Husson College and NESCom Student News

THE Spectator

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News to Your Eyes

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Photo by Brandon Garrett

Degrees at Affiliate School Unobskey College President Beardsley speaks at the press conference for the addition of new graduate degrees at affiliate school Unobskey College. Standing with the President is Governor Baldacci, and Sidney and Nancy Unobskey. Some teachers at New England School of Communications brought their classes to the press conference to take in the experience.

New Addition to Husson's Curriculum:

Husson to Offer New Graduate Degrees at Affiliate School Unobskey College

By Danielle Rosenblum

With property and annual grants valued in excess of $1.5 million, Sidney and Nancy Unobskey have contributed the largest single gift in college history. This gift will finance Unobskey College, a pubic, private, US and Canadian partnership with the intent of having multiple colleges and universities delivering courses and degree programs to the citizens of the lower St. Croix River Valley.

Starting this fall, Husson will offer the Masters of Science in Business, Education, Criminal Justice, and possibly Counseling Psychology at Unobskey College in Calais. In edition, Husson will offer an A.S. to B.S. degree-completion program designed specifically for Washington County graduates. The intent being that students can start their college education at the community college and continue to graduate school without ever leaving Calais, Maine.

Furthermore, Bangor Theological Seminary will be involved by offering initial courses in their Doctor of Divinity program with a focus on the St. Croix, and New Brunswick markets.

The New England School of Communications is also preparing to offer communications courses there this fall.

Husson President William Beardsley expressed his excitement at the recent press conference by saying, "We are beginning to build a true collaborative center for international higher education

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Faculty Spotlight:

Fran Tracy, Director of Resident Life

By Agnes Neill

Here we are again: a new semester with more to learn about our faculty and staff here at Husson College. This issue, I decided to talk to Fran Tracy to learn more about what it's like to sit behind that desk in her room. I learned many things about Fran, such as that she is originally from Calais, Maine, which is one of the first places where you can see the sun rise. She was living in Illinois right before she was offered a job here at Husson.

Fran has been working here at Husson for the last six years and is a Husson graduate as well. Fran obviously enjoys what she does, and one reason she came to work here at Husson was because of her positive college experience. When she came for the job at Husson, the Director of Residential Life had e-mailed Fran and told her to come to Husson and apply for a resident director position, and within the next year, move into the Director of Residential Life position. That plan ended up changing when Fran was asked to be the Director of Student Development/ Activities instead, and the man in the position of the Director of Residential Life extended his stay at Husson. A year later when the Director of Residential Life left Husson, they combined the Director of Student Activities and Director of Residential Life into one job- which became Director of Student Life and that was the job Fran accepted. Fran balanced the responsibilities of two director jobs for the next four years before Husson hired someone to take over the Director of Development/Activities, while Fran kept the position of Director of Student Life.

So what does Fran's job entail now that there have been so many changes to her job title? As you would suspect, Fran wears many hats when it comes to her job. Fran is in charge of housing and placement, Fran oversees the Residential Directors, and the RA's. Though the Resident Directors are in charge of problems that may arise in the halls, if a problem gets out of hand, Fran will also help out if needed. Fran also oversees the student Judicial Board, where students, faculty, and staff come together to decide what should happen with a student who's actions are causing a problem for the Husson community. Lastly, Fran also helps students if they need someone to talk to about roommate issues, home issues, or outside issues.

Though Fran has a lot on her plate, she does have a favorite section of her job, which is to help students grow and learn through healthy experiences. With the good comes the bad with each job, and Fran's least favorite part of her job is watching students learn the hard way about something over and over again and not understanding the problem at hand. This can be a problem because it can cause the student to be dismissed from the college or dismissed from the resident halls. "It's hard to see someone go through these kinds of difficult steps," Fran stated. Along with graduating with a BS from Husson in Business Financial Management and a MS in Education from ISU, Fran has also traveled to Italy and Greece.

For Fran's practicum experience, she traveled to England and Scotland with some

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Thomas Johnston Named President of NESCom

Jim Goff and John Rohman to Oversee Board

By Julie Green

The New England School of Communications is pleased to announce that Thomas Johnston has been elected as its 3rd president effective January 1st, 2007. The NESCom Board of Directors also elected James Goff of Veazie to serve as chair and John Rohman of Bangor as vice chair of the Board of Directors.

The New England School of Communications, or NESCom, celebrated its 25th Anniversary in October. It became a wholly-owned subsidiary of Husson College in 1997. Since then, its enrollments have expanded to over 300 students. NESCOM offers students both the Associate of Science and the Bachelor of Science Degree program in Communications with concentrations in advertising and publicrelations,audioengineering, broadcast journalism, digital media, radio, sports broadcasting and video production. "We see continued growth at NESCom in its current programs as well as in expanding the school's offerings in communications technology, live performance, video/film and print journalism. The distinction between media outlets by which information and entertainment is created and delivered is increasingly blurred and our graduates will need broader

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THE Spectator

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Nutrition #1
Making the Right Choices

By Mark Edwards

The choices you make from rise to rest define who you are. Consistently making the right decisions is the only sure-fire way to distinguish yourself – to highlight your character and to solidify your professionalism.

