THE LAMP

1892



1985

The Lamp

1985

EASTERN MAINE MEDICAL CENTER SCHOOL OF NURSING



1892-1985

Our diploma School of Nursing has seen many changes in ninety-three years.

Modern technology used in diagnosis and patient care will continue to challenge the professional nurse to keep abreast of the changes in health services. The knowledge, skill, compassion, and understanding that are utilized by professionals who work in our society today will benefit patients.

Congratulations to this very special Class of 1985.

Irene Shannon, RN, MA
Director Emeritus
EMMC School of Nursing



To the Class of 1985:

Today, nurses assume many different roles in a variety of health care settings; caregiver, counselor, teacher, advocate, researcher, leader, role model, and administrator. May each of you be successful as you combine these roles and make your own unique contribution to our profession and to society.

Congratulations and best wishes to you all!

June Fiske, RN, M.Ed.
Acting Director
EMMC School of Nursing

We, the class of 1985, dedicate this edition of *T* HE *L* AMP to the faculty of Eastern Maine Medical School of Nursing. During the past three years, You have shared your knowledge and experience with us. You have taught us the theory and skills we need to become professional nurses. THANK YOU.



LILA KENNARD



GLORIA JOHNSON





DOT CLARK RN, MED



BARBARA HIGGINS RN, MS



AND STAFF



DONNA AULT RN, BUS



DON BOHUS RN, BSN





TERESA STEELE RN, MSN





We shall do so much in the years to come,
But what have we done today?
We shall give our gold in a princely sum,
But what did we give today?
We shall lift the heart and shall dry the tear,
We shall plant a hope in the place of fear,
We shall speak the words of love and cheer;
But what did we speak today?

We shall be so kind in the afterwhile,
But what have we been today?
We shall bring to each lonely life a smile,
But what have we brought today?
We shall give the truth a far grander birth,
And to steadfast faith a much deeper worth,
We shall feed the hung'ring souls of the earth;
But whom have we fed today?

We shall reap such joys in the by and by,
But what have we sown today?
We shall build us mansions up in the sky,
But what have we built today?
Oh, how sweet it is in fond dreams to bask,
But right here and now we must do our task.
Yes, this is the thing our souls must ask,
"Just what have we done today."

— Nixon Waterman



Class Officers: Front row: Gail Watson, President. Back row: Anne Mathieu, Treasurer; Sue Smith, Secretary; and Kathy VanPeursem, Vice President.



Yearbook Staff: Ansusan Davis, Chairman, History Section; Donna Stanley, co-editor; and Anne Mathieu, co-editor



Trudy Deyone, Resident Supervisor



TINA LOU ACKLEY

In my nursing career, I not only learned how to care for people, but I also learned who I am. These three years of training have made me look at myself and see areas where change was needed. Most importantly, I have gained self-confidence and because of that I know that life can offer me nothing that I cannot prosper from.



My Mom and close friend



My sister



Me in my younger days

TINA

The blond hair, the blue
In your eyes I see
No more of what I once saw
A look of innocence

Taken away
In just a few months
Now it's replaced by
A new look of experiencing

The loves, the losses
In each of our lives
Now you are so much more
A new and wonderful you

Tina, loved by so many people
In so many ways
Not for the same reasons
All my love and good luck forever.

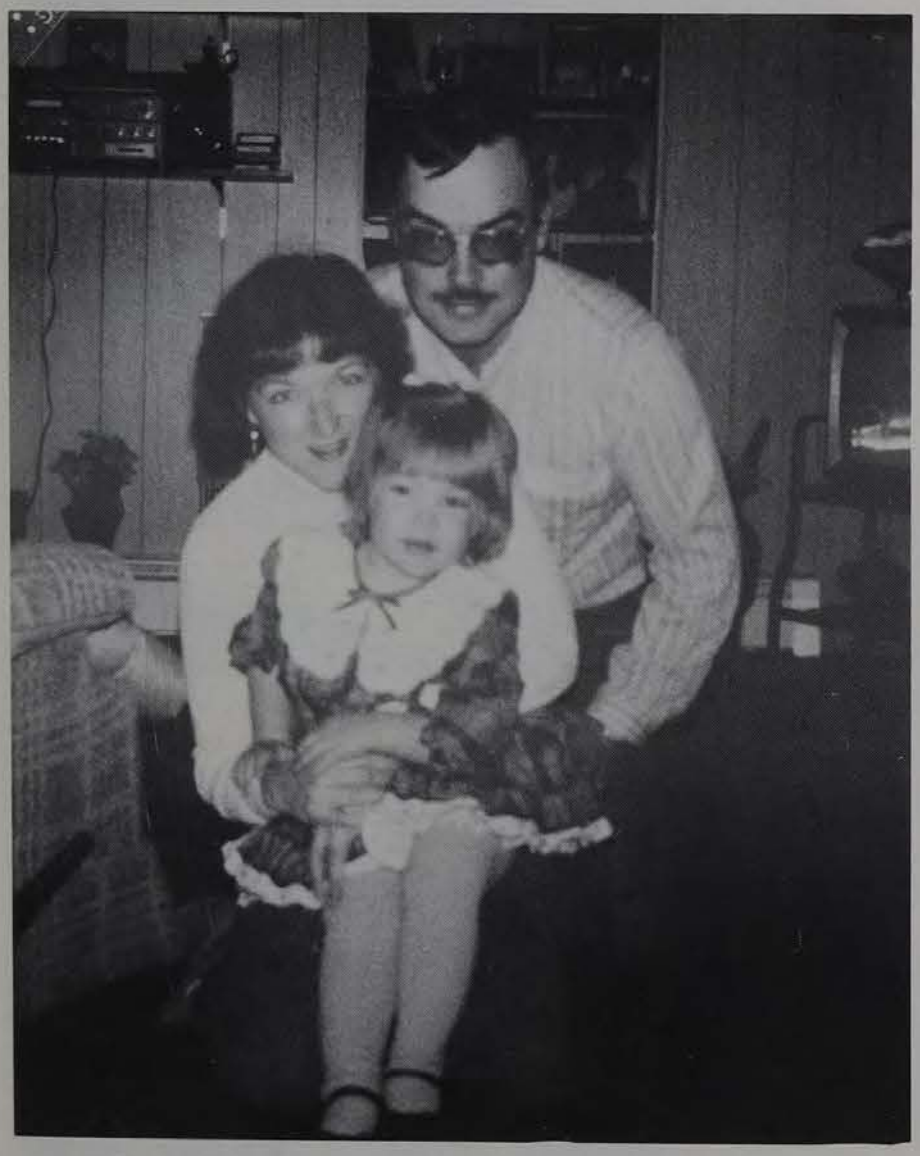
Margaret A. Simon



My *Whole* Family
Je t'aime plus o'hier, et moins que demain.



BRENDA ALBERT



Bob, Lin, and Jamie Thank you for all your support. I love you all!



Mom and Dad I Love You!

Thank you to my whole family for all the support in these past years. Special thanks to Mom and Dad for all the financial and emotional support. I never would have made it without you. Thank you also to my roommate Carol for listening to all my complaining.



