Husson College and NESCom Student News

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News to Your Eyes

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Moving On Up:

Promotion Ceremony Recognizes Security Officers

By Craig McDonough

A variety of people from around the campus community gathered in the Campus Center on Friday the 6th to share the experience of recognizing some of Husson's Safety and Security officers.

Dean John Rubino spoke of the involvement and importance of the Safety and Security Department on the Husson College campus. The Department of Safety and Security protects and serves about two thousand students over the two hundred acres of campus twenty-four hours a day and seven days a week.

Reverend Bob Carlson officially introduced the new Director of Safety and Security, Bob Kilpeck. Kilpeck comes to Husson College with a vast knowledge of criminal justice and over two decades of experience in a variety of areas in criminal justice, from State Police officer to second in command of a narcotics unit.

Promoted at the ceremony was Sergeant Barry Kitchen's to Lieutenant. Kitchen is also the Deputy Director of Safety and Security here at Husson. He has a bachelor's degree in both business and criminal justice, is currently completing his master's degree in both, and has been a member of Husson Safety and Security Department since February of 2002.

Also promoted was Officer Matt Parkhurst to Sergeant. Parkhurst has been a member of Husson Safety and Security Department since July of 2002. He is currently pursuing his bachelor's degree in criminal justice.

Bud Perkins was also recognized at the ceremony. Perkins was promoted to full time officer with the rank of corporal. Perkins has a bachelor's degree in criminal justice and is pursuing his master's degree.



It's Official New Director of Safety and Security, Bob Kilpeck, congratulates Sergeant Barry Kitchen on his promotion to Lieutenant.



Striking a Pose Three out of the four members of The Late Night Players act out a scene during their performance here on campus.

Late Night Players

Bringing Their Boston Act to Husson College Yet Again

By Sarah Denbow

The Boston sketch comedy called The Late Night Players, performed Thursday, September 28th at 10:00 pm. The group consisted of four very different and unique members: Zach, Andrew, Seth and Aaron. They have all been working together since 2000 after they graduated from Brandeis School in Boston. They have performed at many different clubs and schools, with this event being their fourth appearance at Husson College. Their sketches had great diversity, each completely different from the next. Everyone had a hard time keeping themselves from crying from laughter after watching them make fun of Husson, playing different phone companies, acting out a séance, doing animal renditions, showing slides of Seth's butt and of course everyone's favorite, the Dance Off that completed the show.

Everyone was excited to see the member's display their dance moves and to see Seth do "the worm". The show seemed to fly by because no one could stop laughing and everyone was having a good time. The show lasted a little over an hour.

After the show concluded, the members began to pack up their stuff while the audience exited, still in tears. I decided to ask Zach a few questions about what he thought of his group, The Late Night Players. He stated that he is pleased with the way the group has grown since their first performance.

I also spoke to someone from the audience, Tiffany Twitchell. She enjoyed the show and said that it was just what she needed to cheer her up.

Overall, the event was a big success considering the size of the audience, which filled up most of the seats in the Kominsky Auditorium. Hopefully The Late Night Players will come back for their 5th year in a row and present us with more funny and original sketches. Of course everyone is looking forward to seeing Seth do " the worm" one more time.

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White Water Rafting: A Thrill and Adventure

By Sarah Martin

When I was offered the chance to go white water rafting this summer for $25.00, I immediately jumped on the opportunity. Why? Not only was it cheaper than normal, but I was also going to go on an adventure with some of my closest friends on campus. I did not know at the time what I would encounter for the money I paid. I figured it would be a day full of rafting, cold water, and the possibility of great food. But it turned out to be a lot more than that; it turned out to be one of the greatest experiences of my life.

Ten Husson students woke up Saturday, September 30, at about 6:00am to go on the two hour drive to The Forks, Maine. Many of us were tired, many of us were nervous, but I know for a fact that we were all excited for the day and what it would bring us. We arrived at The Forks, only to discover our first task of the day: squeezing our bodies into very tight wet suits. Many people had a tough time as these suits did not exactly scream comfort while we were putting them on.

When all of our suits, jackets, helmets, and life jackets were on we all piled into the back of a truck or in a van to drive up to mountain to start at the very beginning of the Kennebec River. Through the program Lifelines, a Christian organization out of the

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My Personal Journey with Breast Cancer at the Age of 31

By Cristin Sullivan Warstler, Ph.D.

Three years ago this month, my life changed dramatically. I was diagnosed with an aggressive case of breast cancer at the young age of 31. While many of my friends were working on building their families, advancing their careers, or planning their ten year college reunion, I focused upon how to tell my parents that I have breast cancer.



Cristin Sullivan Warstler, Ph.D.

I thought about how my husband of two years might be able to handle such a surprise so early within our marriage. I questioned whether or not I would survive and if I did survive, would we be able to have children. No matter what thoughts I found bouncing into my mind, I kept coming back to the hope that I would survive and beat all of the odds. My husband and I are fighters and we were not going to let this disease get the best of us.

As you might imagine, I was in a total state of shock when I heard the official news of my diagnosis, as was my entire family. After all, I was "too young". I was in good health. No one in my family had ever been diagnosed with breast cancer.

I was lucky in that I found my own lump during a breast self-exam, although I am the first to admit that I did not perform them as often as was recommended. During a routine shower, I performed a breast self-exam and I felt a new lump within my right breast. As soon as my fingers moved across the lump, I experienced a strange sensation inside of me, having a strange sense that something was wrong. Next, I ran over to the mirror to look at my side profile (as recommended during a breast self exam) and noticed the puckering of a lump protruding out from my normal silhouette. I made an appointment with my physician on the next day. She ordered a mammogram and a consultation with a breast surgeon. Within one week I underwent a series of procedures including a mammogram and core needle biopsy. At the end of the week, I received a phone call from my surgeon confirming that the biopsy came back positive for aggressive breast cancer cells.

I immediately put together an action plan, with the assistance of my medical team and family. I decided to proceed with a modified radical mastectomy (no reconstruction), dose dense chemotherapy, and radiation. I found pleasure in accepting the support provided by our incredible network of family, friends, and co-workers. While I felt ungrateful for the breast cancer, there were still so many times that I felt that I was the luckiest gal on this earth.

I completed my treatments in May of 2004. There was no evidence of cancer at that time, although I knew that the chance for a reoccurrence was possible, especially given the aggressive nature of my cancer.