When it comes to nutrition, making the right choices isn't always easy. Determining what those right choices are can be a challenge, often clouded by ambiguity and misinformation. The good news? Nourishing your body doesn't have to be difficult. In fact, once you make a conscious decision to give your body what it needs, at the right times, and in the right amounts, proper nutrition is downright simple.

Before we dive into the nuts and bolts, let's talk about relationships. No, I'm not talking about the hottie you met at the gym. How's your relationship with you going? Seriously. The first step towards reaping the full benefits of a healthy diet is acknowledging the important relationship that exists between you and your body.

Think of your body as your wing man or wing lady. Everything you scarf down your esophagus has a profound effect on a lot more than you probably realize. A beautiful rule of the universe is that it's impossible to emit positive energy without receiving reciprocal compensation. Nutrition is no exception to this rule. When you invest in yourself by supporting your body with lean proteins, whole grains, vegetables, fresh water, and other nutrient dense foods, you experience immediate returns in the form of heightened energy, increased mental clarity, and an overall good feeling.

You're changing. As you're reading these words your body is undergoing a miraculous regeneration. The human body is comprised of over 75 trillion cells and is in a constant state of renewal. Each and every one of those cells has signed a one-year lease in the apartment building that is your body. Over the course of one year, all of those cells will be evicted – never to be seen again. In their place will come new tenants. Within four weeks, all of your skin will be brand new. Within three months, a new skeleton. Within four months, an entirely new blood supply! The quality of this amazing regeneration is directly linked to the quality of the nutrients we give our bodies to work with.

The way I see it, building a body is analogous to building a house. Actually, the human body is a lot like a house too if you examine their respective compositions and processes. The foods we consume constitute the raw "house-building" materials. Lean meats, whole grains, fresh veggies – these are the high quality materials you would find at a hardware store. Sticking with the analogy - donuts, soda, and fried foods are essentially moldy wood, bent nails and cracked siding. Sure, you can build something with the latter, but it will only be a matter of time before the thing crumbles to the ground! What it all boils down to is looking at yourself in the mirror and asking, "what do I deserve?" I don't know about you, but I'll take the Home Depot over a scrap yard any day.

If you're new to the idea of improving your eating habits, I applaud you! Just like building a house though, you have to start with the foundation. Before we can get into the how, it's vitally important to understand why nourishing your body is not only essential to improving your health, but is a rewarding experience that you deserve.

I want to see you succeed, in all areas of your life. I really do. In fact, I wrote this article for you! In addition to these monthly editorials, I'm starting a talk show called JOLT – Joy of Life Training on 89.3FM WHSN. JOLT is a show dedicated to improving our quality of life, and will cover a wealth of topics ranging from exercise to nutrition to time management and tons more. Look for the inaugural show to air before spring break!

If you have any questions or comments, feel free to e-mail me at JOLT.WHSN@hotmail.com

Affordable Dental Care

By Heather Parker

There is a school for Dental Hygienists in Bangor. If you have some time, you can get a great deal. In two sessions of two hours, you can receive an oral exam, polishing, hygiene instruction, and fluoride treatment—all for ONLY $25.00!

The University College of Bangor's Dental Health Program is located in Lincoln Hall at 29 Texas Avenue. Their telephone number is 262-7872. They are open from 8 a.m. to 5 p.m., Monday through Friday. Their services are available only from September through April.

Why not do some Spring-cleaning in your mouth during March break? A small investment in time (and some cash) will go a long ways towards your improved overall health.

Gum or periodontal (meaning around the tooth) disease can affect other health concerns. Besides tooth loss, bad breath, and pain, the bacteria, which grow in the mouth, can affect the health of the heart, blood vessels, and other body functioning.

So, take care of yourself by taking care of your mouth.

Counselor's Corner: Eating Disorders

By Rene Collins

Monday, February 26th is the beginning of a week long project highlighting eating disorders. This year is the 20th anniversary of National Eating Disorders Awareness Week (NEDAW), and Husson College senior nursing student Chris Caron is leading a college and community education project about the seriousness of eating disorders.

Eating disorders--anorexia nervosa, bulimia nervosa and binge eating--are disorders which have extreme emotions, beliefs and behaviors that center on food, yet involve much more than food itself. Eating disorders do not discriminate. Every age, race, gender, ethnic group, or sexual orientation is affected. About 10 million women and 1 million men have a life and death battle with anorexia or bulimia, and as many as 25 million more struggles with binge eating disorders. Did you know that one in five college aged students has an eating disorder of some kind?

Unbelievable as it may sound, anorexia nervosa has the highest mortality rate of any mental illness including depression, anxiety, post traumatic stress disorder, or schizophrenia. It is also more expensive to treat than schizophrenia and is more common than Alzheimer's disease. It is safe to say that you, a family member or friend has an eating disorder. While scientists continually seek causes and treatment, we remain steadfast in our efforts to wrestle this giant that robs us of productivity and peace.