TAMMY ARNE

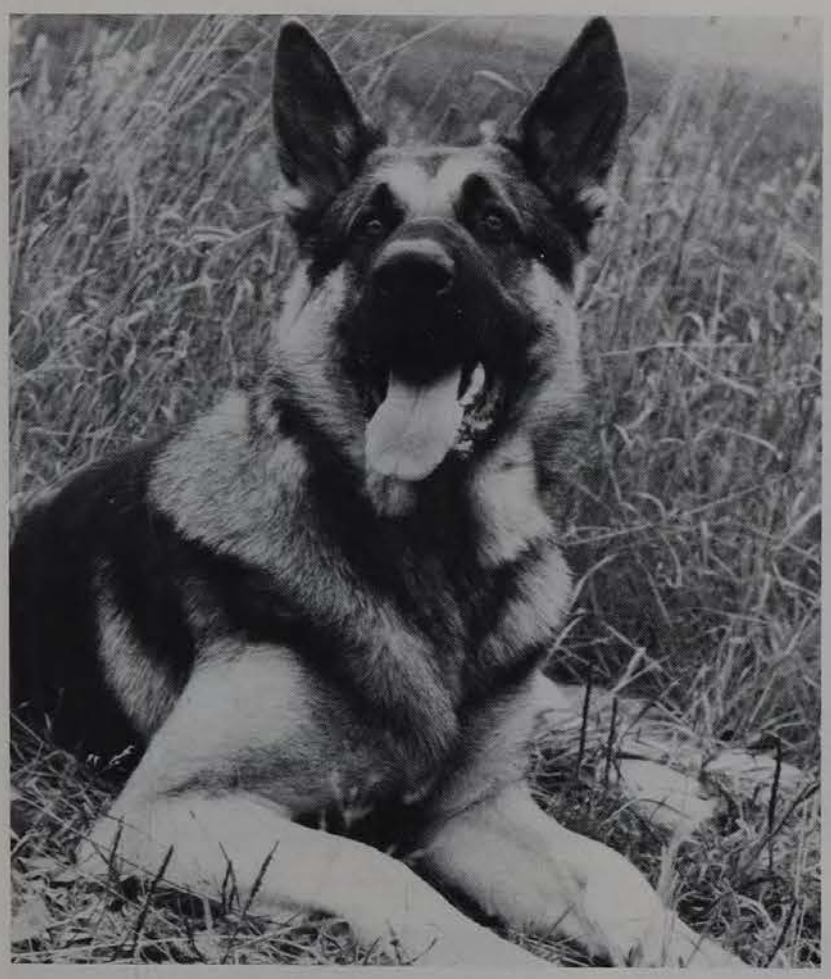




To the two people I love the most. Thanks for always being there.



MARY LOUISE BELANGER



My best friend "Nijel"



I Love You



The men in my life

For sharing all the moments of my life and letting me talk laugh and dream beside you



PAULA MARIE BERRY



Darren, one of a kind brother!



Linus

To my parents:
Thanks for all the love and support you've given me through school. You were always there when I needed you. Words could never tell you how much I've appreciated it. I love you both very much.



A NURSE'S PRAYER

Give to my eyes
light to see those in need
Give to my heart
compassion and understanding
Give to my mind
knowledge and wisdom
Give to my hands
skill and tenderness
Give to my ears
the ability to listen
Give to my lips
words of comfort
Give to my spirit
the desire to share
Give to me, Lord
strength for this selfless
service and enable me to
bring joy to the lives of
those I serve.





NANCY JEAN BRADEEN



Ronni Jill





Sandy



Benji



Jennifer

To my family:

This page is dedicated to you. Thank you for all your love and support. I could not have made it through without you.

I love you!!



DAWN BROWN



ANSUSAN DAVIS

". . . if in your thoughts you must measure
time into seasons, let each season encircle
all other seasons,
And let today embrace the past with
remembrance and the future with longing."

Kahlil Gibran



Without both of
you, this would
not be possible!
Mom and Dad,
I Love You.



NANCY E. DUTTON DRURY







I want to thank my parents, sister, and grandmothers for the support and love they have given me throughout my life. My husband, Spencer, and son, Ben, have earned my gratitude and awe for their patience and understanding during my occassionally stressful moments as a nursing school student.

My thanks and love to all of you!









LISA ANN EREMITA

To my family and friends:

Thank you for your love and support. I could not have done it without you. Special thanks to Mom, who was always there with the encouragement I needed, and to Dad, for the financial support. I love you all!









MELANIE CAROLE HALL



Dad, Me, Mom, and Kathy (sis)



Bob, Beth (sis) and Bobby



Grandpa, Me, and Grandma

Thank you all for your love and support.



Steve and I



Me, Mary, and Jeannie



Jessi, Mc, and Amanda



JERI CAMPBELL

"When I grow up, I want to be a nurse."



Chad



Jessi



Phillip



Mandi



Phillip



BARBARA JEAN JOYCE









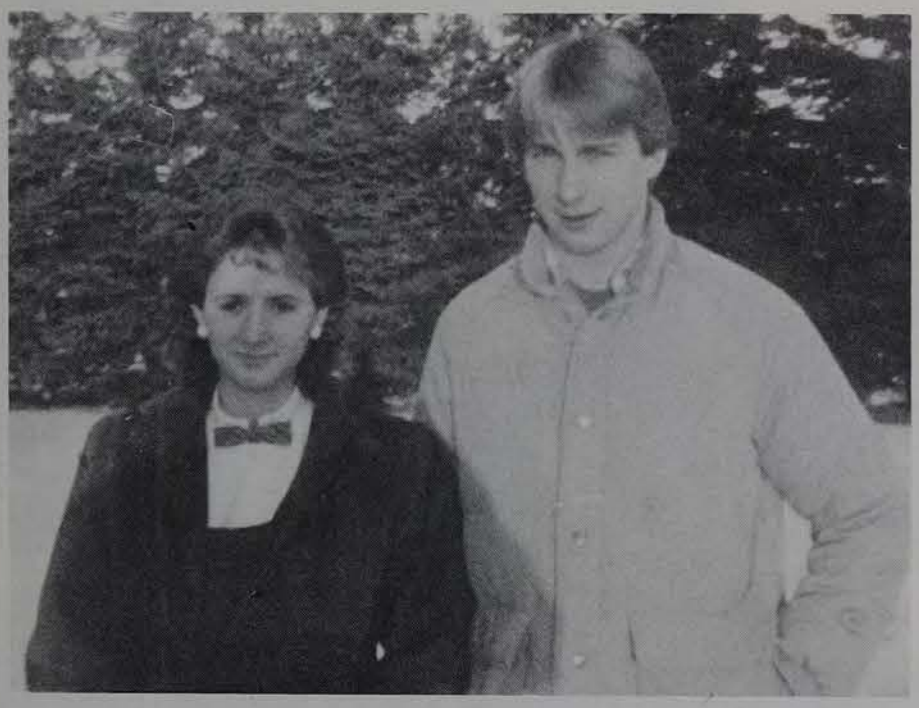




My Mother and Father thanks for all the support. I Love You Both



TINA MARY LANCASTER



My sister and brother Jeff and Susan



Laurie, Tracy, Sissy, Terri, Jennifer and Me — we've had some good times!



We finally made it — thanks for the memories



David — Thanks for being there when I needed you!



Missy — My friend



JEAN ANN MacDONALD



Mike



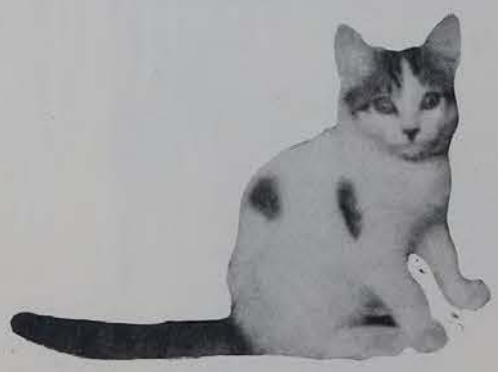
Me with Mom and Dad



Me



Halloween 1983 Me, Tina and Lisa



Katie



Me and Lynn (my sister)



Mel, Me, and Mary



Lisa



Eric



LAURA MacDONALD



Debbie and Brad



My pride and joy

I asked God for all
things so that I
might enjoy life . . .
I was given life so that
I might enjoy all things
This is my family
and my life



Anita



Allison



Mom and Dad



Allison



DEBORAH J. MAHON



Ashes and Daisy

The most agreeable of all companions is a simple, frank person, without any high pretensions to an oppressive greatness — one who loves life and understands the use of it; obliging at all hours; and above all, a golden temper and steadfast as an anchor.

Gotthold Ephraim Lessing





A man's reach should exceed his grasp, or what's heaven for?

