Monday, October 23, 1989 Volume I, No. 5

The Spectator

Husson College Bangor, Maine

Alcohol Awareness Week

Alcohol Awareness
By Jack Slomback

This weeks article continues with the AWARENESS theme begun last time, using the four A's of treatment professionals in the field of substance abuse. Awareness is the first of the four, with the others being Admitting, Acceptance, and Action.

Did you grow up with an alcoholic parent? Awareness of this situation can be helpful. If substance abuse affected your childhood, more than likely adulthood is also affected. Studies show that for children who grew up in an alcoholic home:

50-80% will also become alcoholic
30% will marry an alcoholic
20% will be emotionally scarred

The evidence suggests that all children from an alcoholic home will be affected. Nobody is lucky enough, apparently, to escape the negative affects. To help determine if you grew up in an alcoholic home, ask yourself the following questions:

1. Do you always seek the approval of others?
2. Do you fail to recognize your accomplishments?
3. Do you fear criticism?
4. Do you often over-extend yourself?
5. Do you have problems with compulsive behavior?
6. Are you a perfectionist?
7. When life is going smoothly are you constantly expecting problems?

Continued on p. 3

Alcohol Awareness Week 1989
October 23 - 28, 1989

Tuesday, October 24 11:00 a.m. Kominsky Auditorium

Lecture by **Dick Gregory** about Drug/Alcohol Abuse

Mr. Gregory gained fame as a comedian and is today a human rights and political activist. His participation in the Civil Rights movement of the 1960's is well documented as are his efforts toward world peace, hunger and the rights of American Indians.
A reception will follow in the Library Foyer.

Wednesday, October 25 3:00 p.m. Kominsky Auditorium

Movie - **Come Next Spring**

The poignant story of a man's battle with alcohol.

Thursday, October 26 8:30 p.m. Dickerman Dining Commons

Concert by **Jane Powell**

Nominated as Campus Artist of the Year by NACA, this powerful R & B singer has been receiving rave reviews all over the country. Along with the Jane Powell Band, their performance is a mixture of jazz, ballads, show tunes and some of the best R & B you'll ever hear. Richard Harrington writing for the Washington Post on Jane's performance with Ray Charles - "She stole the night from a legend."

Survey Says . . Diaper?

Bruce MacGregor is used to getting plenty of recognition for his winning basketball teams. These past couple of weeks, however, he and his family are getting some attention as a result of their appearance on "Family Feud." That's right: MacGregor, an instructor at Husson as well as the men's basketball coach, his wife, their son and daughter, and his father were contestants on the October 11 episode of the television game show.

The MacGregors were visiting their son in Los Angeles this past summer when they auditioned for "Family Feud." They then returned to California earlier this fall for the taping of the show, figuring that would be a good opportunity to visit their son again anyway.

"We were quite amazed at what an involved process it is," MacGregor said, referring to the actual taping of the show. He added that several shows are taped on the same day and that there are several people involved. Contestants have to be made up and they are coached to a certain extent. The audience is divided up and told when to applaud. MacGregor also said that there is even a security guard that escorts the contestants to the bathrooms so as to assure that there is no cheating.