It did not take me long to bounce back into the routine of life, managing the balance of work, play, and home projects. I also added an additional component to my life. I began volunteering as an Education Co-Chair on the Board of Directors for the Susan G. Komen Breast Cancer Foundation Maine Affiliate.

Our lives came to another sudden halt in April of 2006. My cancer came back with a vengeance. The primary area of involvement included the liver, although evidence of cancer was also found within my lungs and spine. I quickly began to experience sharp pain and abdominal distension from my liver. To make matters worse, I also had a blood infection. My health took a huge turn for the worse and I was admitted into Eastern Maine Medical Center for a one-month duration. Apparently, my health was deteriorating so dramatically that there was a time when many individuals did not feel that I was going to make it out of the hospital alive. I had even gone through the process of dictating and writing my goodbye notes to my loved ones. Despite all of the grave news, I kept focusing on words of the support and encouragement. It just was not my time to die. Since then, I have worked on maintaining my strength and good health by exercising, eating right, and enjoying life to it's fullest with my husband, our cat, and our new puppy. I am now six months out from my relapse and feeling good.

You must recognize that you are at risk for breast cancer no matter what your age and/or your gender. Become an advocate for your own health.

For more info on how to perform a proper breast self exam, go to www.komen.org

Living as the Odd Couple

Advice from the Counseling Center Regarding Roommate Issues

By Rene Collins

Do you suppose there is a way for roommates, who are at odds with each other, to reconcile their differences and coexist in peace? On all college campuses, roommate conflict is pervasive. Learning how to cope with this conflict is not only desirable, but also necessary to maintain a peaceful coexistence.

There's nothing like waking up in the middle of the night to the sounds of your college roommate having sex in the bunk above you. What about the roommate who secretly borrows your things? Then there's the neat freak who alphabetizes canned goods or the person who won't talk, but sends you instant messages from his or her computer four feet away. These can be the roommates from hell!

The following five tips will help you and your roommate(s) survive, and maybe thrive in college:

First, TALK to each other! No one can read your mind. Acknowledge the issue by bringing it up in a non-defensive manner. Maybe your roommate doesn't know there is a problem.

Second, focus on your roommate's behavior, not personality. Keep the conversation focused on negotiation, and don't resort to name-calling. Negotiate what is acceptable to both of you with the awareness that you can't change someone's personality, but you can make life more tolerable.

Third, stay flexible. You are not perfect either! What are you willing to do or change to help the situation?

Fourth, start with one issue. How will you chose just one? Sit down and make a list of all the things that are on your last nerve, and then pick the "deal breaker" to discuss with your roommate

Fifth, consider the positive aspects of your roommate and begin celebrating. A person's strength can make up for a limitation.

As you consider these five tips, remember that being clear about what you are asking is critical. Clarify what you think you heard the other person say. TALK to your roommate. Those of us who detest conflict will resort to email or IM. This is a dangerous form of communication when coping with conflict because it eliminates non-verbal cues. A happy or sad icon does not substitute for a real smile or frown.

It may be necessary for you to create and sign a contract that you keep visible. You will also need to consider what the consequences are for breaking the contract.

Conflict is healthy, and conflict resolution is a skill that will follow you the rest of your life. People are different and differences can provoke conflict. Don't be thrown for a loop by conflict. Use this as an opportunity to be creative and problem solve. If you want to discuss roommate issues, call Rene (7981) or Jayne (7184) in the Student Counseling office.

A Blend:

Art and Science

By Mary Tedesco-Schneck

It is often said nursing is both an art and a science. A collaborative project between NESCom students and nursing students enrolled in the pediatric nursing course (NU 414) at Husson College has put this cliché into action!

Each semester pediatric nursing students shed their stethoscopes for scripts, Teleprompters, and the glitz of "lights, camera, action!"

Nursing students develop a script for parents and children on a specific pediatric topic and NESCom students reel into motion filming the nursing students as well as action shots reflective of the content. DVDs have been produced on infant colic, dental caries, and nutrition and exercise to name just a few. These professional DVDs are utilized for patient education in the Capehart Health Center and soon will be used by nurses on Grant 8 (Pediatrics) at EMMC per their request.

The Oscar for this collaborative work goes to the students, Rodney Verrill and Gary Kasparek (NESCom), and Mary Tedesco-Schneck (Department of Undergraduate Nursing)!

A Quick Note:

The Nurse's Office?

By Heather Parker

The Husson Student Health Service is a small clinic located in Room 101 on the first floor of Carlisle Hall (across from the R.D.'s office).

We are open Monday thru Friday from 10am to 4pm, but are closed when classes are not in session.

We have a registered nurse (R.N.) available at those times. Our family nurse practitioner, Kathrin Hastey M.S.N., FNP-C, works on Monday and Fridays from 10am to 1pm.

To get a hold of us by telephone, our number is (207) 941-7625.

If you have immunizations to send us you can fax them to us at (207) 941-7866. You can also email myself at parkerh@husson.edu with any concerns or questions, or just drop by for information, referrals, health care, or support.

Kappa Delta Phi – All About Respect

By Sarah Martin

For years, since 1931, Husson College has had a respectful Greek Community on campus. As many of you know, there are more sororities on campus than there are fraternities. That is about to change. Kappa Delta Phi Fraternity is looking to re-colonize on campus this fall semester in hopes that the young men will see what it is truly like to have a brotherhood bond. Getting involved in Greek life has its benefits, not only now when you are a student, but also throughout the rest of life.

Kappa Delta Phi was founded in 1900 at Bridgewater State College in Massachusetts. Fourteen founding members started the first chapter of Kappa, which is the alpha chapter. In 1952, the eleventh chapter, Lambda chapter, was started at Husson College. In 1971, the brothers started up the sorority we know on campus today as Kappa Lambda, national known as Kappa Delta Phi National Affiliated Sorority. Husson College had the honor of having the first Kappa Delta Phi National Affiliated Sorority; the sorority's roots started right here on campus.

The Kappa Fraternity is not an "Animal House". Kappa believes in having students who have strong academics, character, and philanthropy throughout the community. They are a unified group that works together to create a better environment for the college and the Bangor area. Kappa Delta Phi want to bring to the campus a group of young men who can develop their character, build leadership skills, build bonds with each other, and create a work ethic like no other.