The theme of this year's event is "Be Comfortable in Your Genes, Wear Jeans that Fit the REAL You". There is growing evidence that shows body shape and size is largely determined by genetics. Chris invites you to participate in the The Great Jeans Giveaway by bringing your too-small jeans to her in the Campus Center. Trying to fit into clothes that do not fit can lead to unhealthy dietary practices, poor body image, self-esteem issues, and many other medical and social challenges. At the end of the event, the collected jeans will be donated to a local charity. Meanwhile, for each pair of jeans that you donate, your name will be entered to win a grand prize.

During National Disorders Awareness Week, you can find colored eggs hidden throughout the campus. When you find an egg, follow the directions inside and your name will be entered to win one of several daily prizes.

Let the size of your Jeans fit your Genes. Take the opportunity to learn about the symptoms of eating disorders, current treatment practices, and research. It not only can help you, but will also assist you in supporting a friend or family member who has an eating disorder. There will be a panel of experts discussing all aspects of eating disorders. We expect this to be on Wednesday, February 28th from 6 to 8 PM in the Campus Center.

Chris has worked diligently to bring awareness of eating disorders to Husson College and local communities. We can reap the benefits of her work and perhaps even get new jeans to fit our genes!

For ongoing information and support with eating disorders:

Call Counseling Services - Jayne Thibodeau can be reached at 941-7184 and Rene Collins at 941-7981

More information about eating disorders can be found at: www.youngwomenshealth.org

Hey Students . . . .

Feel like you are getting sick?

Maybe it is just a cold . . .

Make sure you take care of yourself this winter.

If you are on campus, use your resources.

Check out the Nurse's Office

In Carlisle Hall - Room 101

Open Monday thru Friday

10 AM to 4 PM

or

Call 941-7625

New to NESCom:

Faculty Member Hired for Journalism Program

By Len Harlow

Mark Kelley, an assistant professor of communication and journalism at the University of Maine, has been named a full-time faculty member in charge of the journalism program at the New England School of Communications at Husson College.

His appointment becomes effective at the start of the second semester Jan. 16. He will replace Mike McCauley who will leave to pursue other interests.

Kelley holds a Bachelor's Degree from the State University of New York at Geneseo, and master's and doctorate degrees from Syracuse University. He has taught in the communications department at Goshen College and was a teaching associate in the Newhouse School of Public Communications from 2001-2004. He has been at the University of Maine since 2004 and has been an on-air pledge break talent for Maine Public Broadcasting television.

His background includes 23 years of involvement with television news as an anchor, reporter, producer and on-air talent with various outlets in Indiana and six years of radio news work in Delaware and Pennsylvania. He is the author of the publication Engaging News Media: A Practical Guide for People of Faith published in August of this year and which addresses the question, "can we find the truth in news media".

In 1994 he was the recipient of the Citizen of the Year Award given by the Indiana chapter of the National Association of Social Workers.



Photo by Craig McDonough

A New Face to NESCom Mark Kelley is the newest addition to the faculty members here at NESCom. Kelley has been through extensive school, earning his master's and doctorate. He will be in charge of the journalism program here at NESCom.

Collaboration

(Continued from cover)

in what we now call Unobskey College. Sidney and Nancy Unobskey, through their generosity, passion, boundless energy and vision have made this possible. We thank them from the bottom of our hearts."

This is an exciting next step in the expansion of Husson College and its affiliate colleges. The details are still being worked out, but so far it has been decided that the downtown Calais campus, now called Unobskey College, will make the facility available to other institutions of higher learning at minimal fees. The degrees earned at the college will be granted by the institution that grants the degree. Most new programs and course are scheduled to start in September 2007.

Spotlight:

Fran Tracy *(Continued from cover)*

non-traditional students. Along with traveling in college, Fran has been to the Caribbean and on some cruises. Fran has traveled most of the United States except California and Texas, which she hopes to see soon.

I asked Fran what can be difficult for students to understand about her job and she replied that she is no longer directly involved with activities, so there are times when she will not have an answer to a student's question, and she'll have to direct the student to someone else for the answer.

When it comes to the personal side of Fran she said she enjoys just about every type of music except heavy metal. In her spare time, Fran likes to travel, spend time with her family and enjoys outdoor sports like hunting, skiing, fishing and more. Also, Fran had recently taken up Curling, and when she entered a competition a few weeks ago, her team came in 5th out of a total of 22 teams.

Outside of Husson, Fran took a home real-estate appraisal class; she's the Vice President on the Board of Trustees for Families United. This is a program which works with families trying to help the parents and the children have a healthy experience in their homes. Fran is also a part of BRCI- Bangor Region Leadership Institute. Lastly she's on a bowling league. Here at Husson she's involved with Habit of Humanity.

I asked Fran to give me some important advice which I could pass on to the other students through the Spectator and she said, "appropriate communication is key to every relationship here at Husson or outside of Husson." So what keeps Fran here? The students! She really enjoys talking and joking with the students and helping them in any way she can. Fran also enjoys the people she works with as well; a good team of workers makes any job enjoyable.

What does Fran see in her future? Fran would like to have some children of her own some day. Along with this, she would like to move closer to home to be closer to her family. Fran's family is very important to her and she greatly admires her mother. Fran says her mother always told her children they could do whatever they wanted to do as long as they put their mind to it and didn't let anyone tell them that they couldn't do it. Fran is trying to pass that wisdom on to the students here at Husson.