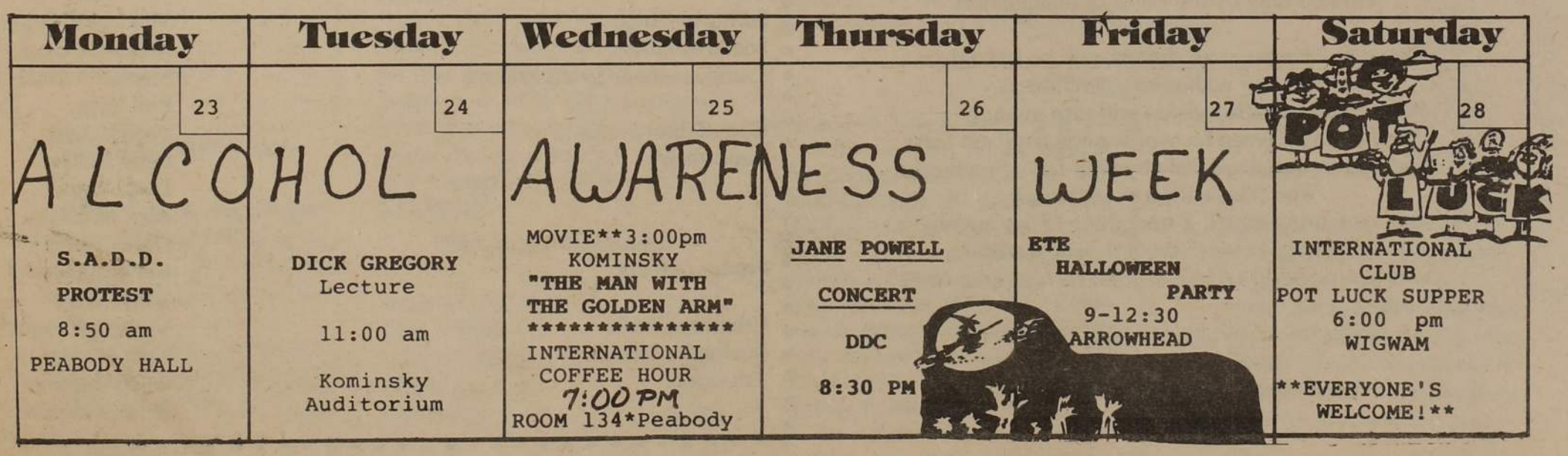
Unfortunately, the MacGregors did not win their game. They were up against the second winningest family of the year, and it came down to which family could name safety devices for children. The MacGregors' opponents correctly answered "safety caps for medicine bottles," and then went on to win the ten thousand dollars. Mac-Gregor incorrectly answered "diaper," and his family received parting gifts such as Rice-a-Roni and cough drops. "We played very well during the mock shows," MacGregor said. He also pointed out that were a lot of distractions.

The MacGregors are now recognized in such places as Dunkin donuts, a pizza parlor and on the golf course by people who saw them on "Family Feud." They are also victims of a few jokes. They have received cough drops, Rice-a-Roni and diapers in the mail, and they even got an anonymous telephone call during which the caller simply said "diaper" and then hung up. "We've taken a lot of grief - we just can't escape it," MacGregor said.

The family did, however, enjoy the whole experience. "It was fun - we had a great time," MacGregor said, adding that "the fun people are having with us now is fun too."



The MacGregor s: From left to right, Christine, Bruce, their daughter Betsy Webb and her son Cameron, their son David, and Bruce's father Donald.



Features Page

The Campus Question

By Peter Beitzell

Hello folks, it's me again: Pete your roving reporter. This week we decided to ask you what's on your mind.

This week's question was, "WHAT DO YOU LIKE OR DISLIKE ABOUT HUSSON COLLEGE?" Here are a few opinions.

Lori Banker: "I like the cozy atmosphere; the students and Profs talk to you, People ask if you need help or just give it, it's no big deal. Profs take time with students if they need help.

"Everybody knows everybody else here as opposed to large campuses where you know only a few people for the entire four years you're there."

On the down side? "The courses are expensive and some of the Profs are being forced to teach courses they aren't qualified for. And books are more expensive here than at other schools."

"Also commuter students aren't even allowed to get meal passes to the DDC."

Tammy Parker: "The Maintenance dept in the Dorms has not acted on or even responded to our complaint list. They don't say why they can't or wont get to it. It wouldn't be so bad waiting if we knew why we were waiting."

Jim Abbott: "No room in the parking lot. I came here at 9 a.m. and couldn't find a space."

Mary Stockley: "I like the classes and the instructors are willing to help. The peer tutors are good. I'm not fond of Algebra; I wish it wasn't required." Oh well.