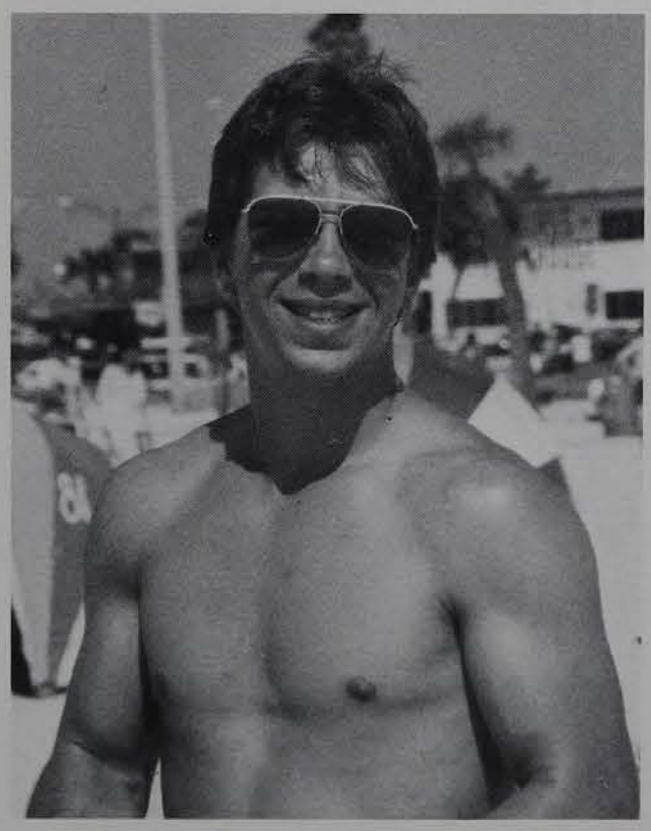


MARY MARTIN











ANNE MARIE MATHIEU

To my family and friends:
I want to thank all of you
for everything. I never
could have done this without
your support. You are all
very special to me. I love
you all!



Dad, Danielle and Mom; Lisa, Me, and Michelle



Memere and Pepere Lapierre with all the kids



Gail and I



Memere and Pepere Mathieu



Holly and Calvin



Dad, Shelly, and I



Mom and Pops



LISA MARJORIE McINTIRE

Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me." John 14:6

I am so thankful to all of you, who are such a precious part of me, for standing with me through the joys and trials. I love each of you in a unique, special way.



Grammie



TONYA L. REDMAN



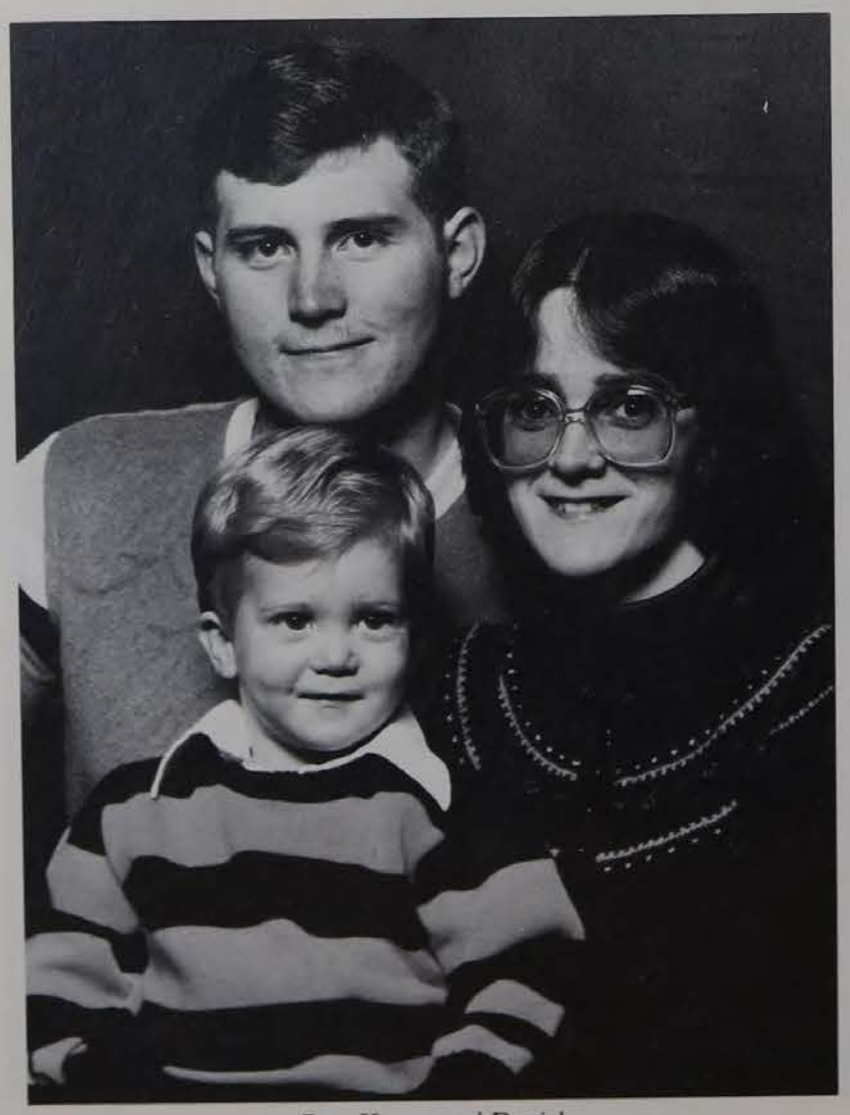
Mom, Gram, Gramp and Dan

To my family:

Thank you for your encouragement, support, and unfaltering belief in me. I love you all.



Vangi



Ben, Karen, and Daniel



Sabrina

A Time For Us

Memories of our years at EMMC School of Nursing will not be thought of as a single experience. We will never forget the times of learning, laughing and sharing memories with friends.



For memory has painted this perfect day, with colors that never fade and we find at the end of a perfect day the soul of a friend we've made.

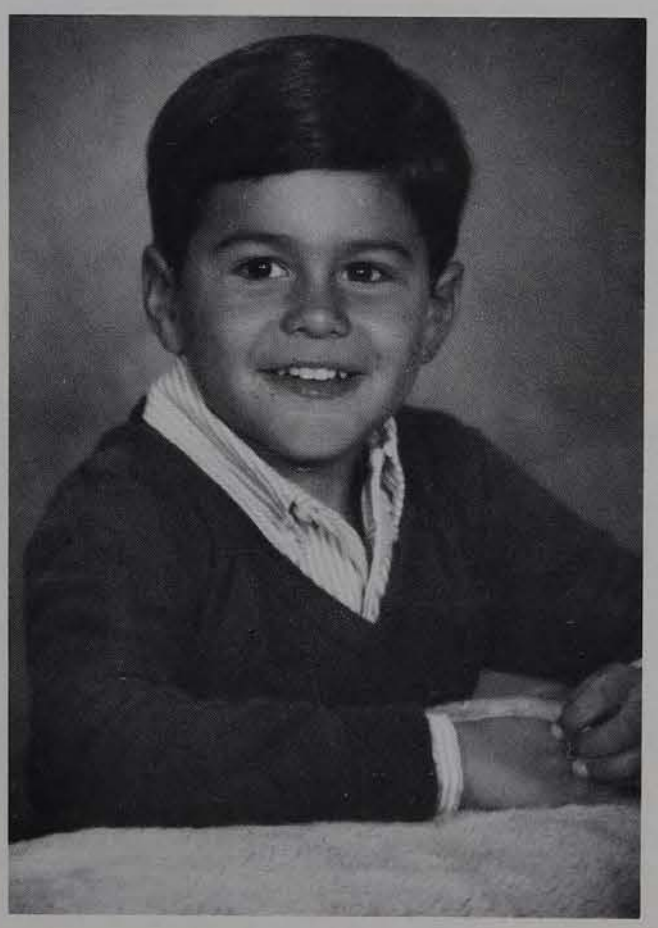
Three foundations of learning:
seeing much, suffering much.

STUDYING MUCH!!!



DEBRA LORRAINE RIVERA

Time goes you say but no. Time stays we go.



Scott B. Rivera



SHARON RUSH



Man's best friend "THE CHAMP"



A special thanks to a great family, whom I would have never made it without.



In loving memory of the grandfather, through his love and inspiration, has been with me every step of the way



"MAGGIE"
A friend who has been more than just a friend through all the struggles and frustrations.

Thank you for being there.



"My Family"



SUSAN MARIE SMITH



Bounty Bound!