Save this Date!!!

The grand opening of the beautiful new

Furman Student Center

will be

Wednesday, March 28, 2007

Two live bands – door prizes every hour
lots of food – free t-shirts
contests and much more!!!!

Student Government

What it is all about

The Student Government Officers are very excited to represent the Husson College Student Body this year. During the '06 Fall Semester the SG Officers were very busy from meetings, conferences, and special events. All of the SG officers were able to meet with John Rubino, Dean of the College, to share goals and ideas for the academic year. Suzy Perkins and April Clockedile attended the NACA Northeast Conference in Marlborough, MA.

At this conference April and Suzy met with various college programming vendors, which maybe potential acts booked for SG Annual Winter Carnival Week and Spring Weekend. Mark Fucile, Derek Carter, and Advisor Michael San Antonio attended the National Student Leadership Conference in Orlando, Florida. This conference was educational/ informational conference that allowed Mark and Derek to network with other SG Officers from around the country.

What to contact Student Government?

Send them an email:

studgov@husson.edu

Upcoming Events Sponsored by: Student Government

Monday, February 12, 2007
10am-3pm **Dance Dance Revolution, Photo Booth, & Make your own Valentine Cards all in the Campus Center**

Tuesday, February 13, 2007
10am-2pm **Make your own Valentine Cards in the Campus Center**

Husson College Winter Carnival WEEK

Monday, February 19, 2007
10am-2pm **T-Shirt Creations in the Campus Center**

Tuesday, February 20, 2007
10pm-12am **Open Mic Night in the Campus Center & Food**

Wednesday, February 21, 2007
12 noon-4pm **Winter Games in the Campus Center/ CC Court Yard**

2006-2007 Student Government Executive Board Members:
President: Mark Fucile '08
Vice President: Derek Carter '08
Treasurer: Tim Talpey '09
Secretary: Matthew Thibodeau '09
Vice President of Resident Affairs: Suzy Perkins '09
Vice President of Commuter Affairs: April Clockedile '08
Advisor: Michael San Antonio

The Purpose of Student Government:

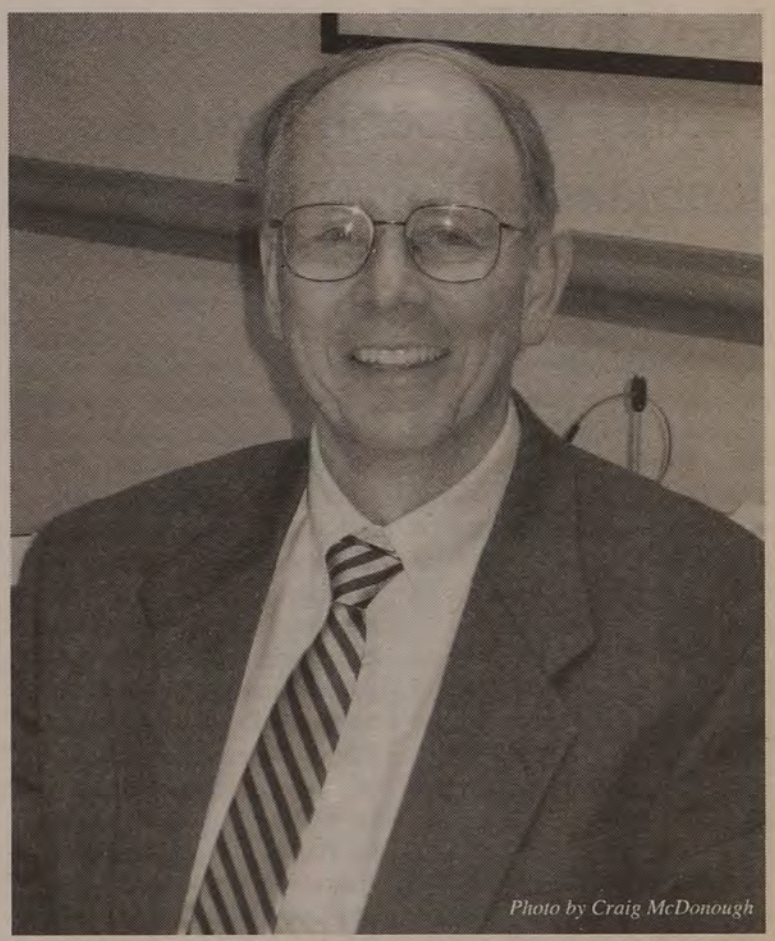
- To represent the best interests of the entire student body.
- To maintain student rights.
- To stimulate and improve democratic Student Government
- To improve student cultural, social, academic, and physical welfare.
- To establish and maintain student control over student activities within the college.
- To act as liaison between the administration, faculty, and the student body.