Bev Bell said, "I like the people, the fact that it is small. I like the nursing program courses and the faculty. And the administration. I appreciate the in-depth material in the classes."

George Finkelstein: "I like the small classes, the atmosphere the teachers present in classes. I like the fact the faculty has a lot of Phd.'s . The new parking lot is good, but there isn't any place just for motorcycles. Oh and they've got better food in the Wigwam."

Kathy Veilleux: "I do not agree with the 6 cut policy because if someone really sick or has other things to do you can't miss classes or you'll be thrown out. The number of cuts should be up to the student: they have no right kicking us out because we're paying for the classes."

Carla Meuse: "The classes are excellent, teachers good, but it's expensive overall. Husson has good teaching programs. The Peer tutors help a lot of people."

Marylyn Parkin: "The friendly family feel here at Husson. The Faculty know you seem to care. There is not enough parking room. Thank God they paved it but there still isn't enough room."

Dave Daye: "I like the profs: they're really dedicated. I've got a good schedule with a lot of time between classes. And there's always something going on, lots of social activities."

Creative Corner

Age to Youth

By Kathy Wall

Once, like you,
I was blessed with the vigor of youth,
Vibrant with enthusiastic dreams.
I danced with daffodils and stretched toward the sun.
I was dazzled by the fruit upon life's table.
I embraced it all and took it in and made it a part of me.
I drank the learned words of wisdom.
I had pleasures great and pleasures small.
The whole world was my world,
Limited only by the limits of imagination.

One day, like me, your dreams will be behind you.
You will wither into parchment.
Your clouded vision will turn inward
And you will weep for words once read and lost.
You will be sustained only by your fading memories
And the smallest of pleasures:
A reassuring touch, a smoothing of the covers,
A calming voice in the terrifying darkness.
Your entire world will be defined by four drab walls.

I was once you and you will become me.
Yet all I ask from you now
Is a tender consideration of my dignity.



Business Breakfast

Norman a. Poole, senior vice president, finance and treasurer of L.L. Bean in Freeport, spoke to a full house at the Husson College Business Breakfast on Friday, October 13, 1989. Mr. Poole also serves on the Board of Directors, the Executive Planning Committee of L.L. Bean and approximately one year ago was appointed to the Board of Trustees of Husson College. He served as the first speaker in a series planned for business breakfasts held once a month throughout the 1989/90 academic year.

Mr. Poole's topic, "It ain't fancy - just a way of doing business," proved to be interesting and informative. A slide presentation illustrated the skillful planning, quality, attention to basics, and customer service philosophies that have guided L.L. Bean to its current position as one of the world's leading mail-order businesses.

A question and answer period followed his talk.

Dear Heaven

Q. *Dear Heaven,*
Where do you meet Real Women at Husson College?
S.P.

A. Dear S.P.,
First, I have a question for you. What do you consider "Real" women? Now to answer your question, there are many activities on campus at which you can meet women. Try a sports event or a movie; maybe you could join a club or play a sport yourself. Be friendly, but not too pushy and I'm sure you'll find someone "Real."
Good Luck.
Sincerely,
Heaven

Q. *Dear Heaven,*
I am a freshman here at Husson and I am currently dating a senior at my old high school. I love him very much, but being away from him is hard. I am lonely for his companionship. I have met a really interesting guy here and would like to get to know him better. What should I do?
Sincerely,
Broken Between 2

A. Dear Broken,
I personally think you should sit down and decide whether you love your boyfriend or not. I do understand your loneliness and I think this will be a good test of your love for this guy. Remember love is the shortest distance between two hearts. If you truly love your boyfriend, you will remember the good times you've shared and remember that you will see him on your vacations. Talk to him about your feelings and always have an open relationship. If after all you decide to stay with your boyfriend, you can always have a special friendship with the other guy.
Sincerely,
Heaven

Remember if you're on cloud 9 and have any questions, Dear Heaven is available. Drop a question off at 302 Peabody or put it in an envelope and drop it off to someone at the window in the mailroom.

