Husson College and NESCom Student News

The Spectator

NEW ENGLAND SCHOOL OF COMMUNICATIONS

Volume VIII
Number 4

News to Your Eyes

February 26th
2008

Obama and Clinton Stop in Maine

By Derek Woods

Then there were two … Senators Barack Obama and Hillary Clinton were in Bangor and Orono on February 9, a day before the Maine Caucuses.

Clinton was in Orono at the University of Maine's recreation center, where approximately 1700 people filled the room to capacity. Clinton spoke for about an hour and talked about her commitment to providing Universal Health Care for Americans who need it. She also said that if she's elected President, she would withdraw troops from Iraq in six months, and she talked about the incompetence of the Bush Administration towards global warming. "We are going to begin to deal with global warming, which contrary to President Bush is real, and actually has to be dealt with," Clinton said.

With mills closing down and thousands of jobs being cut across the United States, many voters are concerned about the economy and the middle class. Clinton said she could create a lot of new jobs if this country would invest in its own infrastructure. "We can put tens of thousands, hundreds of thousands of people to work, we can't leave this, year after year, we see bridges collapse, levees collapse, why do we have to wait for tragedies to know that we've got to invest in America again," Clinton said.

A few hours later at the Bangor Auditorium, thousands of Mainers crowded Buck Street. Inside the atmosphere was electric. Obama supporters were filing in quickly, and the excitement was obvious. A plethora of young people were there to show support. Some were still indecisive on who they were going to vote for. Nineteen year old, Stefanie Beneziano was excited because this will be her first time voting. She came to the rally to help her make a decision between Clinton and Obama. "I think Barack would be a great leader. The only problem I have with him is that he doesn't have the experience that Clinton does, which is why I'll probably vote for Clinton than Obama. I still have to listen to him to see what he stands for," Beneziano said.

About two thousand people were turned away before the show, because the Bangor Auditorium had reached its capacity limit. However, Obama went outside briefly and spoke to those who weren't able to get in.

When Obama hit the stage the auditorium went crazy. People were dancing, chanting and screaming. The Senator to Illinois opened his speech with reasons he is running. He said he's not running because he feels it's owed to him, or some long-held ambition. He declared he was running in the words of Martin Luther King JR, "The fierce urgency of now." He said that the ultimate reason for running is because of the American people.

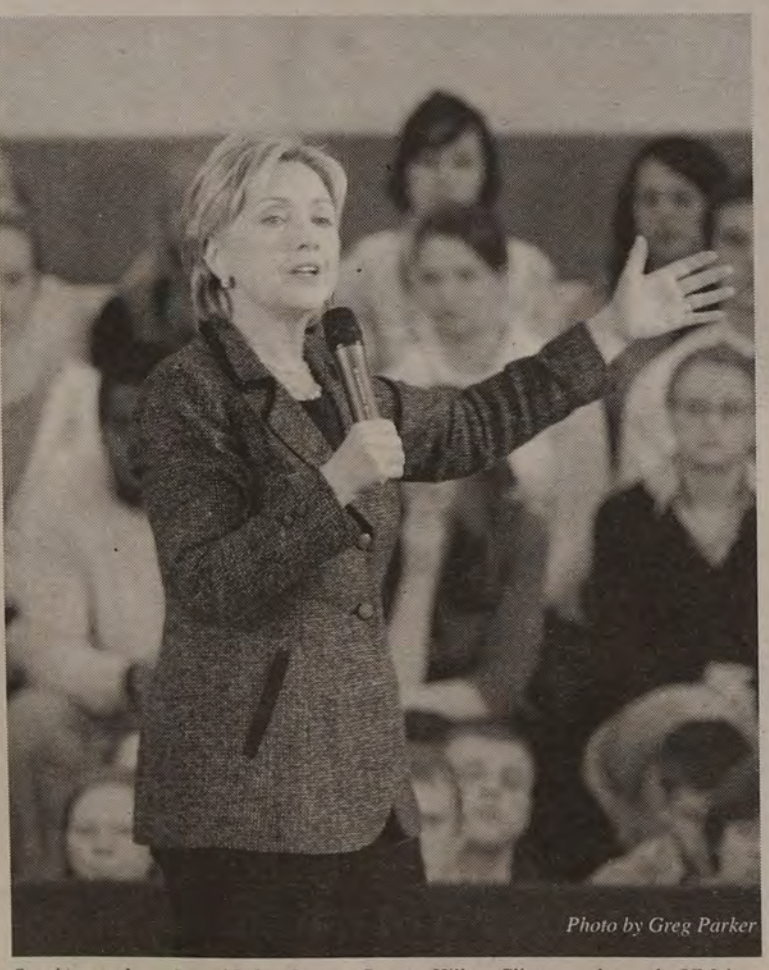
An occasional "yes we can" chant would start up throughout the auditorium whenever Obama made a favorable comment. Obama talked about the turnout of these campaign rallies doubling and especially with the younger people. He said that young people understood that this was their chance to elect a President.

The Senator from Illinois criticized President Bush and predicted the relief American voters will have, when Bush is not on the ballot. He also made critical remarks about Vice President Dick Cheney. "People know that next November they're going to be selecting the next President of the United States, and no matter what happens, the name George Bush will not be on the ballot when they choose," Said Obama. He continued repeating "no Bush." "The name of my cousin Dick Cheney will not be on the ballot." The Senator and the Vice President are eighth cousins, according to HuffingtonPost.com. "When they do these genealogical surveys your hoping to be related

Continued on pg. 2
"Obama/Clinton"



Speaking to a Very Large Crowd Senator Barack Obama spoke to over 1,500 Mainers gathered at the Bangor Auditorium on Saturday, February 9th.



Speaking to those Assembled in Orono Senator Hillary Clinton spoke on the UMaine campus in Orono on Saturday, February 9th.

Table of Contents

Campus News 2
Sports 7
End-Notes 8

Bangor Theological Seminary President to Retire

By Michael Huddy

At their May meeting the Trustees of Bangor Theological Seminary will elect a new President for the school. The current President Bill Imes announced last May that he would be retiring effective June 30, 2008. He has served in that capacity since August of 2001.