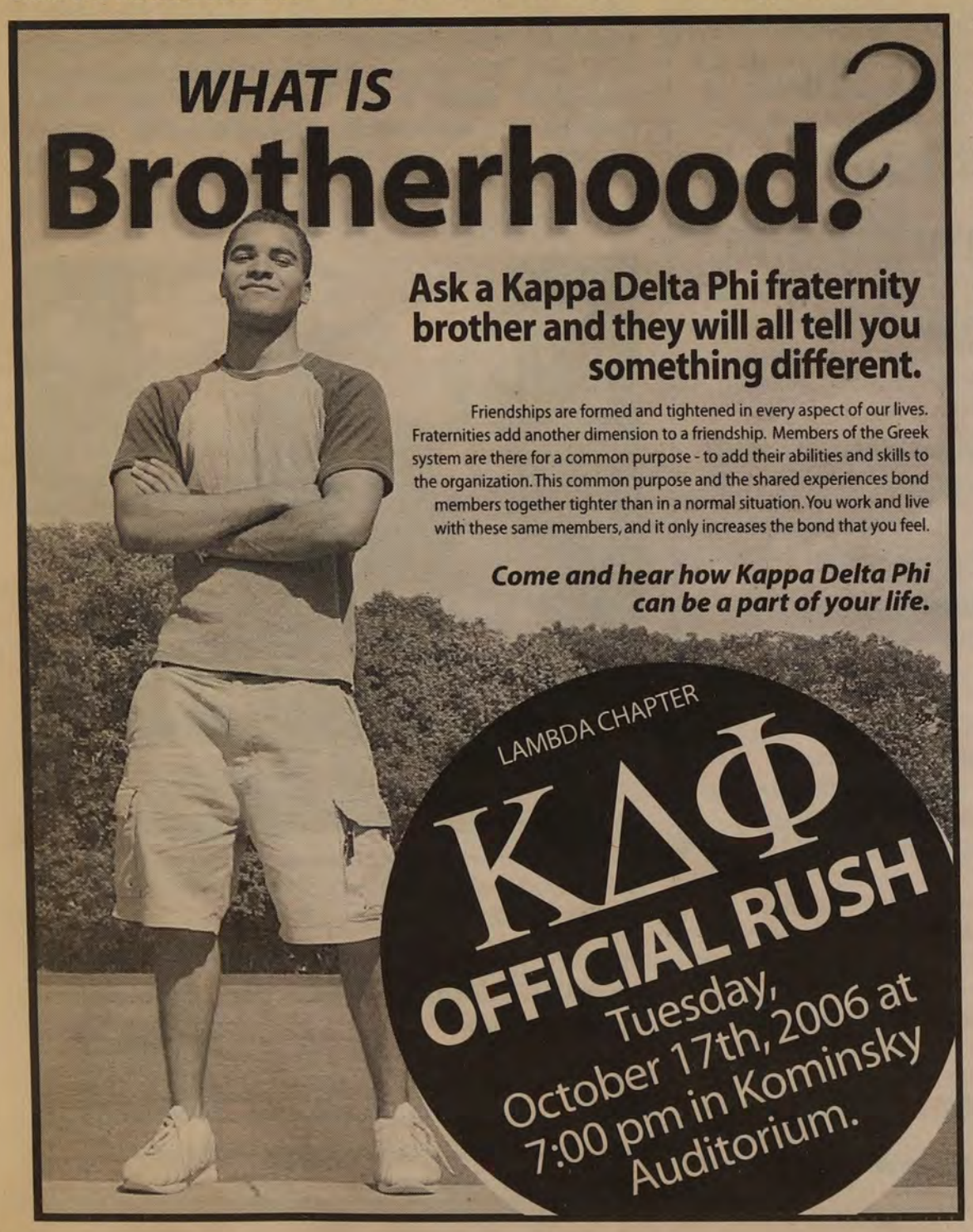
Bonds between Kappa members continue off campus, spreading to other campuses nationwide. Kappa Delta Phi is a national organization and has six chapters in Maine and has chapters in other states all the way down to Pennsylvania. Kappa students are involved in national conventions - meeting other members from other schools. Also Kappa Delta Phi has a scholarship foundation. As college kids we know one thing about money: when free money comes our way, we cannot hesitate to take the opportunity. Kappa has a foundation for scholarships available for its students.

"Becoming part of a fraternity brings a lifetime of membership that holds deep and long term bonds," states Sid Snow, president of the alumni association. "I can call a Kappa brother or sister at anytime and I know they'll help me out with anything that I may need."

Lots of jobs look at leadership opportunities, such as being a Kappa member, as a positive because it shows a great work ethic. According to Snow companies look at Greeks as strong assets. Out of 50 of the largest corporations in the country, men who were in a fraternity in college lead 43 of them. A great benefit of being a Kappa brother or sister is the connection. "Once a Kappa man, always a Kappa man."

"Fraternal life is special because of lifetime friendships and a special bond of brotherhood that makes you family for life."

For more info go to: www.kappatalk.com



"So Far, So Good; So What?"

By Reverend Bob

The Rev. Dr. Peter Gomes, who is the Pastor of Memorial Chapel at Harvard University, used this very title for a section in his book "Strength for the Journey" and it is so appropriate for us. We have completed the first month of this new and exciting academic year. We are bursting at the seams with record enrollment at both Husson and NESCom. Bangor Theological Seminary has moved into Peabody Hall and is a part of our community. We have a new food court and think about it "Starbucks" coffee and Panini sandwiches right here on campus. Wow!

We have a new Chief Academic Officer in the person of Dr. Rick Stevens and a new Dean of the School of Science and Humanities in the person of Dr. Frank Hubbard. We also have two newly created positions that compliment each other and add to the vitality of the college. They are Sharon Wilson-Barker as Director of Academic Services and Pamela Kropp-Anderson as the Director of Student Development. We also welcome the new Resident Director Michelle Bersaw to the residential life department.

So, as you can see there is much change in our midst. And it appears that things are moving along smoothly, although sometimes at a frenetic pace. One might state then the title of this section in Dr. Gomes' book...so far, so good; so what?

Well I hope that you can see that in this time we have spent together that we have renewed old relationships and made new relationships as we learn and grow together. Husson, NESCom, BTS and you are changing. Let us remember that the "so what" becomes the beacon by which we light our way into the future. The source of that light is our spiritual energy, guide or in my case the God who gives meaning to life. Let us press on to a bright future.