Husson College Student Government Club and Student Organization Grant Application Information

Student Government is offering the Clubs and Student Organizations at Husson College the opportunity to apply for additional funding through a grant. The grant will be awarded on a first come first serve basis, with the possibility for Clubs and Student Organizations to receive additional funding of up to $500.00 for a specific need. If the Club or Student Organization is awarded funding through this grant, that Club or Student Organization will not be eligible for the grant for the next two academic semesters. (e.g., If a Club or Student Organization is awarded a grant for the Fall 2006 that Club or Student Organization would not be eligible for another grant until Spring 2008). If a grant is awarded to a Club or Student Organization and the funds are not used then they will revert the funds back to Student Government to make funds available for others in need.

Grant applications will be available in the Student Government Office room 104 Peabody Hall. Once the application is received it will be reviewed by the Executive Board to ensure the form has been completed properly. It will then be presented to the Student Senate to determine if funds will or will not be awarded to that Club or Student Organization.

It would be in the Club and Student Organizations best interest to submit their application at least three to four weeks before funds are needed.


Photo by Craig McDonough

Thomas Johnston After being an active member on both the Husson College and NESCom Boards, Johnston now wears the hat of President of New England School of Communications.

Johnston

(Continued from cover)

knowledge and skills to support their careers, "said Johnston.

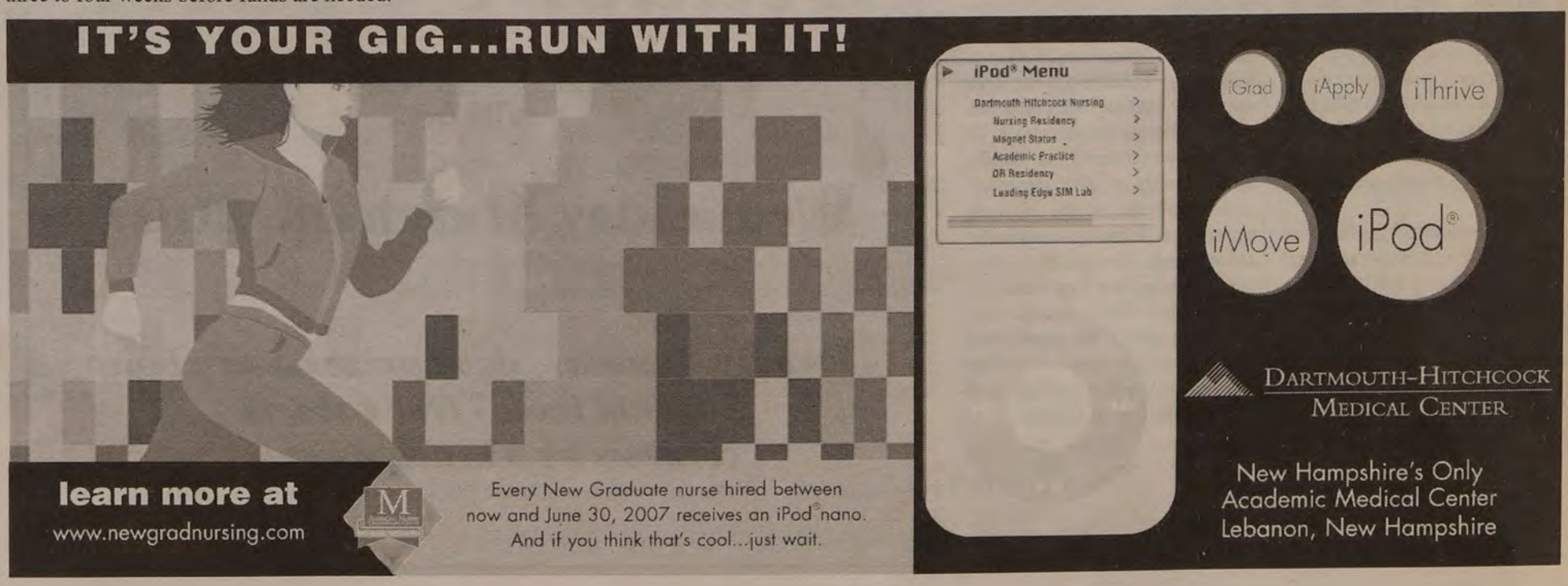
"Thom Johnston has been a leader on the Husson College and NESCom Boards not to mention in Bangor's performing arts community. He was the natural and the best choice for expanding NESCom into new career areas." said Husson president William Beardsley.

Johnston, a graduate of Middlebury College and Boston College Law School has served as a senior partner and chair of the Employment Law Practice Group of Eaton Peabody.

"Thom Johnston has practiced at Eaton Peabody for 31 years and his daily presence will be missed by both his colleagues and his clients," said Eaton Peabody CEO Dan McKay. "We are confident that he will share his enthusiasm for education with the student body at NESCom, and we look forward to his continuing association with the firm in an of counsel capacity."

He is a past president of the Bangor Symphony Orchestra Board and the Bangor Region Chamber of Commerce and past chair of the boards at both Husson College and The New England School of Communications. He will remain of counsel to Eaton Peabody, and will also serve as the chief human resource officer and corporate secretary for Husson College.

James Goff is the former owner of Penobscot Broadcasting Corporation that operated WHOU AM & FM and WPBC FM93. He is also the past president of the Bangor Symphony Orchestra Board of Directors. John Rohman is president of WBRC Architects-Engineers and chair of the Maine Commission on The Creative Economy.