I hope to hear from you soon!

Eyes of the Spectator

Editor in Chief:	Vicki Lang
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Student Life

Harry S. Truman Scholarship

Husson College sophomores interested in a career in government service at the federal, state, or local level or in public service or environmental work are invited to apply for a 1990 Harry S. Truman Scholarship.

Established by Congress in 1975, the Harry S. Truman Scholarship Foundation operates an ongoing educational scholarship program designed to provide opportunities for outstanding students in the United States with potential leadership ability to prepare for careers in government service.

In April 1990, the Foundation will award 92 scholarships nationally. The DEADLINE for all 1990 applications is December 1, 1989.

Husson College can nominate three students for the 1990 competition.

The scholarship award covers eligible expenses for the junior year, senior year, and two years of graduate study.

To be eligible, a student must be a full-time sophomore planning to pursue a baccalaureate degree, have a B average or the equivalent, stand in the upper fourth of the class, and be a United States Citizen or United States national heading toward a career in government.

Interested students should submit a letter of application, a statement of career plans, a list of past public-service activities or other leadership positions, a current transcript and a 600-word essay discussing a public policy issue of their choice to Dewey Martin, Truman Scholarship Faculty Representative, Room 315, by 11/27/89.

Jumble

By Susan Mairhuber

He was so poor, he couldn't pay this:

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Answer on p. 4

Social Committee Events

Free bowling at the Bangor-Brewer bowling lanes on Sunday, October 29, 1989, from 9:00 p.m.-12:00 a.m. Husson I.D. required for admittance.

Dance featuring the Inspectors on Friday, November 3, 1989, in the DDC from 9:30 p.m. - 1:00 a.m.

Alcohol cont. from p.1

8. Do you feel more alive when there is a crisis?
9. Do you feel responsible for others and their feelings?
10. Do you find it easier to care for others than yourself?
11. Do you isolate yourself from others?
12. Are you afraid of authority figures or angry people?
13. Do you feel others take advantage of you?
14. Are you uncomfortable with intimate relationships?
15. Do you confuse pity or sympathy with love?
16. Do you attract people who tend to be compulsive?
17. Do you cling to relationships out of fear of being alone?
18. Do you mistrust your own feelings?
19. Do you have difficulty expressing your feelings?
20. Do you need to dominate or control others?

It is suggested that if you answered YES to three or more of the above questions, alcohol or drugs may very well have been a problem in your home.

Some may wonder if they are living currently with a person in trouble with alcohol or drugs, such as a spouse, son, or daughter. That is the topic of the next article about AWARENESS.

Nursing News

Monica M. Collins, RN, MS, was recently selected as a Katahdin AHEC Health Promotion Fellow. The purpose of the Fellows Program is to help train/educate/support a cadre of rural health care professionals in effective methods of health promotion/patient education. As a Fellow, Monica will be attending the Conference, "Patient Education: A Family Affair" in Orlando, Florida from November 16-19, 1989. Monica will share learnings from this conference with other nurse/educators at meetings subsequent to this Conference.

Bookstore News

ATTENTION STUDENTS: Have you got all your required textbooks? The bookstore will be returning textbooks to the publishers on or before October 27, 1989. If you have not picked up your books please do so as soon as possible.

"LOST OUR HEAD SALE" at the bookstore. Come in and check out the bargains. We have some supplies at 40% off the regular price plus other bargains.

Order any gold Josten's ring before October 31, 1989 and get $31.00 off.