New Tower Helps NESCom Students

By Len Harlow

Students taking radio courses at the New England School of Communications are now being heard more clearly and distinctly—and it has nothing to do with annunciation. It does have to do with the fact that the school on the Husson College campus has erected a 150-foot tower behind the Wildey Communications Center with a current power output of 1000 watts as compared to the old output of 140 watts.

The new tower became necessary when the construction of a new student union area at Husson's Peabody Hall caused the demise of the former tower, a 1974 era antenna dubbed "Old Rusty", and put into motion the construction of the new structure which was completed in August and put NESCom's student station, WHSN, back on the air the first week in September.

According to Mark Nason, the station manager and program director, the new tower, which is 10 meters higher than the previous one, will give the station a greater radius than the 30 miles it previously covered. Approximately 70 students are involved in the operation of the station, either on air or behind the scenes, as part of the hands on instruction provided by the school.

In addition to the new tower, a well-equipped transmission hut has been donated to the school by Unicel, which will also use the tower and pay a rental fee to NESCom. A new transmitter is scheduled to arrive in November and when installed will boost the station's output to 3000 watts. Currently the school is using a loaned transmitter from the firm that will supply the new apparatus.

Constructed by Tower Services Corp. of Bangor, the new tower enables radio students to work with a much better sound quality. "The recent reconstructions of the television and audio departments here has raised the bar for the working radio station and this tower enables us to keep pace", says Nason. Total cost for the project, including site preparation, is approximately $50,000.

Listen for details on upcoming WHSN 89.3 FM events including an in-studio visit from Evans Blue, a remote from Guster's stop at the MCA in November and great giveaways every weekday morning from 6 to 9 on WHSN's morning show "The Unbalanced Breakfast Club".

Rafting

(continued from front page)

University of Maine at Orono, we divided into two groups and learned to work together as a team. One activity that comes to my mind is from my raft (group two: Team Ram-Rod) had to work together to walk around the outside of the raft. This may not sound like a challenge: but take six people, blindfold three of them, and walk around an unsteady raft while cruising down the river. It was a challenge, but we learned that nothing could be impossible; it was a team building activity for sure.

It would be a fib if I stated that the river was not cold that day. Thank goodness for our suits we were required to wear. I sat in the front of my raft because of the thrill, but what I did not anticipate was getting so soaked within the first ten minutes of the trip. By the time we were about three miles in, I was adapted to the water, but wished it were a little warmer that day.

Our guide challenged us to go through some of the hardest rapids, even a Type 5 (the hardest kind), and working together to paddle was a challenge. She also challenged us to try and paddle standing up while rafting down the Kennebec.

Swimming was another experience that I will never forget. It is when you are out of the raft and just go through the rapids. It is a lot of fun! We were asked to just lay flat and go through the rapids, it was such a thrill!

At the end of the day after being cold and wet with no lunch until 3:00pm, I realized that all of this was worth it. I had learned to trust others more than I did before. I feel like I have developed a closer bond with those that went on the trip. Warm and dry sweatpants had never felt so great, lunch never tasted so wonderful, the thrill was still running through me, and I was so anxious to go again in the near future.

Basically what I am trying to say is this: If you ever get the chance to go white water rafting for basically little or no money, take that opportunity. I think in life we should take opportunities that we wouldn't usually take on a regular basis. If you ever have an opportunity to do anything that makes you a little curious, do it. It may be one of the best experiences of your life. Life is short (as we discussed on the trip), you only live once, so live it up!



On the River Husson students enjoying their white water rafting trip on the Kennebec River.

Husson Ground Breaking

By Sarah Denbow

Each year it seems that Husson College continues to grow. This year Husson welcomes its newest addition, The Furman Student Center. Husson College broke ground on this new student center, on September 27th 2006, at 1:00pm.

It will be 4,400 square feet and a direct extension of the Marketplace, which was completed this summer. Contractors expect the center to be completed by January 2007. The engineers of the new student center are The WBRC Architects & Engineers in close co-operation with Nickerson & O'Day, Construction Managers. They are the third largest most experienced architectural engineering firms in Maine. Husson College is very please that these engineers are involved in the construction of the center.

Their firm consists of six Studios, specializing in Business & Institutional, Education, Interior Design, Land Use, Renovations & Facilities Management, and Florida. Everything that WBRC has produced results in great satisfaction, including the Robert D. O'Donnell Commons. The Commons took only 12 months of construction before it was ready for its grand opening. WBRC opened its doors in 1902, and will continue to have a close relationship with Husson College, building structures that are rewarding to the Husson community.

Everyone feels as though Husson College doesn't have any inviting areas for students to feel at home. The goal and purpose of The Furman Student Center is to create a space so students, resident or commuter have somewhere that is inviting for everyone to come and associate with one another.

President William Beardsley can happily see his idea of a place "just for Husson students" complete in just a few short months. John Rubino, Dean of Husson College says, "We wanted something different than any other place at Husson, and this design promises to give us just that a Husson student's hang-out we desperately need."

The Furman Student Center will give comfortable hours to any student who wishes to hang out in the morning or evening hours. The Center will include a place for open mike nights, coffeehouse concerts, student dances. It will also have an air-hockey, ping-pong, and pool tables, providing a place for students to sit and relax.

Everyone is looking forward to the completion of The Furman Student Center because they know it will be a very necessary and inviting addition to the Husson campus.



Constantly Growing (name), Husson alumni, speaks of the new Furman Student Center at the official ground breaking ceremony that took place on September 27th.



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Alpha Phi Omega

By Agnes Neill

The school year has just begun, but Alpha Phi Omega (APO) has already started planning for events and fellowships.

Back on the 25th of September some members of APO went around to the dorms here on campus to collect food for Mana who was in a food shortage earlier this year.

Next, on the 27th of September APO drove to one of the Y's summer camps to help move docks out of the water and into storage.

Finally for community service, the group has decided to take part in "Pumpkins in the Park" on October 28th.

APO members will also be going on their first Fellowship activity to Dysart's on October 11th. Also, Alpha Phi Omega has been continuously working on becoming a chapter here on campus for the last two years.

All of the groups hard work will be paid off on October 21st when APO members of Husson go to Farmington to have our Induction Ceremony to become an Official Chapter!