Campus Safety and Security:

Spring Semester Is Here

By Robert Kilpeck

It's hard to believe that the fall semester has come and gone, and we are now into spring. On behalf of everyone here at the Department of Campus Safety and Security, I want to welcome everyone back from their holiday break, and a special welcome to those of you who are new to the Husson community. If there is anything that we can do to help you with your transition, please do not hesitate to contact us or stop by the security office in Peabody Hall, where you will find a security officer on duty 24/7.

This semester we are excited to be partnering with Student Activities for the formulation of a new "R.A.D." program here at Husson. The Rape Aggression Defense System is a program of realistic, self-defense tactics and techniques for women. The R.A.D. System is a comprehensive, women-only course that begins with awareness, prevention, risk reduction, and risk avoidance while progressing on to the basics of hands-on defense training. We are very fortunate to have Sergeant Deborah Mitchell of the University of Maine, Orono Police Department as our nationally certified R.A.D. instructor, assisted by Vicki Blanchette.

The class runs for five consecutive Tuesday evenings from 5:30 – 6:30 p.m. Although it is too late to sign up for this session, we are hoping to start a new class after the spring break. Classes will be limited to twenty, and there will be no charge for Husson and NESCOM female students.

If you are interested in future R.A.D. classes, or if there are other programs that you would like to see here at Husson College, please see Pamela Kropp-Anderson in Student Activites, or Bob Kilpeck in Safe and Security at any time. Also keep in mind that acceptance will on a first come basis.

Have a safe and pleasant semester, and also remember: "Friends Don't Let Friends Drive Drunk."



Raising Some Money For A Good Cause Students of Husson College held a fund-raising event at Texas Roadhouse early this February. The group Habitat For Humanity is raising money for their trip over spring break. Students will be volunteering their spring break to build houses in communities.



Saying Goodbye Reverend Bob speaks to faculty and staff gathered at his farewell ceremony. Reverend Bob plans on spending more time with his family and continuing his involvement with community health care delivery in the greater Bangor area.



Showing off the loon Reverend Bob speaks at a farewell ceremony held in the Campus Center. Faculty and staff gathered to say goodbye to a well respected and well accepted member of the Husson College community. Reverend Bob received the loon at the ceremony. The event was held right before winter break.

Words from Dean Rubino:

Reverend Bob Retired

The Reverend Robert Carlson submitted his resignation at the end of the fall semester to John Rubino, Dean of the College, effective January 31, 2006. Rev. Bob had been associated with Husson for over 10 years. Prior to his retirement from East Orrington Congregational Church, he served as College Chaplain for 5 years on a part-time basis before becoming the full-time chaplain in 2001.

As College Chaplain, Rev. Bob was an active participant in the Husson community and he always endeavored to improve the quality of the student experience. He would greet and meet students in the residence halls, gymnasium, campus center and dining commons and at the athletic fields, late night activities and dances. Rev. Bob brought spirituality into the lives of students, faculty, staff, trustees, alumni and their families. Leading a prayer in the locker room with student-athletes, offering pastoral counseling with individuals and student groups, conducting weekly interdenominational chapel services in the Leonard Chapel, assisting members of the Husson community who felt their whole world was coming apart and offering blessings, prayers, comfort and support were facets of Rev. Bob. He could be counted upon to lend a helping hand and to brighten up even one's darkest days. Winter, spring, summer or fall, Rev. Bob built relationships and sowed the seeds of spirituality.

He was a co-leader of Healthy Choices, an educational program to help students learn about alcohol and other drugs and its impact upon behaviors, decision-making, relationships and personal health. Rev. Bob was member of the Student Affairs Division, Student Life Department, the Office of the Chaplain and Vision Committee. He supervised the Campus Safety and Security Department.

Reverend Bob plans to spend more time with his family and continue his involvement with community health care delivery in the greater Bangor area.

Proud Eagles:

Husson Women Prove Their Mettle

By Rob Poindexter



Photo by Rick Henderson

The Husson Women Work It The Women Eagles prove they're tough winning a fight to victory during a close scoring game. The Eagles played Lasell College on Saturday, February 3rd, and played hard to 68-66 win. Above the Eagles work the ball into the paint, setting up a drive to the basket.

While I don't think giving Coach Kissy Walker a coronary was part of the game plan, the Husson Women very nearly accomplished just that. The Eagles entered their most crucial stretch of the season facing three conference rivals in a four game span. All three opponents are battling with the Eagles for playoff spots and ranks in the North Atlantic Conference. Husson was also in the midst of a five game losing streak, they're longest such streak of the season, that included a second half meltdown against arch rival Maine Maritime, where Husson blew a seventeen point halftime lead and lost by ten on their home court.

Friday night against Mount Ida Husson jumped out to a nine point lead in the first half, and while the Mustangs put on a run, the Eagles were able to come away with a 59-56 win. Crystal Martin led the way for Husson with 12 points 5 assists and four steals as they dispatched the first of the conference foes.

Next up was a Saturday showdown against Lasell where sophomore guard Jenny Rollins poured in a team high 16 points, and in one of the most evenly contested basketball games you'll ever see, Husson came out on top again 66-64. All that stood in the way of Husson and a clean sweep of the three biggest games of the year, up to this point, was a Tuesday night clash with Thomas College, who beat Husson 64-54 back on January 16.