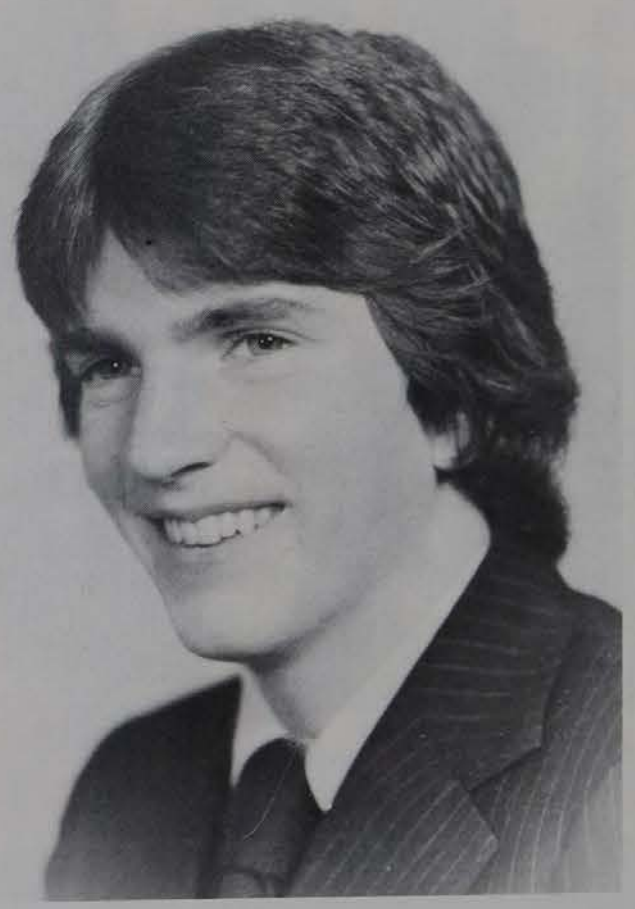
A great trip to Florida.



Some close friends



ROBIN LYNN SNOW









DONNA JEAN STANLEY





Thank you for your love and support. I Love You All.









KATHERINE VANPEURSEM

"beleive nothing merely because you have been told it, or because it is traditional, or because you yourself have imagined it. do not believe what your teacher tells you, merely out of respect for the teacher.

but whatever way by thorough examination you find to be one leading to good and happiness for all creatures, that path follow, like the moon in the path of stars"

a. sujata















Eldon, Allison, Dana, me, Mom and Dad



GAIL LORIE WATSON

If I started right now and did nothing else until the very day I died I could never thank you enough for your constant love and encouragement that you've given me the past three years.

Thanks, I love you all!

Trust in the Lord with all thine heart, lean not unto thine own understanding. In all thy ways acknowledge Him and He shall directh thy paths.

Proverbs 3:5-6

If He cares for all of the birds in the sky, I know He cares for me.



Lila, Ed, Kathy and Cathy



Anne and me
EMMC beauties



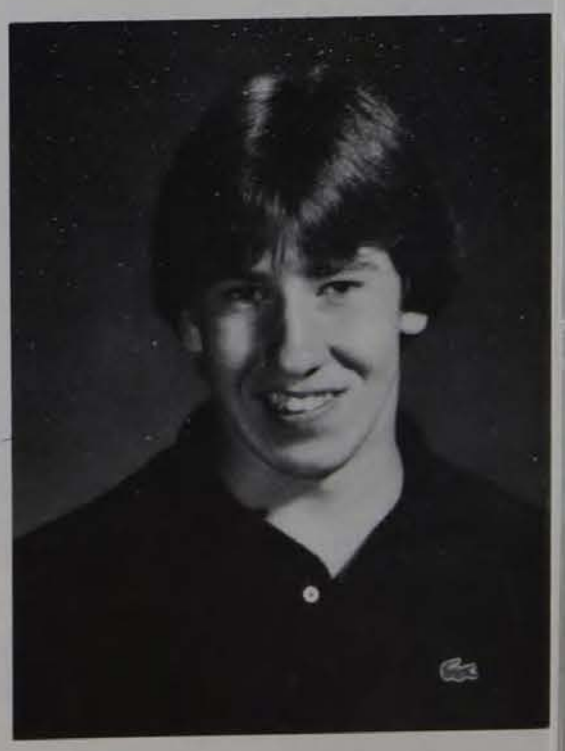
TERRI ANN WHALEN











Tina L. Ackley

Laura MacDonald

Barbara Joyce

Anne Mathieu

Gail Watson

Brenda Albert

Debbi Mahon

Tonya Reaman

Margery Prouty

Robin Snow

Lisa Eremita

Paula Burry

Nancy Bradeen

Dawn Brown

Debra Rivera

Mary Belanger

Sharon Rush

Joanne MacDonald

Kathy VanReenen

Terri Whalen

Mary K. Martin

Susan Smith

Tina Lancaster

Anderson Rivers

Melanie Hall

Lisa McIntire

Norma Stanley

You've Come A



1.



2.



3.



4.



5.



6.



7.



8.



9.



10.

Identification of Page 62

Long Way, Baby!



1.



2.



3.



4.



5.



6.



7.



8.



9.



10.

