College Circle Performers

By Agnes Neill

The College Circle Performers (CCP) has already dived into acting action this year and will be performing *Murder Me Always* by Lee Mueller. The CCP began their year with playing fun drama games to loosen everyone up and become much better acquainted. After the silliness of drama ended, it was time to get down to business and figure out a play to perform for this semester. After picking out a few possibilities, the CCP came up with *Murder Me Always*.

Murder Me Always is a full-length dinner mystery play where the director of the 'fake play' gets shot, and now the crime needs to be solved of who killed the director. The detectives have an interesting cast to choose from- could it be Fritz Fontaine, an actor who thinks he's better than everyone else? Henry, an actor who is constantly forgetting his lines in the 'fake' play and tends to always be "buzzed"? Muffy, a spoiled actress who is ditzy and overacts? Or maybe it's Drew Graham, an actor who came into the acting position in hopes to meet girls and always is spaced out. One thing's for sure: this murder mystery will keep you guessing until the very end.

Come join us December 8th, 9th and 10th (7pm on the 8th and 9th and 2pm on the 10th) for this performance.

Upcoming Events On Campus

October 18th -
Movie Night
in Kominsky at 8pm

October 20th -
Comedian Robbie Printz
in Kominsky at 10pm

October 21 & 22 -
Homecoming Events

October 24 -
Coffee House with Adam Dat
in Campus Center 11am-1pm

October 25th -
Movie Night
in Kominsky at 8pm

October 26th -
Casino Night 10pm - 12am

October 27th -
ETE Halloween Dance
in the Campus Center 11pm-2am

November 2nd
John Rush
in the Campus Center 11am - 1pm

November 10th
Comedy Night with Tuck Tucker
in Kominsky at 10pm

A New Face On Campus:

Michelle Bersaw, Residential Director of Bell Hall

By Agnes Neill

Michelle Bersaw is a new member to the Husson College Residential Life Staff as Bell's Resident Director. Michelle is always walking around campus and getting to know the students. I decided to sit down with Michelle and find out some more about the new residential director. Here is what I found out from my interview:

1. Where are you from?

I'm originally from New Hampshire in the central part of the state.

2. What brought you to Maine?

Location was a big thing. I like New England. The job description was a perfect compliment for me. The size of the college as well was important- it's not too big so you don't loose contact with the students, but it's not too small where you don't have a good variety of students.

3. What are you getting your degree in?

Masters in Science and Organizational Management in Leadership.

4. What do you want to accomplish with your degree?

I'd like to continue having a job in higher education eventually moving up to Director of Residential Life or Director of Student Development. Those types of positions to move up- the same base as the student affairs side, versus to the student academics side.

5. Is there anything you want to get involved in on campus?

I'd like to work with Student Government- I have a background in undergraduate with Student Government so I think I would like to work with them and keep that experience going.

6. What is the part you enjoy the most about your job?

I like the one-on-one interaction with students and developing a community within the campus. My philosophy is that a lot of learning happens outside of the classroom and just being a part of that, seeing people grow.

7. What is the hardest part of your job?

Meeting with the judicial, especially when the student is at that level where they've had two strikes and their on their third and they're on their way out. Dealing with those students you try to help them but it just didn't work out.

8. What do you like to do in your spare time?

If I am around campus, just getting out in the area. In the winter I like to down hill ski and in the summer I like to be out in nature walking and reading books. Back home my free time is spent in the barn with the cows, that's one of my big loves.

9. What music do you listen to?

Country, but sometimes a little bit of everything.My favorite artist is Craig Morgan.

10. What do you enjoy the most about Husson?

I like the dedicated students, I work closely with the RA (resident assistant) staff, I think that the dedication I see from them goes throughout the whole student body- students being here for the right reasons and the students are enjoyable to work with.

11. What are some life goals you would like to achieve?

Career wise, I'd like to move up to Director position and I'd also like to get another master's in student affairs and UMO (University of Maine, Orono) offers that and I am working towards that.

Personally, I want to make sure I continue my growth and don't get stuck in a rut. I think that personal growth is an on-going process. Eventually I'd like to own a brown Swiss cow, hopefully within the next couple years- I like the breed, they're very cute and they have a lot of show quality.

12. Do you have someone you look up to?

As far as career related I have definitely had some mentors along the way, Rita Goyeet being one of them, was my advisor on the Student Government Board and then working through Erin Brooks, she was my supervisor, she taught me the ropes in student activities in contracts. Outside of the career though, I definitely admire my parents and look up to them and the role they set for my brother and I.

13. What is one thing you'd like students to know about you?

I think I'd like the students to know that I'm very approachable and here to help regardless of whether it's in their building or academic, problems at home. I am willing to help on any level and I think that's important- especially in the position of a residential director. A residential director should be approachable. I'm down to earth and understand what most of them [students] are going through and I am willing to share experiences with them and help them on their journey.

14. What is one thing you think students may misunderstand about Resident Directors (RDs)?

I think a lot of students misunderstand the role that we're really here for, a lot of students just see it on the judicial basis and that we're here as the bad guy, when I think in most cases for RDs, the reason we're here is to create that community I've been talking about and helping along with their journey, and helping with student body and ministration and playing those roles, not necessarily the bad guys we have to be sometimes.

The judicial section is part of the job, but not probably their [residential directors] favorite part of the job and probably not what they want to focus on.

15. What exactly does a RD do?

It goes from doing one on one with RA staff and making sure that they get what they need and that they are able to do their job correctly bonding with them and get them going all together as a team. Also being in the halls doing programming and bring student concerns from the residents halls to administration.

And then as far as each RD here, we all have a side job- like I am in student activities, TJ is maintenance with requests facilities, and Becky is a lot about the community service and learning and that kind of thing, so we all have our different hats that we play. To me I think it keeps us more involved.

There's so much more that we do than just doing the judicial and keeping my staff going and building that community and making a safe environment for everybody. Keeping paper work straight and billing and getting damages from the building and the paper work we have here down to Fran's office and things like that.



Lining Up Husson offensive line sets up against the Springfield defense. Despite their tremendous effort, the Eagles lost to the Pride 16 to 43.

Despite Loss Eagles Get Passing Grade

By Rob Poindexter

If the Husson Eagles (3-2) were wondering just how good they were after a 3-2 start they had just the team in town to use as a measuring stick on Saturday as they hosted the undefeated Springfield College Pride (5-0). Trying to slow down Springfield's deceptive, and highly prolific rushing attack presented a truly daunting task for Husson, as they looked to equal their win total from last season at four.