With Husson clinging to a two-point lead and 20 seconds to play, the Eagles dug deep and played lock down, man-to-man defense as senior guard Crystal Martin made the game saving steal and Husson held on for the 63-61 victory.

While their overall record is 10-11 Coach Walker is quick to point out they've played a brutal non-conference schedule including Bowdoin who was ranked number one in the nation when they played. The degree of difficulty of their schedule only adds to the confidence of a Husson team that has played against some of the best and more than held their own. Perhaps that's why Coach Walker believes this team can make a lot of noise in the NAC tournament.

Manning Finally Wins the Big One

By Aaron Larsen

Peyton Manning may have been considered one of the best quarterbacks to ever play the game of football, holding numerous passing records, and holding the single season record for touchdowns, but the one thing he didn't have was a Superbowl ring. That all changed on February 4th in Miami. In the span of 4 hours, Manning put together a Manning-like game and won what he's been wanting since the start of his career: an NFL Championship.

The Colts defeated the Bears 29-17 in a very lopsided game, in which the Superbowl MVP Manning completed 25 of 38 passes for 247 yards, with just one touchdown and an interception. When asked about finally winning the big one, Manning did his best to deflect those comments.

"I've never played into that card," Manning said. "I've never bought into that…it was a wonderful team game. Everyone did their job."

Colts coach Tony Dungy, the first African American coach to win a Superbowl, and the first to win one as a player and a coach, was visibly happy about the win and the achievement.

"I feel good I was the first one to do it," Dungy said. "This may not have been our best team in five years, but it was the closest and the most connected -- and it showed in the way we played.

"The disappointment you have along the way, it helps you appreciate it more after you finally do achieve it."

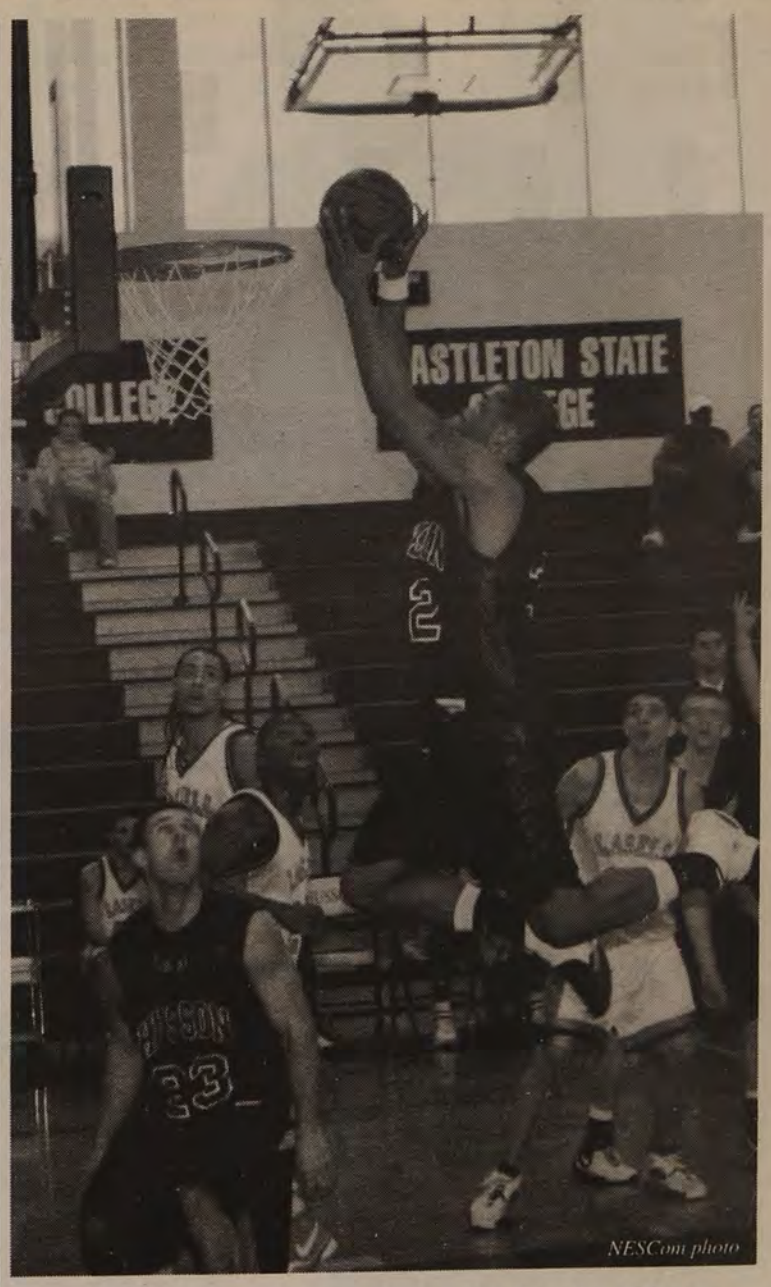
Indianapolis rookie Joseph Addai made a bid for Superbowl MVP, in a game where he caught 10 passes for 66 yards carried the ball 19 times for 77 yards. Backup running back for the Colts, Dominic Rhodes, came off the bench and rushed the ball 21 times for 113 yards.