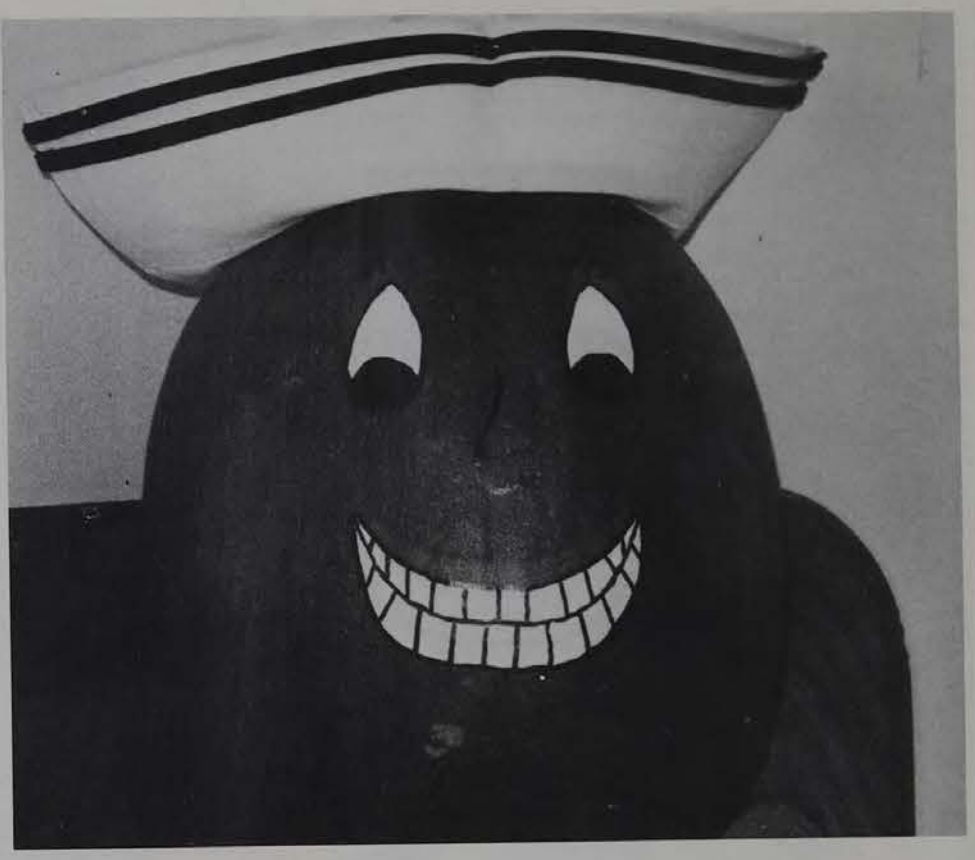


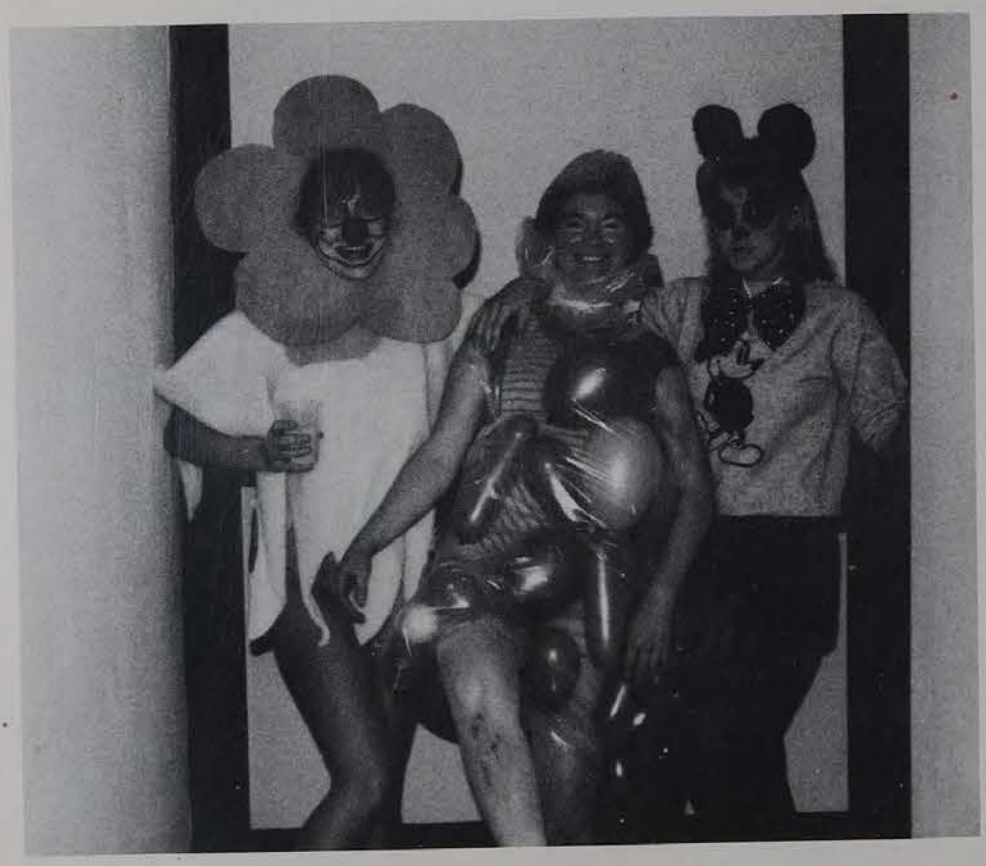
































Getting ready for that long plane trip

As students in the school of nursing we have the option, during our Junior year, of participating in a transcultural nursing experience in Kingston, Jamaica. Participating students for 1984 were: Lisa Eremita, Tina Lancaster, Laura MacDonald, Tonya Redman, Gail Watson, with nursing instructor Don Bohus. Studying about cultural differences, culture shock and cultural health care perspectives is the primary focus, with, of course, some fun in the sun.



Tina, why did you have to forget your washing machine?



Mango Eating, M-E-S-S-Y!!



Waiting as usual.



Laura, did you help deliver this baby?



Our home for four weeks



Spot the tourists



Lunch in the hospital again



You want me to climb that?!



Tina and a newfound friend — the Rosta-man



It's a good bargain, really.











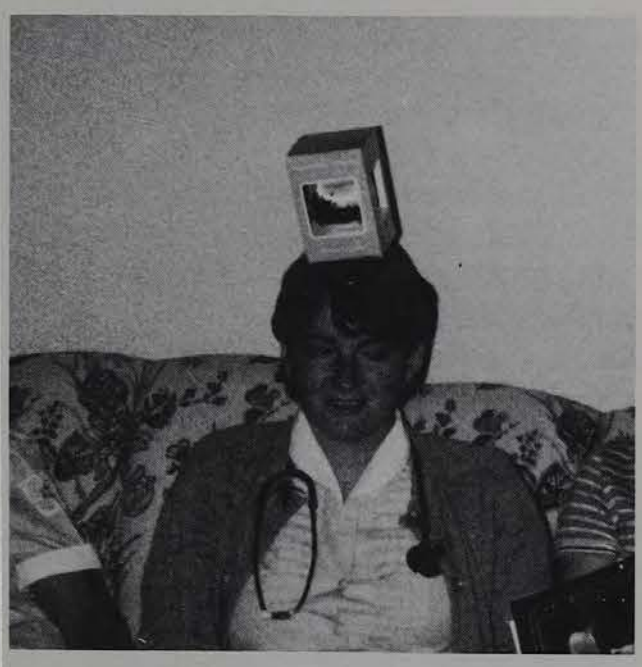






















The Early Years 1892 - 1900



Beyond the iron archway can be seen the gray stone Mace House, first home of Bangor General Hospital, and a glimpse of the Surgical Building, opened in 1899.

Electric trolleys ran up State Street on the Old Town line. Spring brought steam boats whistling and smoking up from Boston. Riding the river current into town from the north came the harvest from winter woods.

The place was Bangor, in the spring of 1892. Standing square and trim on a stretch of land bordered by the trolley line and the river was a gray stone house, known as the Mace homestead. In June of '92 the Mace house was leased by five physicians and became home to Bangor General Hospital. Six months after its founding, "nearly one hundred of the citizens, of both sexes, agreed to assume with the five physicians the deficit which would of necessity arise....On the 16th of December, 1892, the Hospital was incorporated," states the hospital's first annual report.

The establishment of Bangor General signaled a sure step toward the goal of a functioning community hospital. Physicians were committed to using the hospital facilities. They had the support of citizens willing to raise money and direct the business of the fledgling hospital. Bangor and surrounding towns could supply more than enough sick and injured. Nursing care was the crucial missing link. Without nurses there would be no hospital. And without a school, there would be no nurses.

The hospital's first annual report notes that a Miss Elizabeth Spratt, a Boston City Hospital Training School graduate,

> *at once organized a Training School for Nurses and during the summer admitted three young women to the School....Besides the instruction given to them at the bedside and elsewhere by the Head Nurse, they have been taught by the Visiting Staff by means of numerous lectures and demonstrations.*

After six months, Miss Spratt resigned her post due to ill health and Ellen F. Paine, from the Massachusetts General Hospital Training School, was named superintendent and matron. As such she was responsible for all nursing care, training of students, and day-to-day operation of the hospital.

Bangor General Hospital was off to a busy start. One hundred-fifty patients were admitted during the first year, more than 30 percent of them from outside Bangor. Enteric fever was the most common medical diagnosis—and the most lethal. In the early days, annual reports documented a "human balance sheet" as well as the financial ledger. Numbers filled columns labelled "recovered," "improved," and "died."

It was clear from the start that the citizens served by the hospital would stand behind it. The first year brought a bequest of $1,000 and gifts that included shrubs, old linen, and canned fruit put by in Bangor kitchens.

With firm footing at home, the task remained for the new institution to garner support from Augusta. Hospitals in Lewiston and Portland had already won state approval—and appropriations—and it would be essential for Bangor General to do the same.

Student nurses with Dr. William C. Mason. To the left of Dr. Mason is Ellen F. Paine, school superintendent.



Eastern Maine General Hospital.

The rates of charges for patients entering the Hospital are

In the Wards, ... $1.25 per day.

In private rooms, $2.50, $3.00 and $5.00 per day, according to the room occupied.

Mabel Hammons was a student in the class of 1899. At the age of 83 she recalled those times in a letter written to the Alumnae secretary.

I remember the committee from the State Legislature coming to investigate the little Bangor hospital to decide if it were needed, and if worthy of a state grant of funds, and the title "Eastern Maine General."

On this fateful day, the always immaculate little building had an extra going over; nurses wore their best uniforms, patients were implored to smile, look comfortable and not require bedpans while the Legislature was there.

On this day, I was suffering a belated attack of rubeola, and Ma Paine, our Superintendent of Nurses, told me to stay as far as possible in the little medicine closet and put up the P.M. medicines, and not let any one see my red swollen face. But a very good looking young legislator or reporter came to see what was doing in medications. I tried to look the other way and not breathe on him and so give him German Measles, and scared that Miss Paine would think a flirtation was going on. One of my most embarrassing moments! I never learned if he got rubeola, but the little Bangor Hospital got Legislative approval and became Eastern Maine General.



In the operating room, c. 1899. From the left, Dr. E.B. Sanger, Miss Carrie W. Files, Dr. William H. Simmons, Dr. D.A. Robinson, Dr. B.L. Bryant, Dr. Daniel McCann, Miss Ellen Paine, Dr. William C. Mason, Dr. J.K. Phillips, Miss Clara B. Adams.