"I'm very excited about this transition. When I came to the Seminary our budget was unsustainable. The move from our historic Bangor campus to the Husson College campus has helped us balance our budget and establish a foundation for the future. There are many ways in which a new president can work with the Husson and NESCom administrations to develop joint programs and other shared efforts which will benefit all the schools

Continued on pg. 3
"BTS President"

THE Spectator

Chief Editor:
Craig McDonough

Layout:
Carlin Puckett

Staff:
Aaron Larsen
Daniel Schweitzer
Danielle Rosenblum
Derek Wood
Michael LoSchiavo
Rosalee Kaschel
Rob Poindexter
Sarah Denbow
Stacey Libby

Columnist:
Brooklyn Famosi
Connie Potvin
Len Harlow
Michael Huddy
Rene Collins
Robert Kilpeck

Advisor:
Susan Patten
Pam Kropp-Anderson

Want to contact us?
Interested in writing?
spectator@husson.edu

Obama/Clinton

(continued from cover)

to someone cool. Dick Cheney is a let down," Obama jokingly said.

Obama spoke about a variety of issues. He talked about the education system and the debt that goes along with college, veterans of the Iraq War who are forgotten by the government, his health care plan compared to Clinton's, and he talked about withdrawing from Iraq. And, like Senator Clinton, he talked about Republican primary frontrunner, John McCain, and how he's looking forward to having a debate with him.

Days prior to both rallies, Clinton put $5 million of her own money into her campaign, causing a dispute over the legitimacy of that transaction. Sharlene Parsons, a Clinton supporter attending the rally said, " I think if she needed to do that to keep her campaign going, more power to her."

The turnout of the rallies carried over the next day at the Democratic caucuses. Even though Maine was facing nasty weather, the turnout was huge. It actually forced some of the caucuses to start late.

The Illinois Senator easily won the Maine Caucus with 59% of the vote to Clinton's 40%. By winning, Obama is allotted 15 of the 24 delegates to the state Democratic convention, while Clinton gets nine. Obama is on a roll winning his fifth consecutive state.

The official nomination of either Clinton or Obama will take place at the Democratic National Convention, August 25 - 28, in Denver Colorado.

Kappa Delta Phi

By Adam MacDonald

Kappa is looking good this semester with 14 active brothers and plenty of projects to partake in. One up-coming event in March is a Rock Band Competition where students will form bands of 4 people and compete against other bands and there will be prizes for this event.

We are also volunteering our time at Eastern Maine Medical Center. We have been working with EMMC for nearly a year and they are continually finding areas where they can use a volunteer. We do a lot of odd jobs for EMMC and we are also heading up a survey project that will help the hospital know what areas they need to improve.

In the past we have worked in the children's wing of the hospital, interacting with the children and having fun. Here with Kappa, we are always looking to give something back to the community. For further information, or if you need a few extra hands for any event, call the President of Kappa Delta Phi, Adam MacDonald at 207.608.1351.

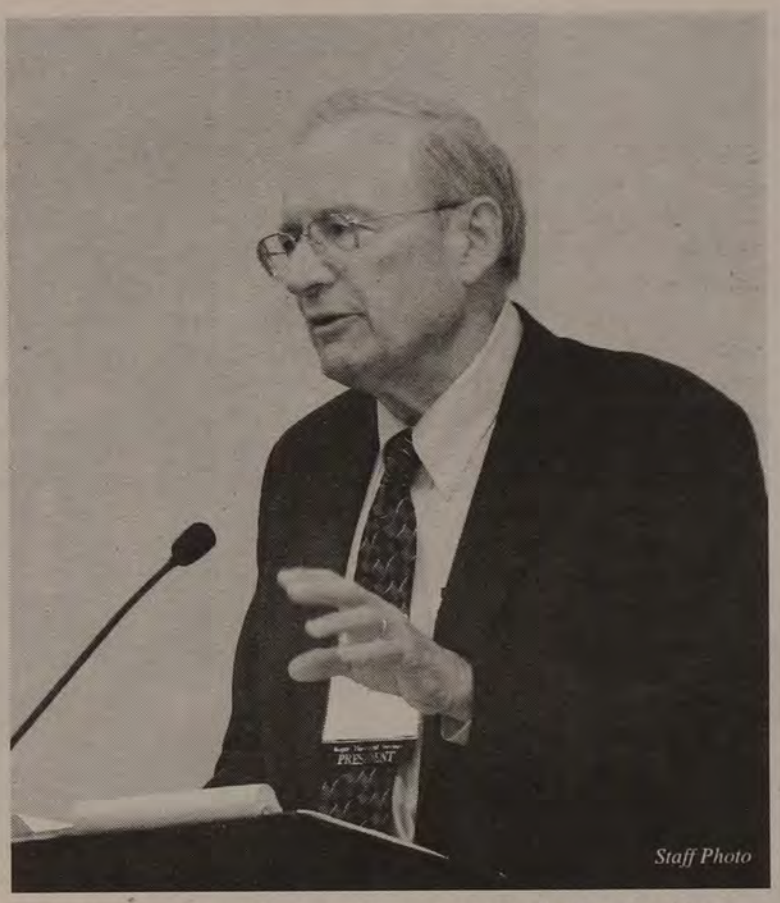


BTS President
(continued from cover)

of College Circle. We have several strong candidates for this position who will bring the vision and enthusiasm which are vital to such future efforts," said Imes.

He continued, "On a personal note I am extremely grateful for the wise and creative leadership of Bill Beardsley who has facilitated our move and has many ideas for future collaboration. I often joke that Bill Beardsley has twenty ideas each day before breakfast. His leadership is extraordinary."

Imes, who taught school for four years and served as a parish pastor for thirty-two years, will be moving with his wife Judy to Easthampton, Massachusetts where they are locating in order to be halfway between two of their daughters and their families.


Staff Photo

Saying Goodbye to Bangor Theological Seminary President Bill Imes is retiring as president of BTS this Spring.