Commuter Birthdays

Andrew Coiley	10/22
Pennie Piper	10/23
Tom St. Gelais	10/23
Tim Seymour	10/25
Kim Berry	10/28

The Greek Side

The Sisters of Epsilon Tau Epsilon

1. Amy White - President - Winterport, Me. Bus. Adminstration
2. Susie Gallagher - V. President - Nashua, N.H. Nursing
3. Cindy Moreshead - Secretary - Gardiner, Me. Court Reporting
4. Darcy Parlee - Treasurer - Newport, Me. Office Management
5. Abby Shaw - Historian - Athol, Mass. Nursing
6. Rachel Mitchell - Sgt at Arms - Anson, Me. Court Reporting
7. Lisa Christensen - Westbrook, Me. Nursing
8. Laurie Cote - Milford, Me. Court Reporting
9. Carla Hargraves - Dexter, Me. Bus. Administration
10. Tricia Harrill - Rangley, Me. Accounting
11. Christine Hunter - Winthrop, Me. Bus. Adminstration
12. Suzanne Leach - Islesboro, Me. B.S. Marketing
13. Andrea Smith - Norway, Me. Accounting
14. Carol Snowdeal - Jonesport, Me. B.S. Marketing

ADVISORS: Linda Jenkins

Epsilon Tau Epsilon is the second oldest Greek organization on campus. We are involved in many activities such as the Annual Halloween party, annual Toga party, raffles, Greek games and intramural sports.

We are also very active in Community Service projects. For example, we raise money for the Bangor Shelter, clean the Ronald McDonald House and sponsor a child through the World Vision of South Africa.

Please feel free to come up and visit anytime: our doors are always open.

Upcoming events:

Annual Halloween Party
Friday, Oct. 27, 9 p.m. - 1 a.m.

Information night
ETE Lounge
Oct. 26 8:30 p.m.

Pumpkin Raffle and Ghost sale
Wigwam Oct. 23-27

Movie Preview

October 25, 3:00 p.m. & October 26, 7:00 p.m. - Kominsky Auditorium

The Man WithThe Golden Arm

US 1956 — 119 MIN — B & W

Otto Preminger, Frank Sinatra, Eleanor Parker, Kim Novak, Darren McGavin. One of the first Hollywood productions to deal with with the subject of drug addiction. Sinatra gives a feverish performance as a junkie who aspires to be a jazz drummer amid the seedy atmosphere of the Chicago slums.

NOTICE • NOTICE • NOTICE

Due to the coming snow season ALL PARKING on College Circle (from the entrance past Peabody and the gym and back to the Main Entrance) and Kagan Drive (the road behind the dorms) is strictly forbidden between the hours of 11:00 p.m. and 7:00 a.m. daily starting on November 1, 1989 to April 1, 1990.

Extra parking for Carlisle has been set aside in the upper left corner of Peabody Parking Lot, and the gravel lot may be used by Hart residents and visitors.

If your vehicle was towed under Section II parking and operation of motor vehicles, part 50, of the Husson College Motor Vehicle Regulations, the vehicle will be towed at the owner's expense and there will be a fine to be paid to the security office before returning said vehicle on campus. Please advise all visitors of this notice.

Thank you in advance for your cooperation.

Husson Security

There will be a floor decorating contest between floor residents in Hart and Carlisle dorms. Judging will be held on Friday, Oct. 27 at 3 p.m. Winners will receive a free pizza party in the Arrowhead on the date of their choice. A representative from the floor will need to register in the Student Government Office with Wendy Swett.

From the Registrar

Attention December Completions:

Please see your advisor, department or division chair to petition to graduate.

Without this petition, your cap and gown and diploma cannot be ordered. Petitions along with their evaluations should be in the Registrar's Office by October 31st.

Sports

Husson Takes Third in N.B.

By Derek King

The men's soccer team participated in a six-team soccer tournament October 13 and 14 in St. John, New Brunswick. The six teams included the University of New Brunswick, Husson, and four club teams from the St. John area. The trip was not only a successful one on the field but the team enoyed an exciting weekend that included cruising Market Square Mall, David Gordon's escapade at Beaches, the Harvey High School girls Volleyball team and a visit from a former Husson student and recntly engaged Jamie Boyd.