After Husson's ball hawking defense forced a fumble on Springfield's first possession of the game, the Eagles drove deep in to Pride territory. David Chase made the first mistake for Husson as he was picked off in the end zone by Springfield defensive back Joe Harasymiak who returned it almost to midfield. Springfield wasted little time as junior tailback Derron Walker scored on a 24-yard touchdown run to put Springfield on top early 7-0.

Springfield would add a field goal to make it 10-0, but Husson showed the resiliency they've shown all year to get them right back in to the game. After a 33 yard field goal by the Eagle's Darren Gauthier cut the lead to 10-3, Springfield looked poised to add another touchdown as they set up shop 1st and goal at the Husson ten yard line with under two minutes to play in the first half. This time it was Brian Biggers who stepped up and made the big play, intercepting Springfield quarterback Chris Sharpe and returning it 74 yards and all of a sudden it was Husson who was looking for the score just before halftime. Capitalizing on the opportunity Husson quarterback David Chase found Jeremy Shorey, who used not only his height advantage, but also his soft hands to make a spectacular one handed catch in the corner of the end zone. Husson missed the extra point, but through one half of football Husson proved they could play with the elite teams on their schedule this season as they trailed only 10-9 at halftime.

Springfield scored early in the third quarter, as it once again looked as though the Pride would finally put Husson away. Apparently the Eagles defense didn't get the memo, as Ramael Barton forced a fumble and Husson took over at the Springfield 30 yard line. The Eagles faced a 4th down and five but again it was Jeremy Shorey flashing open over the middle and Chase found him for a 20-yard completion to keep the drive alive. Bryan Ferguson's four-yard touchdown run capped the drive as Husson found themselves in position to pull the upset, only trailing 23-16.

Husson would get no closer as Springfield would go on to score 17 unanswered points to win the game 43-16, led by sophomore fullback Andrew Jackson who had three rushing touchdowns. Although the score didn't show it, Husson put in a great effort and showed why there is so much excitement about the direction of the Husson Eagle football program, who with two more wins will have their first winning season since the program returned in 2002.

Enough is enough!

By Rob Poindexter

Note: This is an opinionated article. Some statements and comments in the article may be constructed from the opinion and views of the author and are not necessarily fact.

As I unfolded the sports section of the Boston Sunday Herald this morning a strange feeling of sickness crept over me. You see this is usually the part of my week where I am at peace, albeit for only an hour or so. The Sunday morning sports section is my sanctuary. So why did I feel this sudden desire to lose my breakfast? After perusing only two headlines I found the second contained yet more allegations of illegal performance enhancing drugs.

This time it seems the redacted names in the Jason Grimsley case had finally come to light. We were now going to be able to put names to the faces of those players that Grimsley was peddling HGH (Human Growth Hormone) to.

This week's winners in the Major League Baseball cheat off are (drum roll please) Roger Clemens, Andy Petite, Miguel Tejada, and Brian Roberts. Naturally all four of these players issued their own version of denial, but Petite seemed to be the only one who actually denied ever using performance enhancing drugs. Roger Clemens said he never *tested positive* for performance enhancers.

The problem is Major League Baseball doesn't test for HGH, so in a way that's like being picked up for drunk driving, refusing the breathalyzer, and saying, "I never tested positive." These athletes are just the latest athletes in this house of cards to be accused of this and staunchly deny the charges.

How can we, as fans be asked to continue being objective? What's that old adage, "fool me once…"

Floyd Land is, the "Cinderella story," who came out of nowhere to win the Tour de France had alarmingly high testosterone levels in his blood test after winning the prestigious bike race. Thus meaning, unless he's a former champion racehorse being put out to stud, and I don't think he is, he is another of these "alleged" athletes/cheaters. He is now one step away from having his crown ripped off his head, and being banished for the rest of his days in seclusion with Mark McGwire, Sammy Sosa, and Rafael Palmeiro on Exile Island or wherever retired cheaters go to die.

No sooner had I tried to wipe the look of disgust from my face and turn the page, when I saw another story, this telling the tale of reigning Olympic and 100 meter champion Justin Gatlin testing positive for "high testosterone and it's precursors." (Precursors are anabolic steroids). He now faces a lifetime ban from the sport.

Professional and amateur sports have been on the fast track to doom for quite some time now, this is no secret, but I can no longer sit idly by and watch sports as we know it get shot straight to hell one syringe at a time. Where have all the heroes gone? Was it that long ago we all watched in awe as Kirk Gibson limped around the bases after doing the impossible, smacking a walk off home run off the unhittable Dennis Eckersley, when he could hardly walk, to propel the underdog Dodgers to the 1988 World Championship? Now let's fast forward eighteen years and imagine if Gibson hit that home run in the 2006 World Series. I would want Commissioner Bud Selig at home plate to greet him, not

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"Performance Enhancer Use"

THE SOARING EAGLES

Husson Men's Soccer Team Making A Name for Themselves

By Billy Shannon

The Husson Men's Soccer team is off to a tremendous start in their 2006 season. After this weekend's games the men's team is 11-3-2 overall with a 6-2 conference record. Although only five games remain in the regular season, three are at home, and two of which are this coming Saturday and Sunday. The last of the regular season is the homecoming game vs. Lesley College on the 21st.

Senior captain Oscar Ody of Novo Hamburgo, Brazil talks about this season, "Before the season our team goals were to finish in the top 4 in the conference and to grow as a program." Ody is extremely pleased with how the team has been performing and if they continue to play the way they have been playing, they will finish better than any other year Ody has played. He is proud that he is able to say that about his senior season.

This past weekend's

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"Soaring Eagles"



Taking Charge Husson Eagle #19 Joshua Bartlett gets ready to play the ball during Husson's match against Johnson State College earlier this season.

Getting the Inside Scoop:
Coach Gabby Price

By Aaron Larsen

The president of Husson College, President Beardsley, set out to develop a football program for the school in 2001. He found who he was looking for when he hired Coach Gabby Price in that same year. Since his time with Husson College, Gabby Price hasn't had a winning season over .500, but in 2004, the Husson Eagles went 2-7 and in 2005, the team went 4-5, and is continuing to improve.