NESCom Graduate Wins Grammy Award

By Len Harlow

From mopping floors on the midnight to 8 a.m. shift at a New York City sound studio to receiving a Grammy for his recording of the Steve Earl album Washington Square Serenade is the path traveled by New England School of Communications alumnus Joshua (Josh) Wilbur in his meteoric 10-year sound recording career.

The stamp of approval on the expertise of Josh Wilbur in the sound recording profession came at this year's annual Grammy Awards Gala Feb. 10 when Washington Square Serenade was judged the best Folk or Americana Album of the Year. Josh shared the Grammy with Earl and the producer, John King.

Actually, Josh wasn't at the Grammy ceremonies and found out about the award via e-mail from the producer and now has in his possession the gramophone statue that represents the achievement. Now a freelance record producer working out of New York City, Josh spent three weeks on the recording of Washington Square Serenade using the facilities at the Electric Lady Studios, a site originally prepared for the Jimmi Hendricks band.

Josh was selected to do the sound recording for the winning album partly because he and the producer share the same manager and when the subject of obtaining an engineer for the album was discussed, "my name came up", Josh says. "I was told that Steve told the producer that he had a $10,000 guitar and he wanted it to sound like a $10,000 guitar", he added.

Right now Josh is working on a DVD for the group Lamb of God, "which is the polar opposite of the Steve Earl Band", and has recently finished recording "Search the City" for Tooth and Nail Records.

As for his inauspicious start at Sound Tracks Studio, Josh admits that mopping floors on the midnight shift wasn't exactly what he prepared himself to do while majoring in audio engineering at NESCom but says that his two-year Associate Degree from the school was the means to "get the foot in the door that I needed". During his years at Sound Tracks he was able to advance from floor mopping to general assistant to the sound engineers before setting out on his own.

A native of Berwick, ME., Josh as a freelancer now travels the country with recent recording stints in places like Texas and Nebraska.

Spotlight on Student Leaders

By Brooklyn Famosi

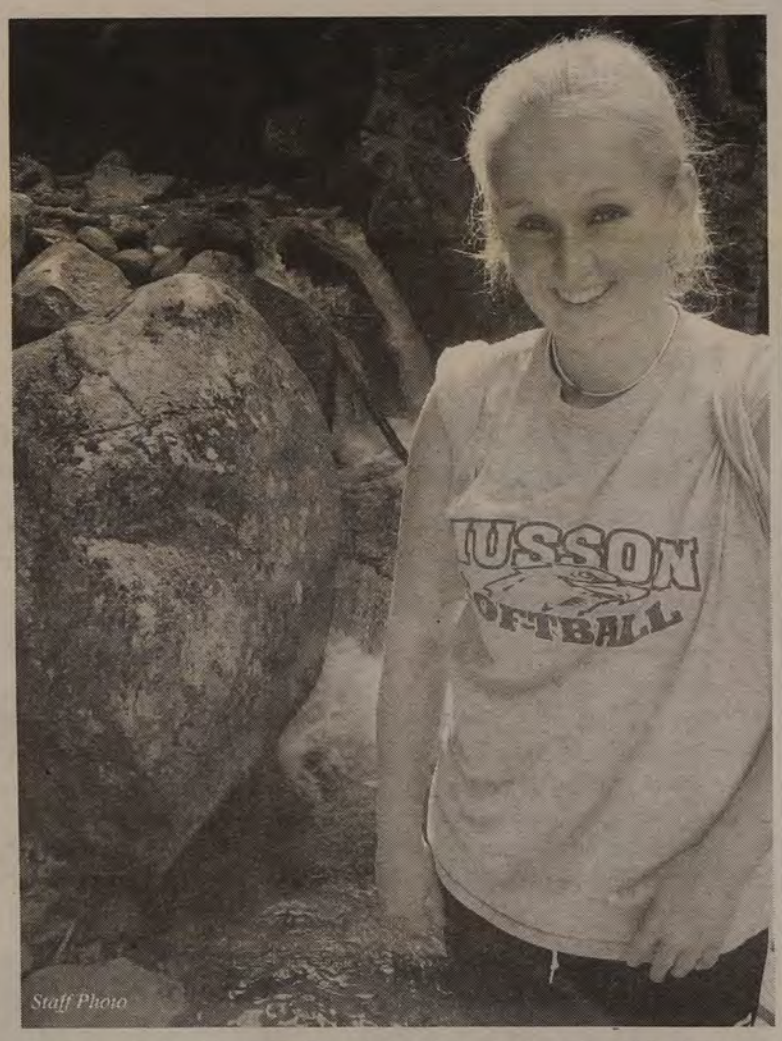
Looking around campus, it is not difficult to spot students hard at work. However, one student in particular has stood out to a number of people for her positive contributions to our community and they have had some part in nominating Michelle Varney for our Spotlight Award:

"Michelle is intelligent, friendly, caring and eager to lend a hand to whomever needs one. She has gone beyond the responsibilities of being an RA, and yet has done these tasks within the framework of healthy boundaries. She is clearly a student leader who is humble and unassuming. It's an honor to know her," says Laurene Collins, Director of Counseling Services

"Michelle's obvious intelligence and professionalism helped to set a high bar of expectations for others. Michelle is the kind of RA who I would like to clone! She sets high standards for herself and those she deals with, but she does it respectfully and has such positive relationships with the students on her floor that she is able to accomplish her goals and objectives in what looks to us like relative ease—though I'm sure it's not really as easy as she makes it look!"- Sharon Wilson-Barker, Dean of Students

Michelle Varney is a junior from Houlton, ME, and has accomplished much in her first three years here at Husson. A recipient of the Distinguished Scholar Award, she is proud to admit that studying is a top priority and it shows with her 4.0 GPA that she has maintained her entire post- secondary academic career! She aims to help others achieve their academic goals as a Physics tutor. Along with being an academic role model, Michelle is a part of many organizations on campus as well. Those of you living in the Residence Halls might know Michelle as a Resident Assistant who has created a number of programs, including a fundraising event in which her floor raised over $150 for MANNA. Michelle played on the soccer team last year, and is on the softball team for a second year in row. She has been an executive board member on the Organization of Physical Therapy Students (OPTS) since her freshman year.