After arriving at the 14,000 seat Canada olympic Games Stadium in St. John, Husson played the University of New Brunswick. Husson was eager to avenge a 4-3 heartbreak loss to UNB earlier in the year. Despite UNB scoring a goal 20 seconds into the game, Husson won 2-1 on goals by David Roussel and Atushi Hariyama. Roussel's second-half goal was assisted by Tony Samuels. Samuel's assist allowed him to win a bet that made Phil Byra sleep on a cot that night while Tony slept on a soft queen-size bed.

The second half of the UNB game was played under the lights, and excited Braves controlled the game and should have won by more than one goal. Late in the second half the irritated and frustrated UNB team, which expected to finish 2nd overall, engaged in rough, physical play that resulted in numerous cheap shots; several fights almost broke out.

After the game, the internationally undefeated Husson soccer team invaded Mother's Italian Restaraunt in Market Square and enjoyed spaghetti with sauteed mushrooms and pizza.

The next morning Husson played the other undefeated team, St. John Labatt's. Husson seemed to play better and sustained more of an offensive attack than Labatt's, but couldn't put the ball in the net. Labatt's scored on two breakaways and won 2-0. The Labatt's club continued the Canadian style of rough and physical play and after the game, the Husson team relaxed in the hotel whirlpool.

At 3:00 the same day, Husson was to face the St. John Mooseheads in the tourney semi-final. The Mooseheads, eventual champs of the tourney, boasted two former Canadian World Cup Team players who intimidated the Husson players at first. The Mooseheads are a semi-pro team comparable to a team that would be New Brunswick's representatives in the Canadian Professional Soccer League in 1990.

Despite the fact that the Mooseheads hadn't played together for 30 days until this weekend, the Braves played perhaps their best game of the season and lost 1-0.

The lone goal that Husson gave up came in the first half on a well-struck header that went into the upper right-hand corner of the net. The Braves played the best soccer they had played all season and finished 3rd in the tournament.

1989 Men's Soccer team.



Photo Derek King

1989 Men's Soccer Roster

Name	*Pos*	*Year*	*Hometown*
Byra, Phil	Forward	So.	Merrimac, MA
Boulette, Pete	Mid	Sr.	Oakland, ME
Crawford, Carl	Back	So.	Orono, ME
Delahaye, Tony	Back	Sr.	Winnipeg, CAN
Eaton, Jeff	Back	Fr.	Whitman, MA
Haggerty, Mike	Goalkeeper	Fr.	Hampden, ME
Hariyama, Atsushi	Mid	Fr.	Japan
Jones, Rich	Back	Jr.	Lubec, ME
King, Derek	Gk/Mid	Jr.	Orono, ME
Largay, Tom	Mid	So.	Orrington, ME
Lehoullier, Mike	Mid	Fr.	Rochester, NH
Redstone, Matt	Back	So.	Portland, ME
Rhodes, Eric	Forward	Fr.	Richman, ME
Roussel, David	Forward	So.	Calais, ME
Samuels, Tony	Mid	Sr.	Costa Rica
Warman, Scott	Mid	Jr.	Greenville, ME

Intramural Volleyball Champions

By Scott Godbout

The volleyball team Leeman's was supposed to be made up of basketball players. Since academics come first, they had to attend study hall, therefore missing the first three games. At this point captain Ed Leeman had to find some new players. The new recruits consisted of Lloyd Ross, Paul Sullivan, Steve Pellitier, Pvt. Keven Barnes, and Kurt Fortier. With these new players the team won their next two games against Kappa and 5th Hart. This enabled the team to tie for 4th place (the final playoff position). Leeman's then had to play 5th Hart for that position. After beating 5th Hart, Leeman's played undefeated TEP in the first round of the playoffs. The club seemed unorganized in the beginning, but managed to win. The team was very solid with 6'7" Paul Sullivan making numerous slams. The team suffered a setback when Sullivan injured his ankle a day before the finals. This opened a position for Chris Chapman. In the championship round Leeman's faced Kappa. Both matches were very competitive but Leeman's squeezed it out 15-13, 15-12. The fan support was with Kappa but the winning team's concentration proved to be much greater. Good effort from both teams.

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