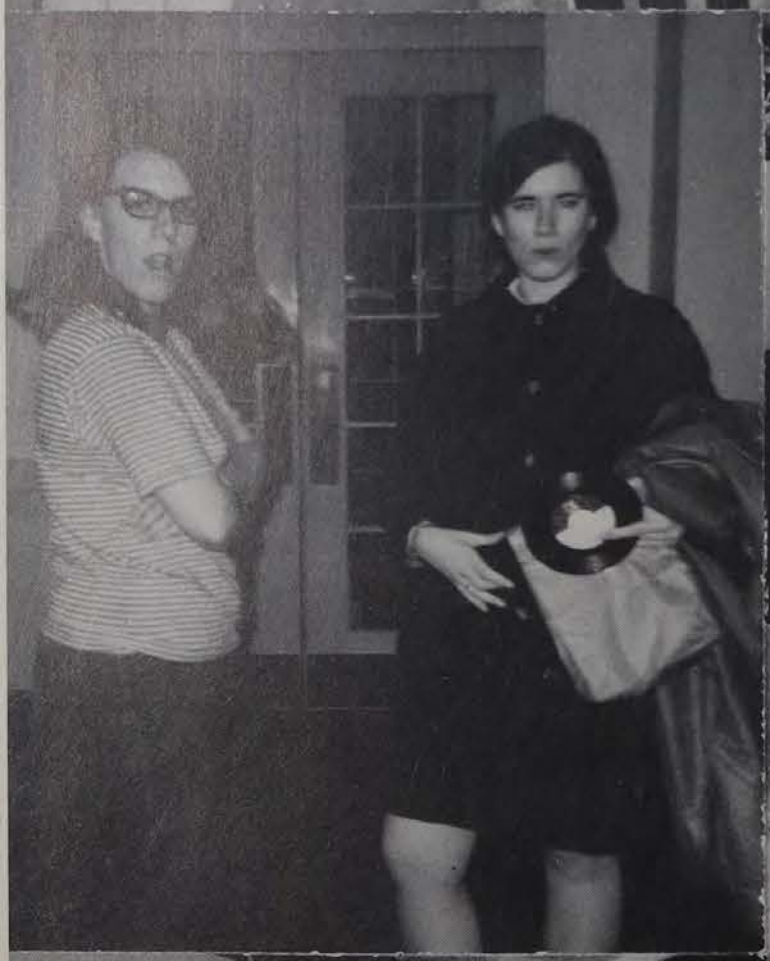























PHI ETA KAP



















































CLASSES

Juniors



SEATED, Left to Right: S. Reny, G. Harris, C. Sivret, P. Murchison, C. Gildert, B. Richardson. ROW TWO: J. Vafiades, N. Duncan, C. Wilson, M. Vose, S. Kirlin, L. Doble. ROW THREE: M. Drisko, V. Priest, P. Jackson, S. Larlee, K. Hammond. ROW FOUR: L. Russell, P. Cronin, C. Hemburg, A. Reynolds.* ABSENT: S. York, V. Littlefield, P. Sanford, P. Jones, S. Motkye, L. Nason, R. Smith. *resigned.

Junior Candids



Cheers!



Elephant Walk perfected

Sweet dreams



Hare Krishna



Study? Us?!!!

Freshmen



ROW ONE: S. Burill, S. Perry, C. Sellers, P. Bryant, R. Tompkins, C. Viles. ROW TWO: J. Babineau, K. King, S. Rothera, C. Winslow, J. Neally. ROW THREE: C. Currier, A. McGrath, N. Patrie, D. Denhem. ROW FOUR: S. Dobson, C. McLellan, M. Gallant, D. Watson, L. Erving. ROW FIVE: L. Clark, M. Moody, J. Milton, A. Malley, P. Dickey. ROW SIX: D. Smith, G. Hovey, L. Pomeroy, J. Duncan, J. Marshall, H. Cline.

Freshman Candids



We haven't learned that yet!



Now - is it five drops or ten?



Are you on bed rest !?



Happy!!!