With all of her hard work and busy schedule, Michelle also manages to have a strikingly pleasant personality and motivational persona. "Every single person who ever mentions her name does so in the most positive manner. Peers respect and like her." -Greg Fortier, Coordinator of Student Activities. This college is truly lucky to have a role model like Michelle.



Staff Photo

Getting Involved and Setting an Example for Others Student role model and resident assistant Michelle Varney also plays on the Husson College softball team.

Kappa Lambda:

Philanthropy Road and Other Upcoming Events

Are RAs looking for a community service project? Contact Kappa Lambda, as we are in need of help in collecting bath products for the Woman's Shelter in Bangor called My Choice. We will be providing a box to put on your floor so donations may be made. We need: razors, shampoo, conditioners, body soap, hair elastics, tampons, maxi-pads, toothbrushes, toothpaste – all unused and in the original packaging. Boxes will be dropped off February 18th and picked up March 18th. Upon filling the boxes, please contact Samantha Spizuoco at 207-233-6024 or spizuocos_02@yahoo.com. Sam will empty the boxes and return them for refill. We thank you for your participation.

On a further note, Kappa Lambda is doing a coin drive for Toys For Tots. On Sunday, February 23rd at 2:30pm, the Kappa Lambda girls will be around to collect any spare change you may have.

Still, in the same vein, we have contacted LL Bean asking for help supporting a family who lost their home in a tragic fire a few weeks ago. All clothes and school supplies were lost and the family is living with relatives. Eve, the 8 year old third grader has a dress and skirt size 8, shirt size 8-12 and pant sizes are varying with adjustable waists.

Michael is an eighth grader who is still growing and looking for pants sized 30/32, shirts adult medium, and shoe size 13. Belts needed, as well. The mom's pant size is a 16 petite and shirt size 16-18. The dad's pant size is 36 waist, 32 in-seam. Contact Samantha at the previously listed number and e-mail above.

Kappa Lambda also volunteeredtheirhelpinscheduling Peter Bielagus, financial advisor, for Student Activities. Peter was on campus February 13th to talk with students regarding credit scores, credit debt and how to protect yourself from the dangers of overextension of credit.

Upcoming plans for Lambda Delta include raising money for Susan Komen Breast Cancer Awareness, sponsoring a Ronald McDonald House spaghetti dinner, working with Goodwill unloading, loading and organizing and last, but not least, doing a Bingo evening with Westgate Manor.

WHSN and the Community

By Jon Coburn

Have you listened to WHSN recently? If not, you have been missing out on the incredible variety of music found on our station, Bangor's home for alternative rock. WHSN constantly makes new alternative rock available to listeners on the Husson campus and beyond, and we're streaming online as well at whsn-fm.com. WHSN stands out as being a great service to the local music scene. Tune in to WHSN 89.3 FM to get information on local bands on our programs *5 Minutes of Fame* and *Sessions at One College Circle.*

WHSN doesn't just take what's popular; students are objective when selecting new music. "I try to keep in mind that other people love music that I might despise and it's not all about me," says Aaron Denoi, one of the student music programmers here at WHSN. Also, *Sessions* showcases Maine musicians of all styles, not just alt rock groups, and most recently featured the *Aurora Jazz Project.*

Our music selection is not the only thing that makes us unique. WHSN students are committed to providing a community service in the Bangor area. WHSN has won awards for the student-produced public affairs program *Community Connections*, a program that features a non-profit organization and the work it does in the community. The Red Cross Blood Services, The Susan G. Komen Breast Cancer Foundation, the Maine Chapter of the National Multiple Sclerosis Society and Eastern Maine Aids Network have been some of the organizations promoted so far. WHSN is also building its team for the upcoming MS Walk and we encourage you to join us. Check out our website for details.



Staff Photo

Getting a New Look The New England School of Communications will have a new TV Studio set thanks to the help of school alumni.

NESCom Receives New Television Studio Set

By Aaron Larsen

It's no secret that The New England School of Communications has a very good Video Production program. A lot of this stems from intelligent students, creative minds, great teachers, and a top-of-the-line television production studio. Now, however, a whole new television production set will be replacing the old one and taking its spot in the NESCom building.

According to Rodney Verrill, Executive Director of Video Production at NESCom, Sinclair Broadcasting in Maryland "gutted their studios to be reformatted for HD." NESCom alumnus Mark Nadeau, who is the Senior Director for Sinclair Broadcasting, decided to donate their old set to NESCom, something he's wanted to do for some time now.

Verrill says the set is in like-new condition, and has been used in many corporate studios prior to its arrival in Bangor. The new set includes additional lighting fixtures, new risers, additional backdrops, and a new interview desk.

"The studio set is just going to add a whole new dimension to NESCom," said Verrill. "It won't mean additional classes, but it means enhancing both the TV production and journalism programs."

The new studio set will be replacing the old set, which has been at NESCom for four years now, sometime during the upcoming spring break.



Photo by Justin Prymowicz

Both a Learning Experience and a Jazzy Show The Aurora Jazz Project was the talent for NESCom's remote broadcast, *Sessions.* During the broadcast students from all departments come together to air a full production.

Jazzing It Up: NESCom Style

By Michael LoSchiavo

On Friday, February 8th, the Aurora Jazz Project performed in the Husson College Campus Center as part of the live NESCom Broadcasting Network's show, Sessions at One College Circle. Aurora Jazz Project is a Bangor-based band that has been around for 5 years, and the current lineup of Mark Tasker, Dan Colageo, Brady Harris, and Galen Smith have been playing together for about a year now. According to the band's website, aurorajazzproject.com, they are trying to inject new life into jazz.

"Our approach is, there is no reason for it to be polite, no reason for it not to make noise, no reason to cede ground to the rock guys or hip-hop guys, because this is lasting music."