Coach Gabby Price
Photo courtesy of: www.husson.edu

This year Coach Price and the Eagles are on the verge of having their first season as a .500 football team. They are currently 4-3, and have lost two of their last three games. The team has shown significant improvement this season, and has their best chance to finish a season as a .500 team or better. The Eagles are even over .500 right now.

"We should be over .500," says Coach Price. "You just can't say enough about the players, the coaches…I have a lot of respect for them."

Gabby Price has spent his entire life in the Bangor community. He spent 12 years teaching and would retire in 1985. His coaching career began in 1973 after graduating from the University of Maine. He was an assistant coach for Bangor High School, and the team won two state championships in 1973 and 1975. In 1976, Coach Price was named the head coach. He was the coach at Bangor High two different times, once from 1976-1984 and then again from 1992-2000. During his 18 years with Bangor, his record was 129-52. His team made the playoffs every year except for 1976, 1977, and 1992. Coach Price led Bangor High School to six state championships.

When asked about his success over the years, and his philosophy on coaching, Price says, "Historically, football's a game that you take week by week. In baseball, you win 6 out of 10, and that's good – that's 60%. In football, you have week long preparation for each game. It's a shorter season." Maybe this year will be the year that Coach Price's philosophy on football earns the Eagles their first playoff appearance.

Performance Enhancer Use (continued from page 6)

with congratulations, but with a cup for urine and a needle to take a blood sample because I want to know pronto if what I just witnessed was legit! Is that where we're headed?

That, to me, is the real issue here. What these so called "athletes" are doing is stealing the credibility of the games we grew up loving. They're ripping the heart and soul out of all forms of professional and amateur sports. No one will ever be beyond suspicion again because of the simple fact that we just don't know.

We all want to believe Lance Armstrong is clean, and all the rumors and speculation of blood doping is just the jealous French media on a witch-hunt, but the fact of the matter is you just never know. When Albert Pujols began the season on fire and he was hitting home runs which had him on pace to eclipse cheater extraordinaire Barry Bonds, how long did it take for the question to pop up in your head; "I wonder if he's taking anything?" Be honest, you all thought that. How many die hard Red Sox fans think quietly to themselves every time David Ortiz hits a walk off home run, is he really the greatest clutch hitter ever, or is there a secret to his success.

So when someone like Jason Grimsley gets caught dealing human growth hormone like Pablo Escobar all around baseball, it spotlighted the fact that baseball's testing policy, while tougher, is nowhere near stringent enough to make a difference. The fact they can't even test for HGH just casts a bigger cloud around every accomplishment and shows us, as fans, that the inmates still run the asylum. I feel a little uneasy that Major League Baseball basically has the players bound by the confines of the honor system. That's like giving John Gotti the keys to the hoosegow.

There is a solution. The sports world in general needs to adopt a real zero tolerance policy. These athletes are human, and they have a competitive fire burning in them that is impossible for most of us to comprehend. When human beings are faced with a decision they always weigh the pros and cons and that is how most come to a logical decision.

How long did it take for the question to pop up in your head; "I wonder if he's taking anything?"

Right now the pros of using performance-enhancing drugs far outweigh the cons. We need to change that first and foremost. No more 50 games for the first offense nonsense! If you get caught using these substances you are gone, history, good night; you will never play these sports professionally or compete as an amateur again as long as you live.

Next, there must also be stricter laws on the books, not only for the athletes, but for these sleazy chemists like Victor Conte. Long, mandatory prison sentences for both the chemist and the athlete. If you are looking at not only public shame, and the loss of your career, but 15 years in San Quentin and you still want to roll the dice, good luck to you.

We must remember not too long ago this game belonged to us, the fans! These classic moments like Gibson's home run are ours, some day to share with our kids. Great sports moments are not a privilege. They're a birthright! Sports fans around the country need to listen and take the advice of Howard Beale in "Network"; "I want you to get up right now and go to the window, open it, and stick your head out and yell, I'm mad as hell and I'm not going to take this anymore!"

Until some drastic changes happen to the penalties of those caught cheating, all I can do is say thanks a lot Barry, Mark, Sammy, Giambi, and all the other cheaters. Thanks to guys like them there are no more heroes, no more Cinderella stories, no more improbable achievements to look at without always thinking aloud: "I wonder if he's clean?"

Upcoming Sports Events . . .

October

21st	**11 am**	**Volleyball vs Castleton State***
	12 pm	**Football vs Alfred University***
	1 pm	**Volleyball vs UM Presque Isle***
	1 pm	**Men's Soccer vs Lesley College***
	7 pm	Women's Soccer vs Lesley College
22nd	7:45 am	Golf - NEIGA Tournament (MA)
	1 pm	JV Football vs Bates College
24th	7:45 am	Golf - NEIGA Tournament (MA)
	7 pm	Women's Soccer vs MMA
25th	**7 pm**	**Volleyball vs Thomas College***
28th	10 am	Volleyball vs Elms College
	1 pm	Football vs LaSalle University
	2 pm	Volleyball vs Becker College
29th	1 pm	JV Football vs Colby College

November

3rd	6 pm	Women's Swimming vs Bryant College
4th	1 pm	Football vs Becker College
	6 pm	Women's Swimming vs Salem State
11th	6 pm	Women's Swimming - D III Meet

* *Events with asterisk are home events*

Eagles (continued from page 6)

losses to quality opponents in Mt. Ida College and Lasell College are their first in conference play. However, before this weekend they posted an impressive 1-0 win over Castleton State, the North Atlantic Conference (NAC) preseason pick for #2. As well as a 1-1 tie to a non-conference top ranked team of Colby College in Waterville.

It looks as if the team could end up in 2nd place in the conference standings, putting them in a great spot for the playoffs. This will allow them to be able to host a first and second round game.

"Our team chemistry is better than in years past." - Captain Oscar Ody

Much of the credit and achievements go to the players, but without the leadership of their new coach they may not be where they are. Seth Brown is the newly appointed men's soccer coach, bringing knowledge, professionalism and former college experience to the men's soccer program. This year his player's feel a sense of unity that they believe Coach Brown has instilled in them.

Ody says, "Coach Brown has brought a lot to our program, he's very professional, and he's given us the tools that we need to compete." That is very evident with their excellent performance and record, which puts them near the top of the conference standings.

Coach Brown has spent time with a professional club out of Georgia, the Atlanta Silverbacks, where he also implemented a youth league for kids. Brown brings that professional character to the program here at Husson.