Two more anecdotes from Mabel Hammons echo the resilience required of nursing students—and the humor that bolstered it—

Dr. Mason was called the best on Surgery. He was very excitable when in operation, would crack towels at the nurses and call on every one to "Hurry up!" We nurses had a song with a chorus "Dr. Mason's on duty so hurry up do—it's my afternoon—he won't quit til half past two—Oh it's a hot time in EMGH today."

In 1897-99, graduate nurses were capable of going into a home; making a room surgically clean; preparing a patient for operation, even for abdominal surgery; administering ether anesthesia by drop method; give patient nursing care, post-op, for two or three weeks. Cash compensation $18 per week! So far as I know, we never lost a case.

Once Dr. Hunt forgot his bone saw, quite a handicap as he and two nurses were out in the country to do a leg amputation—and with only horse and buggy to cover the distance back to the hospital. So, equal to the emergency, Doctor got a saw from the patient's woodshed, sterilized it and amputated on schedule. Result: healed by first intention.

Coming of Age 1900 - 1920



Class of 1914

A new century dawns on the eight-year old EMGH Training School. Fourteen pupil nurses are enrolled in the two-year program, which now boasts a modern training facility in the 54-bed surgical building and its own nursing library. By 1910, a three-story building opens, adding a children's ward, medical wards for men and women, and at its top, a dormitory for nurses and a roof garden. Before the second decade ends, the school has reached some important milestones: expansion to a three-year curriculum (1910) and the addition of public health nursing (1914). In 1915 the School celebrates a banner year. The State of Maine enacts the registration of nurses, a move first considered by the Legislature ten years earlier. The first formal graduation exercises are held. And the EMGH Training School Alumnae Association is founded. The following year, the School earns approval from the New York State Board of Regents.

The Specter of Contagion

The unrelenting threat of infectious disease frequently disrupted society—and virtually dictated life inside hospital walls.

The fall of 1903 brought "a prevalence of small pox in and around Bangor," reported Ellen Paine. She imposed precautions at the hospital, prohibiting nurses and employees from "riding in public conveyances and attending public entertainments or gatherings of any sort."

The following March the specter returned in the form of a typhoid epidemic. The 1899 building—with a capacity of 54 beds—was taxed with 75 patients. Beds were set up in ward offices and linen closets.

Care of the sick room was deadly serious business: not a task to be left to untrained maids. Precise technique in service to the principles of hygiene was crucial. It was a subject the students learned from their physician teachers.

Here is Avis Maddocks in 1917 taking notes during a a lecture by Dr. Woodcock on the "Care of the Sick Room and Prevention of Contagious Diseases"

The sick room should be as remote from the working part of the house as possible and probably upstairs....If



A candid look at life at EMGH. Snapshots from the album of Rose Searles, class of 1908.



Children's Ward

ventilation is neglected the power of infection becomes much stronger and the infected air settles upon the furniture and clothing of those who are in the room ....Next to ventilation nothing is more important than the regulation of the temperature of the sick room.... The best general temperature is 65°....The regulation of temperature is especially important in fevers. The air should be changed at least twice during twenty four hours.

Her notes go on to describe symptoms and treatment for a dreaded litany: chicken pox, small pox, typhoid fever, scarlet fever, diptheria, measles, mumps, pneumonia, whooping cough, tuberculosis.

Of course, not all cases were to be approached with trepidation. This is the matter-of-fact lesson in maternity care learned in a lecture by Dr. McCann.

Nurses are often called upon to conduct normal labor ....If you see the cord before the baby, put woman on chest and knees and it may slip back. If you see a hand, get the doctor.

(Obstetrical) patient may leave bed in ten days. If there is surgery, 15 days to three weeks before getting out of bed.



The Door Opens on a New Residence and The Great Depression 1920 - 1940

1920 ushered in Prohibition and women's suffrage: the government dictating social behavior on one side and inviting women to exercise intellectual freedom on the other. No you can't. Yes you can.

Not surprisingly, Congress wasn't the only authority sending mixed signals. Life at the School reflected the times. Student horizons were expanding and training grew more sophisticated and challenging. Clinical affiliations were introduced during the 20s as were courses taught by University of Maine faculty. By 1924 a high school diploma was required for admission.

At the same time, a student's life was tightly regulated.

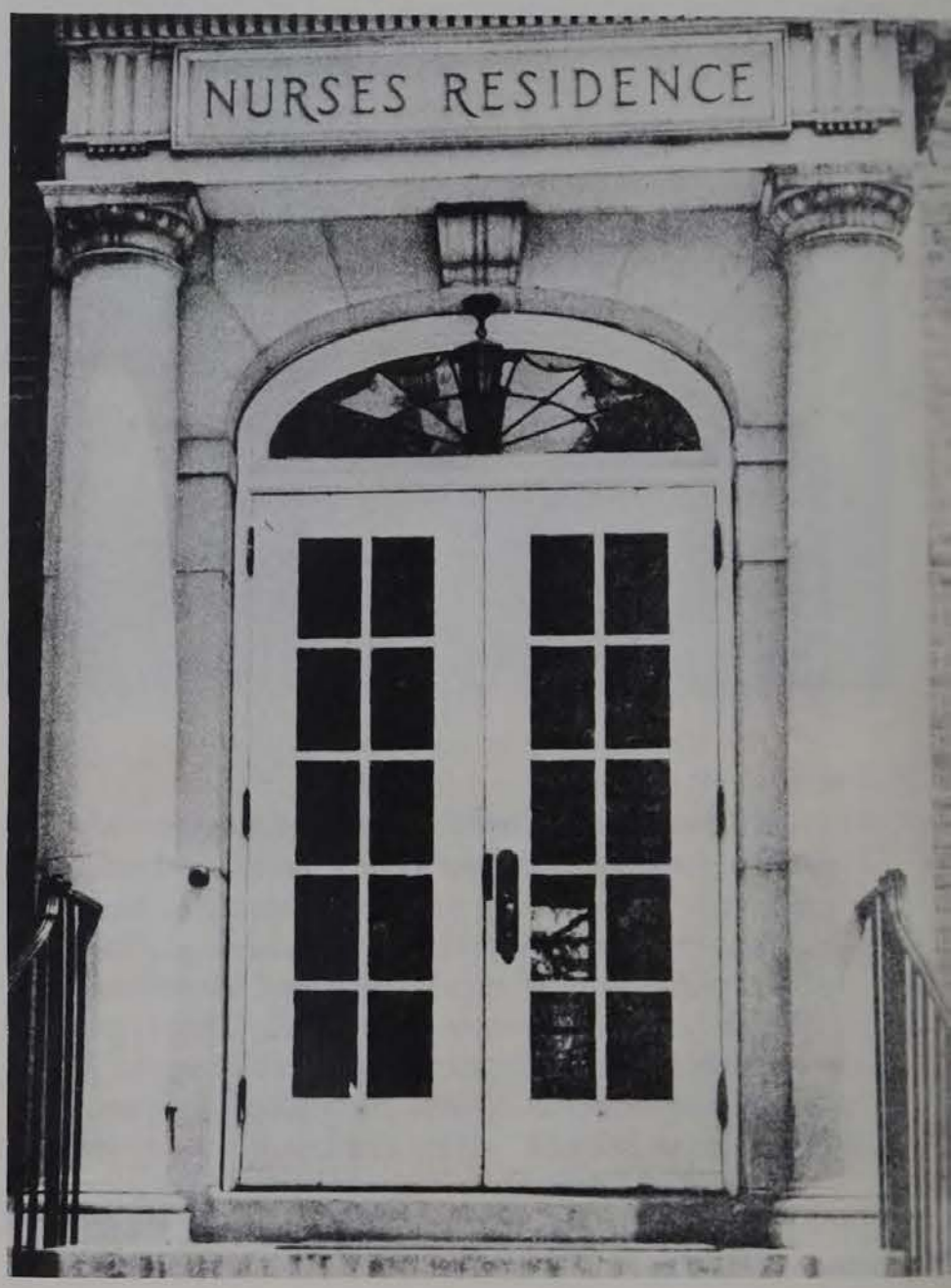
12-Hour Days & 6-Day Weeks

EMGH was bustling. In 1922 admissions exceeded 2,500. That year began with 27 nursing students and finished with 48. The bulletin from 1926 gave fair warning to potential applicants.