"One of my mentors told me, jazz got into trouble when it let people sit down," Tasker said. "Our approach is, there is no reason for it to be polite, no reason for it not to make noise, no reason to cede ground to the rock guys or the hip-hop guys, because this is lasting music." The bands influences range from The Allman Brothers to Miles Davis to Mozart, and they have set their sights beyond Maine.

"I want to take it far enough so that somebody who really knows what they're talking about, in Boston or New York, says, 'you guys have come as far as you can go', and when I hear that, then I'll be satisfied. Until that point, we're going to keep hammering away," Tasker said of the band's aspirations. As for how they felt being on Sessions? "Loving every minute of it," is what Harris had to say.

And what exactly is Sessions at One College Circle? NESCom's Director of Video Production, Rodney Verrill explains that it is a collaborative effort between the school's video, audio, and live sound departments, along with WHSN. "Everyone gets in this one way or another, and it's just a great way for the students to learn teamwork," Verrill said. He also said it is 98% student run. And he expresses great pride in the work of the students.

"Here, when you create a product, with people who haven't been in the business for years, and they provide a product that's second to none, and you know that you've been part of them reaching their goal, it's an amazing feeling". So there you have it, Aurora Jazz Project on Sessions at One College Circle, one of NESCom's showcase productions.

"Everyone gets in this one way or another, and it's just a great way for the students to learn teamwork."



Photo by Justin Prymowicz

Flu Season Has Arrived at Husson

By Connie Potvin, RN, BSN; Director, Student Health Center

The flu is a contagious respiratory illness caused by influenza viruses. It can be a mild to severe illness, and it has arrived here at Husson College. We have seen many students at the Student Health Center over the last couple of weeks with classic flu symptoms and illness.

Flu viruses spread mainly from person to person through coughing or sneezing. Sometimes people may become infected by touching something with flu viruses on it and then touching their mouth or nose. Most healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 days after becoming sick. That means you may be able to pass on the flu to someone else, before you know you are sick, as well as while you are sick.

Symptoms of Flu include:

- fever (usually high)
- headache
- extreme tiredness
- dry cough
- sore throat
- runny or stuffy nose
- muscle aches
- stomach symptoms, such as nausea, vomiting, and diarrhea, also can occur

Good Health Habits for Prevention:

- Avoid close contact – especially with people who are sick
- Stay home when you are sick – this helps you recover AND prevents further spread
- Cover your mouth and nose – cough into your elbow or shirt sleeve
- Clean your hands often
- Avoid touching your eyes, nose or mouth
- Practice other good health habits – get plenty of rest, be physically active, manage your stress, drink plenty of fluids, and eat nutritious foods.

If you get sick remember most healthy people recover from the flu without complications. If you get the flu:

- Stay home
- Get lots of rest, drink plenty of liquids, and avoid using alcohol and tobacco
- Over-the-counter (OTC) meds such as Tylenol may relieve the symptoms; avoid aspirin and aspirin like medications especially if fever is present.

Emergency warning signs that need urgent medical attention include:

- difficulty breathing of shortness of breath
- pain or pressure in the chest or abdomen
- sudden dizziness
- confusion
- severe or persistent vomiting

The flu may last from several days to a week. If you are ill and need assistance your Student Health Center, located in Carlisle 101, is open daily 10-4. It offers free, confidential care in a private setting and service is provided to resident and commuter students alike. Our goal is to support your recovery and help you attain your personal health goals.

Student Activities Schedule

(Sports Schedule on Page 7)

FEBRUARY 27

11:30AM-8:30PM STRESS RELIEF (quiet study pods, massage, yoga, etc.) in Campus Center & elsewhere
11:30AM-1:30PM PIE THROWING FUNDRAISER in Campus Center

FEBRUARY 28

11:30-3:30 TOTALLY USELESS SKILLS in Campus Center

FEBRUARY 29

11:30-12:30 BANGOR HIGH SCHOOL ORCHESTRA in Campus Center

MARCH 17

11:30am-1:30pm ST. PATTY'S DAY in Furman, Campus Center, etc
10:00PM-11:30PM JENNY MACDONALD/CAPE BRETON ISLAND FOLK MUSIC in Furman

MARCH 19

7:00PM CARROLL CHAPMAN, MAGICIAN in Kominsky

MARCH 20

10:00PM THE DATING DOCTOR LECTURER in Kominsky

MARCH 22

9:00AM-12:00PM SPRING OPEN HOUSE Newman, Campus Center, and DDC

WEDNESDAY, MARCH 26

LUNCHTIME HAWAIIN LUAU in DDC
4:00PM STUDENT-LED CHAPEL SERVICE FOR ANY STUDENT OR STAFF in the chapel
9:00PM-11:00PM BACHELOR/BACHELORETTE SENIOR AUCTION in Furman

FRIDAY, MARCH 28

11:00PM-2:00AM DELTA BLUE HAWAIIN DANCE in Furman Center

SATURDAY, MARCH 29

TIME TBA HAWAIIAN POOL PARTY at Newman Pool
TIME TBA ALUMNI BASKETBALL GAME in Newman Gym