"I feel like we're more of a team this year than in years past," Captain Ody says. "We're dressing alike, and playing more together than before. The freshmen and international students are really working hard to make the team better, and our team chemistry is better than in years past."

The team only has eleven out of twenty-nine players returning from last year, and only three of those being seasoned starters. But this doesn't appear to make a difference. The Eagles are making the most of their scoring opportunities and playing tight defense. It is certain that the men on the Husson Eagles soccer team are striving towards a winning season.

The 2006 Husson Men's Soccer team is a pleasure to watch and they are really making a name for themselves. Be sure to drop by the field to cheer our boys on this weekend when they play their homecoming game on Saturday @ 1:00 on Boucher Field.

The Lemonheads
Releasing a New Album and Sticking Around

By Katie Leighton

If you look at the evolution of any genre of music over the last ten to fifteen years it's sort of like looking back at a scrapbook of your yesteryears. In the 80's when MC Hammer was rocking his pants so was most of America's youth. When Britney Spears came on to the scene showing off her midriff like it was going out of style you couldn't walk down the street without eyeing a belly button.

This kind of evolution happens on a mass scale but it also happens on an individual level. There is nothing like hearing a band, who has evolved over the years, boom from your speakers like they are fresh on the airwaves.

A perfect example is the Lemonheads. The band started out in the late 80's as a high school endeavor of founders Evan Dando and Ben Deily. Back then the music was an eclectic mix of punk, premature grunge, rock, and even a bit of country.

Since then the band has undergone several lineup changes and just as many musical evolutions. Nowadays the lineup consists of Dando, Karl Alvarez, and Bill Stevenson. The trio's release is the first in about ten years under the Lemonhead name. The self-titled new album released at the end of September is one of the greatest alternative rock albums of the year. This statement is not made with a light heart.

The compositions of the album stay in fine tune with their rock roots. Songs like Poughkeepsie and No Backbone have percussion parts that drive the record and give it a modern alt rock feel. The guitar riffs are solid compliment the rhythm section well. They are not lost in the mix though. There is fantastic guitar work on both Rule of Three and In Passing that won't let you forget you are listening to a bonafied rock record.

The most tantalizing element though is the vocals in combination with the execution of the lyrics. Dando's voice is soft, bassy, and hearty. He sounds like a father of rock lulling his little fans with a soothing bedtime story. However the lyrics create stories that are anything but soothing. They are tales of killing your adulterous wife and her lover, throwing around blame of a failing marriage, convincing yourself you matter to the one you love, and (in light of the emo crazy) hating your dad.

The long awaited album was well worth the wait. This album could rival the albums that made alt rock what it has become today and it can stand right next to what rock has become. If you are an alt rock fan that grew up with Nirvana, Oasis, Collective Soul, and a little piece of you likes a breezy voice that could make John Mayer loving teen girls squeal, then *The Lemonheads* is for you.



Husson's College Democrats Husson club members pose with Governor Baldacci and Howard Dean at a Democrat meeting in Portland, Maine. From left to right: Suzy Perkins, Agnes Niel, Sarah J. Martin, Governor Baldacci, Howard Dean, Josh Longmire, Wes Gapp, and Matt Thibodeau

Elections Are Fast Approaching

By Joshua Longmire

Note: This is an opinionated article. Some statements and comments in the article may be constructed from the opinion and views of the author and are not necessarily fact.

With elections right around the corner, in less than a month, it is time that we start to look at what is going on down both sides of the political aisles. If you are Republican or Democrat the upcoming elections are starting to get really dirty for both parties. The Republicans are being killed by themselves with major ethical dilemmas that are plaguing there attempt to hold onto Congress. Democrats have been plagued with the inability to make any progress in their attempts to take back Congress. Both sides are starting to hurt themselves from within by attempting to criticize their party leaders, the Republican criticizing the President and major democrats criticizing Governor Howard Dean, Democratic National Chairman.

What ever happened to the day when politics were about voting for the individual and not against the other guy? The American Republic is not about voting against someone it is to vote for who will listen to you, as a person.

We are the people, they are the politicians. They should be doing what we want them to do not vise-versa. Whether one is talking about tax cuts or Medicare the American people are the discussion makers not the guys in Washington, they SHOULD vote the way that we want them to. No more of partisan politics, it is time that people actually voted the way that they wanted to partisanship should not affect you at the polls.

To all the politicians, future politicians, and prospective voter: it is time that we stop voting for people that are going to destroy the American Constitution. This is a document that has stood the last two hundred and fifty years, that is through wars, switching of party power, and power hungry American presidents trying to become kings.

No I am not talking about President George W. Bush I am talking about President Franklin Delano Roosevelt who in the 1940's tried to pack the Supreme Court so that the New Deal would be voted as constitutional. The American political parties are such that they should be fighting with each other where they should be trying to embrace one another and understand that there views are not the only ones that are right. About half of America are Republicans the other half is Democrats. Isn't it time that the people in Washington DC think about this when they vote on certain issues. We need more people like Senator Lindsey Graham to be in Washington.

When you on November 7 vote the way that you see fit. Vote for the person not the party. Parties are the problem with our political system. So go and vote and have your opinions be heard.

November 7, 2006:
Be An Educated Voter

Candidates for Governor:

Democrat - Christopher Miller of Gray
Democrat - John Baldacci of Bangor
Republican - Peter Mills of Cornville
Republican - Chandler Woodcock of Farmington
Republican - David Emery of St. George
Green Party - Patricia Lamarche of Yarmouth

Candidates for US Senator:

Democrat - Jean Hay Bright of Dixmont
Democrat - Eric Mehnert of Orono
Republican - Olympia Snowe of Falmouth

Candidates for Representative to Congress:

Democrat - Thomas Allen of Portland
Republican - Darlene Curley of Scarborough
Republican - Laurence D'Amboise of Lisbon
Democrat - Michael Michaud of E. Millinocket

Referendum Questions: November 7, 2006

Question 1:

Citizen Initiative

Do you want to limit increase in state and local government spending to the rate of inflation plus population growth and to require voter approval for all tax and fee increases ? Yes or No

Question 2:

Constitutional Amendment

Do you favor amending the Constitution of Maine to state that a citizens' initiative or people's veto petition must be submitted to local or state officials by the constitutional deadline in order to be certified and, in the case of a citizens' initiative, must be filed with the Secretary of State within 18 months? Yes or No