> *Hours of duty are 7 a.m. to 7 p.m. and from 9 p.m. to 7 a.m. for night nurses. Three hours off duty are allowed during the day. One-half day each week as well as on Sunday and holidays is allowed to Pupils.*

Class of 1922





In October 1926, a new Nurses Residence opened "with everything necessary to the comfort of the occupants." The building, which cost $235,000 to construct, solved a chronic housing problem.

The acute need for a nurse's residence was declared in a hospital fund-raising brochure from the early 20s

> *The day has passed when the best type of young women can be induced to take training or to remain as graduate nurses in any hospital where they must do their work, eat, sleep and obtain their recreation within the walls of the hospital building or crowded into quarters at a distance from the hospital, requiring them to answer emergency calls at all hours through all kinds of weather.*
>
> *Every modern hospital recognizes that the nurses must have opportunity for some home life, rest and recreation in a suitable place separate from, but adjacent to, the hospital.*

It is no wonder that the 1926-27 annual report heralded the opening of the Nurses Residence as the "outstanding event of the year."

Making-Do

The 30s brought more people requiring more services at a time when community resources were exhausted by the Depression. The average number of patients in 1934 was 140. By 1937, the average was 159, with no gain in space. Like families everywhere, the hospital made-do with what was on hand. One Depression-era annual report notes a total of two new employees over the year (a nurse and a lab technician).

Recovery

By the close of the 30s the hospital was again growing. The Kelley building was completed in 1939 and the Phillips-Oliver building remodeled.

In the Training School the freshman class enjoyed a recovery of its own. Students who entered in 1934 were the first to enjoy immunity from apprenticeship. Earlier freshmen had been bound by tradition to work alongside seniors, always ready to take over for them when an enema had to be given or a room cleaned.



Irene D. Shannon, who graduated in the class of '37 and went on to serve the school as faculty member and, for 22 years as director, recalls the days she spent as a student at the Anti-Tuberculosis Sanitarium. "A quiet time was reserved each afternoon when absolute silence was the order of the day. I remember once sitting in a room by myself during quiet time reading *Gone With the Wind.* I was told I'd have to stop because the sound of pages turning might be heard by patients on the other side of the wall."



From class notebooks and scrapbooks of Vivian McDonald Dwyer, class of 1930. Polio is the topic of the notes shown; many other infectious diseases were also as yet unvanquished by medical research. Nurses gave comfort with old remedies and gentle hands. In her notes on the treatment of pneumonia in its most vulnerable victims, Vivian McDonald recorded "only thing to do (for the aged) is to give whiskey every three or four hours." And for babies, "take out of bed and hold in arms."

Regulations for Nurses Residence—Eastern Maine General Hospital—1932

6 a.m. rising bell

10 p.m. In bed. Lights out. Absolutely quiet.

Nurses MUST NOT sweep dirt from their rooms into the corridors.
No meats, pastry or greasy food of any kind is permitted in rooms.
Please do not permit anything to fall out of the windows onto the grounds.
Use only 25 watt bulbs.
Students must wear bath robes or kimonos when undressed in their rooms. NEVER appear in the corridor without bath robe or kimono.
Nurses are requested to ask callers to refrain from sounding automobile horns while waiting. Nurses will please not call out the windows to anyone.

A sampling from the list of 74 do's and don'ts posted in the Residence.

1940 - The War Years and A New Awareness - 1960

Fred Astaire and Ginger Rogers are playing at the Bijou. A train called the Eastwind will take you from Bangor to New York. Newspaper headlines tell of a war spreading across the globe.

It is 1940 and at EMGH the new Kelley Building is already filled to capacity. The increase in patients creates a need for more nurses and by 1941, with the Residence outgrown, a three-story brick building is added at the rear of the hospital, adjoining the corridor between the Phillips-Oliver Building and the Surgical Building.





The U.S. Cadet Nurse Corps was established by Congress in 1943 to relieve the wartime nursing shortage. A Cadet Nurse received a free nursing education in exchange for a promise to remain in military or essential nursing for the duration of the war. By the time the program ended in 1948, EMGH had graduated 154 nurses as members of the Corps.

National policy was to free nurses for military service by replacing them in hospitals with student nurses. By 1944, student nurses were providing 80 percent of the care in civilian hospitals which operated schools of nursing.

The annex, which stood where newer Medical Center buildings were later constructed, was built to ease the lack of space in the Nurses Residence.

From the 1957-58 Student Handbook

Three one-piece uniforms, 6 aprons, 6 bibs, 2 caps, 3 pair cuffs and 3 collars are allowed weekly. This will be placed in a laundry square in bathroom on Tuesday night to be collected Wednesday morning.

No class cuts are allowed. In cold or inclement weather, no student is to go out of doors without a wrap.

No slacks, or any variation of such, may be worn in dining room. If student is unable to leave ward she must call the cafeteria and report that she is to be late.

Students must go to the health office during the first week of each month to be weighed.

Social activities: welcome tea; get acquainted party; Halloween party; Harvest Ball; Graduation Ball; Valentine dance; carol sing; Christmas party; capping ceremony and tea; white dinner; senior banquet; graduation reception; campfires and picnics.



Students and medical staff listen to Dr. George W. Wood III. Looking on from the far right is Dr. Wilbur B. Manter.

An Emphasis on Education

In the 1940s the emphasis for student nurses began to shift from nurse to student. The program at the School of Nursing grew increasingly similar to the college experience for both students and faculty.

In 1942, students moved to an eight-hour day. Three years later, vacation time was extended to four weeks out of 52. That same year marked the opening of a newly-organized nursing library staffed by a full-time librarian.

A student government was established in 1945 and a year later the first edition of the yearbook was published.

Meanwhile, the faculty was bolstering its own academic identity. In 1943 faculty joined students at the University of Maine for courses in teaching methods. The first assistant for education was appointed in 1945, giving added recognition to the importance of academic as well as clinical training.

The decade ended with instructors being relieved of nursing service responsibilities in order to concentrate entirely on teaching and program development.

Friends in the Auxiliary

The hospital Auxiliary had been a strong supporter of the School from the very beginning. In 1953 the Auxiliary established a scholarship and loan fund to augment their traditional generosity. The 1958 annual report describes the Auxiliary's continued "enthusiasm, interested and loyal support" and lists a sampling of their contributions: silver and dishes for the brunch room, television and radio, books, card tables, tickets for community entertainments, lawn furniture, and barbecue set.

At Home & Away

Clinical affiliations at other hospitals filled gaps in the curriculum or solved space problems when there were more student nurses than could be accommodated at Eastern Maine. The two or three months spent away gave a fresh perspective to nursing. For many, the weeks in Boston or New York City marked a first-time trip outside Maine.

Hundreds of alumnae have vivid memories of life at

Boston Lying-In
Bangor Anti-Tb Sanitarium
St. Mary's Hospital for Children
in New York City
Slone Hospital in New York
Children's Hospital in Boston
Cincinnati Children's Hospital
Bangor State Hospital
Concord State Hospital, N.H.
Augusta State Hospital

A New Name

The School approached the end of the decade with a new name and a fresh look. In 1957 the Board of Trustees voted to change the name from the EMGH Training School for Nurses to the EMGH School of Nursing. The Residence was redecorated and brightened with new lighting throughout. And in September 1957, a 40-hour week for student nurses was instituted.



A Rich Tradition Nourishes a New Beginning 1960-1985



A "New Frontier" was trumpeted in 1960 as John F. Kennedy won the White House. The new administration's image of youth and vigor created a sense of wide horizons. The message to young people seemed to be: If you're prepared, the possibilities are unlimited.

A New Era

1960 brought significant changes at the School. The appointment of Irene D. Shannon as director marked the first time that the School and the hospital's nursing service were headed by different administrators. Miss Shannon brought to her position credentials that reflected the trend toward advanced education in nursing. A 1937 EMGH graduate, she held a bachelor's degree from the University of Maine and a master's in education from Columbia.

Turning Point

In 1965 the American Nurses Association issued a position paper that gave voice to recent trends and set the course for the future of nursing education.

The ANA stated, "The education for all those who are licensed to practice nursing should take place in institutions of higher education."

Although subsequent debate over the merits of replacing hospital-based diploma programs with college-based curricula often focused on the ANA position, the trend away from diploma schools had begun years earlier. Following World War II, there began a steady reduction in the number of diploma schools and concurrent growth in baccalaureate programs.