SUNDAY, MARCH 30

ALL DAY PORTLAND PIRATES HOCKEY GAME

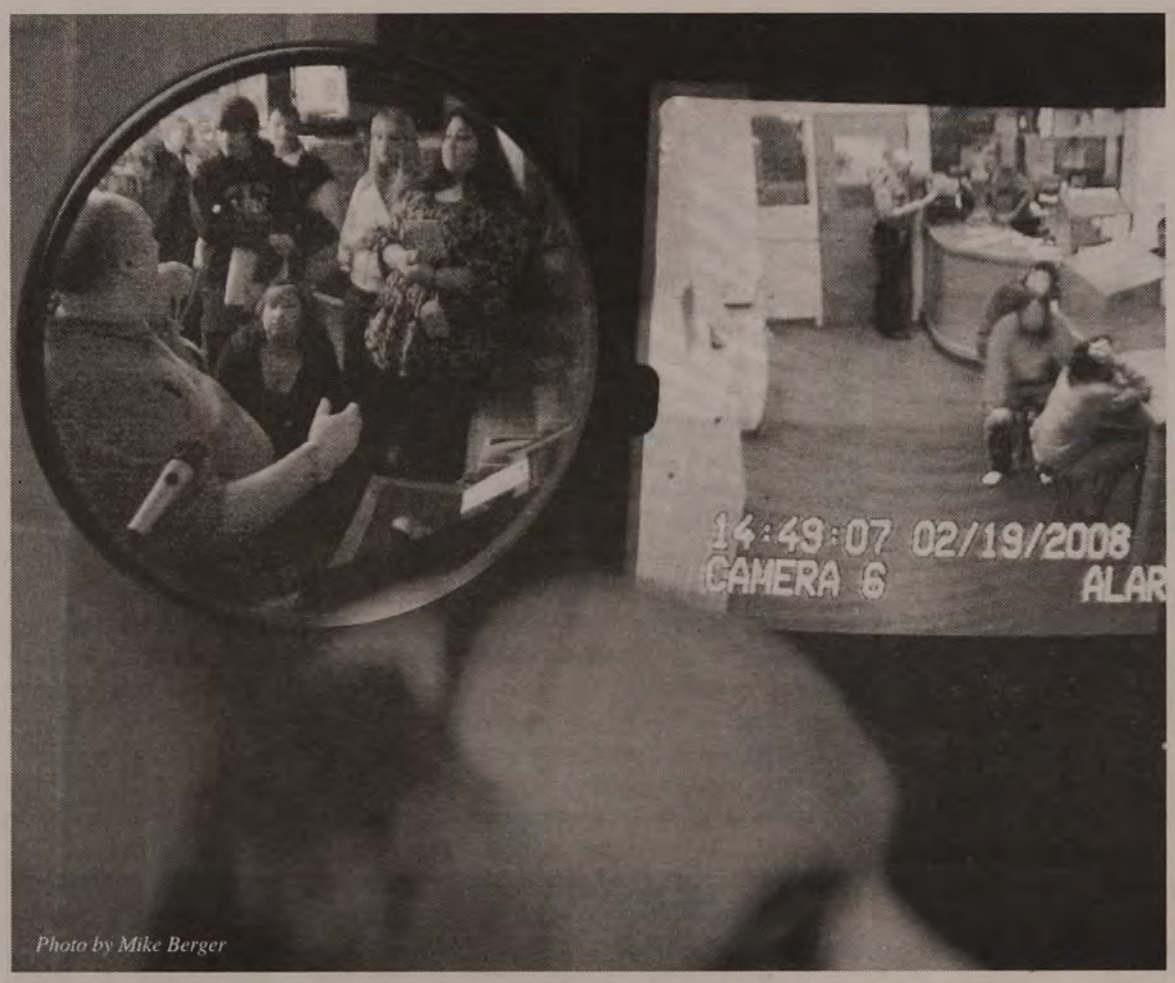


Photo by Mike Berger

A Learning Experience for Journalism Students New England School of Communications students from the radio news and reporting class visited the Penobscot County Jail right here in Bangor, Maine. By visiting the jail students were able to get a first hand account of what the atmosphere is like in a county correctional facility.

NESCom Journalists Tour Penobscot County Jail

By Melany Markie

Students from the NESCom Radio News and Reporting class got to see the other side of the law on Tuesday and Thursday of last week when they visited the Penobscot County Jail in Bangor. The main focus of the visit for the classes was to learn the relationship between the media and the Sheriff's Office. Students heard that both, the media and the Penobscot County Sheriff's Office are trying to meet a similar goal. By working together, the media will get the story that they need and the sheriff's office will get the story out to the public.

The Students from the classes were given a tour of the jail from Sheriff Glenn Ross, who brought them to every area of the jail, except the maximum security block, and explained to them what each section of jail was for. Students saw first hand how the jail system works and how hard the Sheriff's Office works to protect the county and help inmates as well.

At the end of the tour, Sheriff Ross went over the agencies 9-page policy on Media Relations. He explained to students that if there is any information that they need to get to the public quickly, an officer will hold a formal press event giving the media all the information that they have, at the same time to be fair to all reporters.

As one of the students attending the tour, I thought it was a great experience. It was a good feeling to know that the Penobscot County Sheriff's Office is willing to help me if I need information for a story. I was thankful to our instructors Susan Patten and Ed Rice for giving us this experience, to better understand how news professionals interact with law enforcement agencies. It was also interesting to learn that graduates of Husson's Criminal Justice program are now employed by the Sheriff's Office.

If It Looks Too Good To Be True; Beware!

By Robert J. Kilpeck

It's human nature to want to make a quick easy buck if the opportunity presents itself. As a college student struggling to make ends meet, while devoting much of your time to academics, you become targets to unscrupulous scam artist who will offer all kinds of get rich quick deals. On the surface they sound too good to be true, and, always are!

Most of us like to believe that we are too smart to be scammed, but, more and more college students are being successfully targeted by Internet, email, and telephone scam artist.

The most common fraud scheme perpetrated on the unsuspecting college student looking to make an extra buck is the job offer from overseas, often from the UK or Nigeria that entices the student with easy money by working right from your dorm room.

The scam works like this: The student answers an Internet or email job solicitation from an alleged foreign company recruiting for a US representative or bookkeeper to collect, facilitate, and forward payments for goods shipped to the U.S. Once you sign on and complete all of the phony paper work, you just sit back and wait for the checks to roll in and surprisingly, they do.

In a matter of days you will receive an overnight FedEx envelope containing two or three thousand dollars worth of traveler's checks payable to you. In the case of a Husson College student recently, these checks were drawn on the Bank of America, and looked quite legitimate. Now, all you have to do is cash the checks and send 90% of the money to the overseas office, and you keep 10% for your "commission." It sounds pretty good, doesn't it? Or, does it sound too good to be true? Make two or three hundred dollars just by cashing some checks and sending some money back. Even better, scammers tell you this will happen several times a month.

So, where is the glitch? Well, the checks are counterfeits, admittedly good counterfeits, but still counterfeits. However, because they are traveler's checks, there are a few banks that have unwittingly cashed them, and then in a day or two you get a knock on your door to find out that you have been the victim of a scam, and you are now responsible for the bad checks.