Anyone
for
a pizza?



Getting
ready for
a date?



Do what?



Good Times



W. Virginia
here I come!



Relaxing?



Are you
still on
the
telephone?

P
A
L
S



A nurses
work is
never done.





Oh no!

C
O
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ORGANIZATIONS

Student Government
Executive Board



SEATED, Left to Right: Carol Hemburg, 2nd vice pres.; Mrs. Wolchok, advisor; Peggy McCarthy, president. STANDING, Left to Right: Kathleen Otis, treasurer; Susan Larlee, corresponding sec.; Jeanie Vafiades, 1st vice pres.; Connie Cushing, recording sec.

Student Council



SEATED, Left to Right: Ann Malley, Linda Ellis, Peggy McCarthy, Esther Ryder, Dawn Denham. STANDING, Left to Right: Kathleen Otis, Susan Larlee, Carol Hemburg, Jeanie Vafiades, Roberta Smith, Connie Cushing, Gail Harris, Mary Lowery.

Liaison



SEATED, Left to Right: Miss Crystal Ramsey, Miss Pamela Dickey, Miss Margaret McCarthy. STANDING, Left to Right: Mrs. Ryder, Mrs. Wolchok and Mrs. Whedon.

Ad Hoc



SEATED, Left to Right: Miss Susan Rhoda, Mrs. Higgins, and Mrs. Janet Watkinson. STANDING, Left to Right: Mrs. Ryder and Mrs. Clark.

Yearbook Staff



Editor's Message

A day in the life of a nurse ... Happiness and Disappointment ... Opening your heart ... Criticism ... Doing away with the superficial and keeping what really counts ... Loving ... Being yourself ... Exchanging ideas ... and ... Participating ...

"I do my thing ... And you do your thing ... I am not in this world to live up to your expectations ... And you are not in this world to live up to mine ... You are you ... And I am I ... And if by chance we find each other ... It's beautiful ... If not ... It can't be helped ..." (Ali McGraw)

"There you go, man, keep as cool as you can ... Face piles and piles of trials ... With smiles ... It riles them to believe ... That you perceive the web they weave ... And keep on thinking free ..." (Moody Blues)

The day is over for some of us ... We are now a part of the future ... And it is us who will integrate the new and the old for what is to come ...

Lana Cline, Editor

ACTIVITIES

Career Day



Preparation

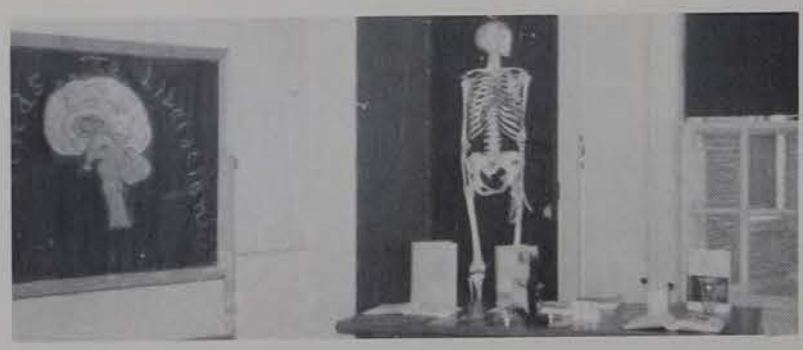


Turnout



Registration(200+)









Freshman Arrival





Christmas Caroling

. . . and Party











First of all ...



Play time?



Want to race?!





For me?







"Someday"



Woop! Woop!



Babies are fun!





Who's coming?!



Good morning!?





Smile



ROM exercises



Professor + Students



All we are saying is give ☮ a chance



Competition for sale



Ready for work



Twins?



Is that my buzzer?



Big Date with "gee" tonight?



New recruit



Boston Flower Child



B P
a
D r
a t
y y

E L
a i
s f
y e



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MRS. B. HIGGINS, R.N.
DR. J. F. McGINN

We'd also like to thank those people whose generous donation came to us too late for publication, due to the early date when our yearbook went to the printers.