From the School Bulletin

1960		1980
3 years 50 weeks a year	Length of program	3 years September-May
$600	Tuition for 3 yrs.	$2,200
Applicants must be between 17 and 35 years of age. When a student is admitted, it is expected that nursing will be her dominant interest. However, in special circumstances, a student contemplating marriage and wishing to remain in school must make arrangements with the Director.	Admission Policies	The program is coeducational and married students are admitted. Applicants must be at least 17 years of age. There is no upper age limit. The School adheres to Title VI of the Civil Rights Act.

At the Helm

1892 Elizabeth E. Spratt
1893 Ellen F. Paine
1893 Lucy J. Webster
1894 Esther Dart
1894 Ellen F. Paine
1907 Ida F. Washburne
1920 Katharine Y. Boutelle
1922 Marion E. Weld
1925 Anne How
1928 Mary J. MacKay
1933 Alice M. Morse
1940 Kathleen F. Young
1943 Frances Palmer Clough
1943 Lois B. Ester
1944 Mabel F. Booth
1961 Irene D. Shannon
1982 Helen H. Genco
1984 June M. Fiske



Unbroken Tradition

The hospital's 1969-70 annual report was the first to be issued by Eastern Maine Medical Center. That report commented on the name change from Eastern Maine General, using language that also describes well the transitions underway in nursing education.

This year has not been a break with tradition...instead it has been a new awakening to the destiny toward which our traditions have always been pointed.

From the 1970-72 Student Handbook

Senior class curfews: 1 o'clock curfew; overnights permitted if not assigned before 10 a.m. the next day.

Any student who misses more than 15% of the hours of a course will be required to repeat the course.

If the personal responsibilities of the individual do not interfere with satisfactory performance, a student may marry and continue in the school.

Students are requested to take a leave of absence during the third trimester of pregnancy.

Student organizations: class organization; student government; Maine Nursing Student Association and National Student Nurse Association.

Social activities: welcome tea; get acquainted party; hospital Christmas party; senior banquet and dance; graduation reception.

Onward

As the class of 1985 writes this final chapter for the EMMC School of Nursing, it does so knowing that the Medical Center's commitment to nursing education lives on in the Husson College/EMMC Baccalaureate Nursing Program, which will graduate its first class in 1986.

The 93-year history of the School of Nursing leaves a legacy very much alive in the human values and professional competence of its graduates. The School's commitment to excellence in nursing education endures as a standard for the future.



PATRONS

Avis Arnold MacFarland, Class of 1927

Rose A. Morin, Class of 1927

Linda Marion Trask Williams, Class of 1928

Lillian Conley Delano, Class of 1929

Helen McDonough McInnis, Class of 1931

Beatrice Preble Mitchell, Class of 1931

Leota Harnon McLean, Class of 1933

Francis Robinson West, Class of 1934

Katherine E. Willey, Class of 1934

Mary Crockett Caminati, Class of 1936

Iola O'Connell Feeley, Class of 1936

Irene Shannon, Class of 1937

G. Helena Zwicker Tenney, Class of 1939

Helen Babcock, Class of 1940

Therma Bowden Douglas, Class of 1940

Sarah Stinchfield Noyes, Class of 1940

Donna Ramsdell, Class of 1940

Barbara Diffin Clukey, Class of 1941

Elinor Koegl, Class of 1941

Margaret Hammond Walenski, Class of 1943

Elva Monroe Webber, Class 1943

Phyllis Dow Pollack, Class of 1944

Ruth Otis Remick, Class of 1944

Phyllis Hamilton Staffor, Class of 1944

Mary Ranney Edgecomb, Class of 1945

Elnora Bickford Kingsbury, Class of 1945

Laura Chesley MacMurray, Class of 1945

Marion Stone Collins, Class of 1946

Barbara Putman Burnham, Class of 1947

Charlene Drew Carter, Class of 1947

Faye Flye Clisham, Class of 1948

Laura Driskell Hartt, Class of 1948

Eva Hall Hearn, Class of 1948

Phyllis Linkletter Wardwell, Class of 1948

Jacqueline Springer Sprague, Class of 1949

Lyda Spaulding Belliveau, Class of 1950

Ester Weed Bryson, Class of 1950

Jeannette Webb Fitts, Class of 1950

Jeanne White Rogers, Class of 1950

Faye MacDonald Shaw, Class of 1950

Beverly Rollins Clarke, Class of 1951

Mr. and Mrs. Charles Clark (Dorothy Kitchen) Class of 1951

Edward and Barbara (Attner) Higgins, Class of 1951

Evelyn Hooper Barrows, Class of 1952

Ann Harding Jones, Class of 1953

Barbara Small Brown, Class of 1955

Jeanette Cameron Sherman, Class of 1960

Roberta Leach Burbank, Class of 1966

Donna Humphrey, Class of 1975

Susan Babb Bellefleur, Class of 1981

Michelle Hamlinkiel, Class of 1981

Valerie Dawson, Class of 1983

Leslie Anne Veal Spencer, Class of 1983

Donald Bohus

Bonnie Lundquist

Mr. and Mrs. Robert H. Brandow

Daniel B. Coffey

Janice C. Fuller

David Mitchell, RPh

Mary E. McKenney

June Fiske

Francis Rhodes

Monica Collins

Mr. and Mrs. Ronald R. Mathieu

Constance Smith

Mr. and Mrs. Clarence Watson

EMMC Dietary Department

Carol J. Buchanan

EMMC Medical Staff

EMGH-EMMC School of Nursing Alumni

Ruth McKenney Kimball, Class of 1944

EMH Auxillary

The yearbook staff would like to express their sincere thanks to the following people:

Ann Trainor, for her time and effort on the history section;

Irene Shannon, who was an invaluable resource;

Bill Shaw, for the yearbook cover design;

June Fiske, for her guidance;

Gloria Johnson, for handling our long distance telephone calls;

Trudy Deyone, for saving us at the last minute;

Our patrons, for their financial support.

Congratulations and
Best Wishes to
the Class of 1985!

Rita McFarland Husson
Class of 1947

Congratulations and
Best Wishes to
the Class of 1985!

Miriam Quigg Booker
Class of 1940

Congratulations and
Best Wishes to
the Class of 1985!

Col. and Mrs. James J. Shute

Congratulations and
Best Wishes to
the Class of 1985!

Drs. Lee and Mary Bennett

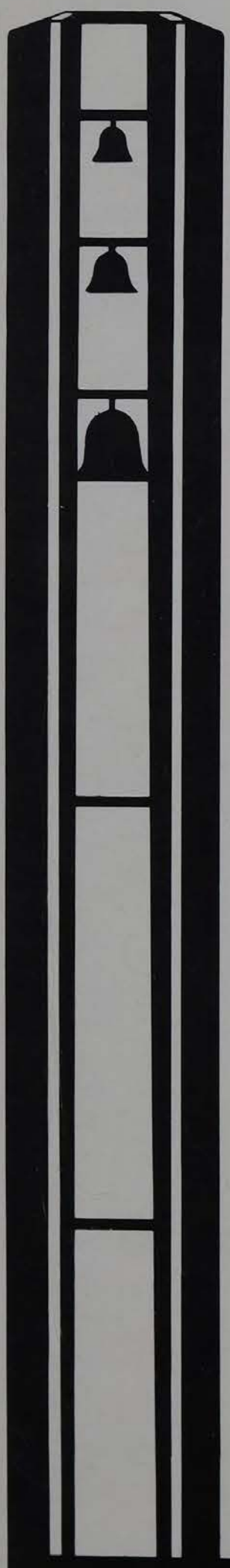
Baby Pictures

Page 38
1. Nancy B.
2. Nancy D.
3. Kathy V.
4. Anne M.
5. Sue S.
6. Gail W.
7. Mary B.
8. Robin S.
9. Tammy A.
10. Donna S.

Page 39
1. Barbara J.
2. Debbie R.
3. Paula B.
4. Tonya R.
5. Terri W.
6. Tina A.
7. Tina L.
8. Ansusan D.
9. Melanie H.
10. Lisa E.

Congratulations and
Good Wishes
Class of 1985

Affiliated Chemical Dependency Services



Congratulations to

Eastern Maine Medical Center
School of Nursing
Class of 1985

Husson College

wishes you the best