It happens, and it happened here at Husson. Fortunately, the intended victim was just a little too smart and brought the checks to the safety and security office. We notified the Bangor Police Department to conduct a thorough investigation.

There are too many frauds to list in this article, but before you get involved in any kind of "Too good to be true" situation, I would recommend that you visit the FBI Internet Fraud website at http://www.fbi.gov/majcases/fraud/internetschemes for tips that will protect you from being a victim of fraud.

What Do YOU Think ?

NEW ENGLAND SCHOOL OF COMMUNICATIONS

Like the new look?

Interested in writing for the Spectator?

Want to advertise in the paper?

Contact us with question, concerns, or comments

Email: spectator@husson.edu

Husson Basketball Splits With MMA

By Rob Poindexter

When the Husson Eagles Men's and Women's teams took the floor Friday night to do battle with North Atlantic Conference Rival Maine Maritime Academy they had both already qualified for the postseason tournament.

The only question that remained for the women's team was where they would be playing. A victory over the arch rival Mariners would guarantee Husson would host the NAC tournament in the cozy confines of the Newman Gymnasium. Unfortunately for Husson it was not meant to be as MMA beat the Lady Eagles 66-52. Freshmen Brittany Hunt paced the Mariners with 16 points as MMA took a commanding 17 point lead at halftime and cruised to the win. The win locked up the NAC Eastern division title for MMA and dropped Husson to second. Husson will host Johnson State on Tuesday in the quarterfinals of the NAC tournament. They finish the regular season 11-3 in the NAC including a 10 point beat down of Johnson State in February.

It was a different story entirely for the Husson men who smoked Maine Maritime 78-65 in a game that was much more lopsided than the score indicates. Husson took a 42-23 lead in to the locker room at halftime and Senior swing man Sheruad Lee continued to nail daggers from behind the three point line to snuff out any chance of a Mariner comeback. Sophomore power forward Matt MacKenzie dominated the inside scoring 18 points and ripping down eight rebounds. Husson will host Johnson State at Newman Gymnasium on Tuesday night in the quarterfinals of the NAC tournament. Husson battered Johnson State 101-86 in their only meeting this season. The Eagles finish the regular season with a record of 16-9 and 10-3 in Conference play.

Upcoming Sporting Events:

Husson Baseball

Friday, March 21st
@ Salem State College, MA 3:00

Saturday, March 22nd
@ Johnson & Wales U., RI 12:00

Saturday, March 29th
U. ME Farmington 11:00

Tuesday, April 1st
Bates College, ME
3:00

Husson Softball

Sunday, March 30th
@ Wheelock College, MA 10:00am

Tuesday, April 1st
@ Bates College, ME 4:30



Photo by Justin Michaud



Photo by Justin Michaud

The Husson Eagles Hoops programs Both the men's and women's basketball programs at Husson College will be participating in post-season games. The Husson men's and women's teams finished the season with a winning record.

Criminal Justice Club Bottle Drive

By Daniel Schweitzer

Students at Husson College don't need to take any courses in Meteorology to know that Maine winters are harsh and seemingly endless. With the price of heating oil approaching a statewide average of $3.20, homeowners are forced to pay a substantial amount of money in order to keep their homes habitable in the winter time. For the average homeowner, this expense is a fact of life that amounts to nothing more than a headache when the heating bill arrives. For someone living in poverty this expense can be a colossal obstacle, making a warm home an impossible dream rather than reality. With this simple fact in mind, the Husson College Criminal Justice club decided to do something to help Maine families heat their homes this winter.

The club resolved to execute a bottle drive in order to raise money for needy Maine families. Money raised by the bottle drive would be donated to families in need of assistance with their heating bills. "We knew this winter was going to be a cold one, the oil prices are very high, and there are hundreds of people in this state that are going without heat in their homes every day. So we wanted to help," said Nina Hummel, who spearheaded the bottle drive. The inspiration for a bottle drive came up at a club meeting, and the Criminal Justice Club decided to run with the idea. "Our main goal was just to get as much money collected and people involved as we could," said Hummel.

"We didn't expect to have that much, by any means, and definitely thank everyone for helping!"

The bottle drive started in January, after Winter break. The club started by contacting many businesses in the area, to see if they could spare their recyclable bottles for the drive. Amato's, Tim Horton's, and Starbucks were among the local businesses to respond to the club's call. Along with these donations, the Criminal Justice Club strategically planned an on-campus component of the bottle drive for Monday February 4th, the day after the Super Bowl. Members of the Criminal Justice club went door-to-door to ask residents if they had bottles to spare. "We figured the day after the Super-bowl would be the best time to collect due to Super-bowl parties and the weekend before that." The club's careful planning paid off, and even though the Patriots didn't manage to pull off the win, the club was able to collect many bottles from the Husson student body.

With all of the bottles they collected, coupled with donations from various sources, the Criminal Justice club managed to raise approximately $1,000. "We didn't expect to have that much, by any means, and definitely thank everyone for helping!" stated Hummel. The club has partnered with Dead River Co. in order to distribute fuel oil credits to needy families in the area. "I have the highest level of appreciation and respect for members of the Criminal Justice club," said Professor Cornel Plebani, the club's advisor, "this club has exceeded my highest expectations for an organization on campus." The money the club raised will help make a big difference in the lives of a family that needs help staying warm this winter.

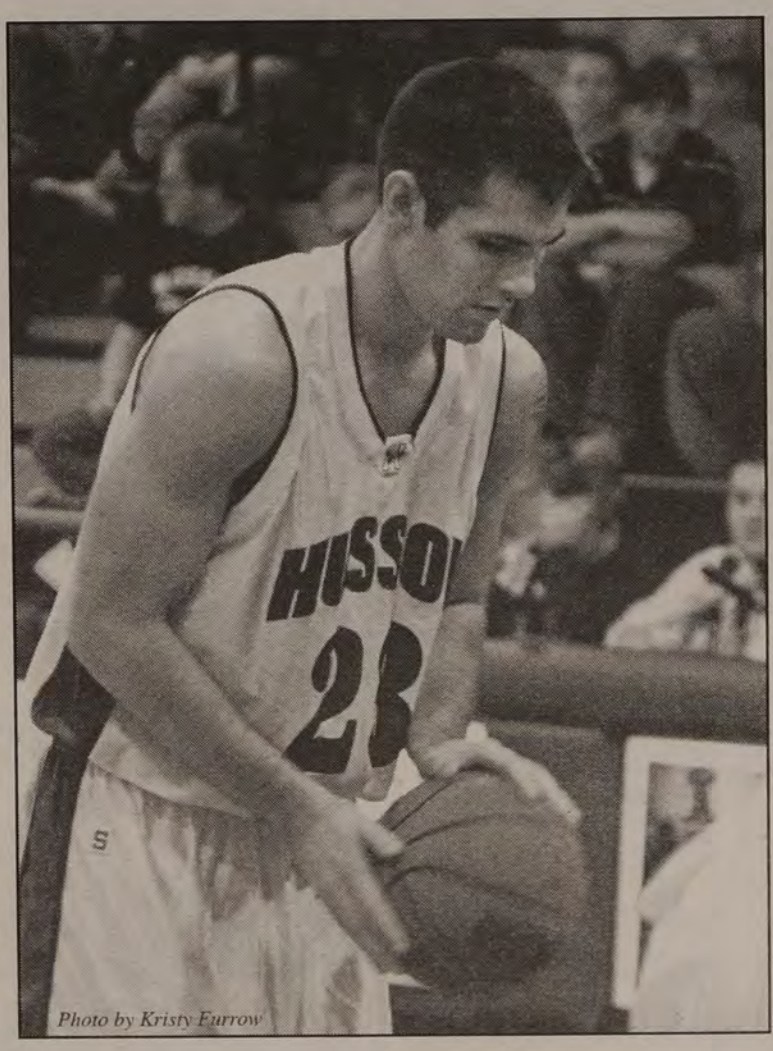


Photo by Kristy Furrow

It's Time to "Move and Improve"

By Connie Potvin, RN

"Move and Improve" is a free community sponsored program through Eastern Maine Health Care. The goal of the program is to encourage participants to engage in moderate physical activity for a minimum of 8 of 12 weeks. There are 3 goal levels to choose from. The program will run from March 2 - May 24

Husson College is a participating site this year! There will be an opportunity to sign up and have your blood pressure checked this week. Stop by the campus center and look for the table with the "Move and Improve" logo display. We will be on hand to do registration as well as answer questions. Once you have registered on line your name will be added to a raffle on campus!

In the meantime check out all the new changes to the updated program at: http://www.moveandimprove.org/

Counselor's Corner

By Rene Collins

What do I do if... I think my friend has an eating disorder? You say your friend fears gaining weight, is strikingly thin, and wears clothes to conceal his or her small body size. The person may deny being hungry, may eat and quickly excuse themselves from the table and make a trip to the bathroom, or perhaps exercise excessively. It may confuse you that your friend is preoccupied with food shopping and cooking, yet eats very little. Or, your friend may eat large amounts of food, like up to $150.00 worth a day, and be very thin. What do you do? Plant seeds, not trees.

One big statement on your part will be less effective than approaching your friend several times. Present your messages as caring, not criticism. Don't blame or shame your friend, but instead use "I", not "you" messages. "I'm concerned about you" sounds a lot different than "What do you think you are doing?" or "Why don't you just eat?" Be specific with your concerns. Saying "I am worried about how little you eat and how small you have become since the semester started" lets your friend know that his or her behaviors are not unnoticed. If you are frustrated and angry instead of calm, it is NOT the time to help. When you can share your concern, focus on emotions and wellness. When you emphasize how your friend looks, even if you think you are complimenting that person, you may be perpetuating the problem.

The most critical thing that you can do for your friend is to take care of yourself. If you are overly involved with your friend and your needs go unmet, then you have less to offer everyone. If you find yourself evaluating the quality of your day determined by your friend's problems, if you neglect having conversations with friends about you, or if you find yourself spying on your friend to document the eating disorder, then it is time to retreat.

The college environment is a prime atmosphere for eating disorders because of (1) beliefs that appearance is the key to attracting a dating partner, (2) access to unlimited amounts of food in the dining halls, (3) participation in sports where weight and appearance are perceived to effect success, and (4) academic and financial stress. More than five million Americans struggle with eating disorders, and 85% of American women are not satisfied with their weight. Over 5% of adolescent and young adult women and 1% of men have eating disorders. College women have higher rates of bulimia, which is eating/bingeing large amounts of food then vomiting/purging, than women under 18 or over 21 and who not in college. Anorexia nervosa, or restricting food, is more obvious because it is a direct path to thinness. The person with bulimia may be within normal weight parameters because foods eaten are purged by vomiting, exercising or using laxatives and fluid pills.

February 24th is National Eating Disorders Awareness week. The theme this year is "Be comfortable in your genes. Wear jeans that fit the TRUE you." In the Counseling Services office, we are available to talk with you about any concerns you have about a friend who may have an eating disorder, or about you. We want to dispel myths, and provide you with information so that you may make an informed choice about your behaviors concerning your relationship with your friend, and your own relationship with food. Please call Jayne Thibodeau at 941-7184 or Rene Collins at 941-7981. We also invite you to call the Eating Disorder Helpline at 1-800-931-2237 or consult the National Eating Disorders association web site: www.nationaleatingdisorders.org

Husson has a New, State-of-the-art, Emergency Notification System!

e2Campus will send a text message to your phone or email address in the event of a campus-wide emergency. This service is FREE to all students and employees.

To register, just go to the link below, or click on "Emergency Notification" in your Student Portal.

http://www.e2campus.com/my/husson/

You may register:

two email addresses and two devices
just make sure your cell phone is set up to receive text messages.

If your cell number changes:

Once you've created your account, **you can change your phone numbers or your email addresses at any time.**

e2Campus is another example of Husson's commitment to the safety of our community.