Chicago, on the other hand, also had a good running performance turned in. Thomas Jones rushed for 112 yards, on just 15 carries. On top of that, the Bears would score faster than any team in Superbowl history, with the opening kick turned in for a touchdown, in just 14 seconds, by kick returner Devin Hester.

These would turn to be most of the excitement, however. After a first half of many turnovers and a combined 30 points, in addition to Adam Vinateiri missing a field goal (he is human!), the game settled down. The third quarter consisted of two field goals by Adam Vinateiri, and one made by Robbie Gould of Chicago.

The fourth quarter had just a game-changing interception, in which Kelvin Hayden returned a Rex Grossman interception 56 yards for a touchdown, to make the game 29-17 in favor of the Colts. That would prove to be all it took for the Colts to win, as Grossman would throw another interception before game's end.

The Superbowl game was mostly an anomaly for Superbowl's, in which the Colts had the ball for over 38 minutes compared to the Bears 21:56, and where the Colts had nearly 100 more yards of total offense, the Colts finally were able to win the big one. It may not have been pretty at some points, and the game might have been closer than it should have been, but in the end, Peyton Manning finally added that elusive Superbowl ring to his list of accomplishments, and the Indianapolis Colts won Superbowl XLI.



NESCom photo

Husson Men's Basketball Putting It Away On Saturday, February 3rd, the Eagles put up a victory while at home against Lasell College; with the final score being 81 to 75. NESCom also did a broadcast for the game.

Baseball Season is On Its Way: Countdown to The Red Sox 2007 Season

By Derek Wood

Disgusting hot dogs and over-priced parking are signs that the Red Sox's 2007 season is only months away. The Red Sox kick off the year in Kansas City against the Royals, April 2nd. So before you try the clam chowder, and paark your caar, let's take a look into the upcoming season.

The Red Sox made four essential moves during the off-season that should improve their ball club from last season's collapse. Starting pitching, bullpen help, lead-off hitting and an extra reinforcement into the starting line-up were all addressed during the off-season. The Red Sox forked 103 million dollars over to Daisuke Matsuzaka who has never thrown to a major league hitter. The Man, the Monster, the Gyro-throwing star pitcher will make his major league debut with The Red Sox. Who is Daisuke? And what makes him so special that a team would pay 51.11 million dollars just to talk to him? Let me help you a little bit if you haven't done the research yet. Last year with the Seibu Lions, a team in the Japanese league, he went 17-5, struck out 200 hitters and finished the year with an impressive 2.13 E.R.A. He was also the World Baseball Classic MVP and helped them win against Cuba in the finals. During the classic he was 3-0 with 1.38 E.R.A. He is the first Japanese pitcher ever to record 100 mph pitch on the radar. He also brings youth to a pitching staff, being only 26 years old. Daisuke will join: Josh Beckett, Curt Schilling, Jon Lester or Tim Wakefield and Jonathan Papelbon. You may have your doubts but if you look traditionally in the history of Japanese players coming to the Major Leagues, there have been many success stories. It took two years for National League hitters to figure out Hideo Nomo in the early 90's, and Ichiro still remains the best major league hitter. We'll have to wait and see but you certainly have to be excited about the Japanese phenom.

The issue was the bullpen last season. The Red Sox added Brendan Donnelley, Hideki Okajima, J.C Romero and re-signed Kyle Snyder. Others to consider competing for closing job will be Mike Timlin and Julian Tavarez. I'm not exactly sold on the signing of Joel Pineiro. Pineiro, who last season had an E.R.A higher than Kate Moss, will try to get back to his successful days when he was the Mariners. I don't traditionally consider someone with one career save and an E.R.A that high as a closer but perhaps he could be a set-up guy or a long reliever.

The Red Sox believe they found their lead-off hitter with Julio Lugo. Nonetheless, Sox have three legitimate contenders for the lead-off spot. Lugo, Kevin Youkilis, and Coco Crisp. Here's how I think The Sox would like to draw up the starting line-up: 1. Julio Lugo, 2. Kevin Youkilis, 3. David Ortiz, 4. Manny Ramirez, 5. J.D Drew, 6. Mike Lowell, 7. Jason Varitek, 8. Coco Crisp and at the ninth spot Dustin Pedroia.

The Red Sox finally closed the deal with J.D Drew who is worth 70 million dollars over five years, will add power to the line-up. The Red Sox potentially have 300 RBI's between the 3rd, 4th and 5th spot in the line-up. On paper they look impressive but of course you can't complete a puzzle without putting the pieces together.

So do the Red Sox have a championship caliber team? You can never tell with The Sox. However, they have at least made an effort to put a competitive team out there every single night. They have depth in the outfield, starting rotation and bullpen. Depth is always a good thing when you talk about teams in the playoffs. The Red Sox also have many question marks surrounding their starting rotation. Can Curt Schilling still be that number 1 starter at his age? Can Josh Beckett put a year together as equal or better? How will Jon Lester pitch after season-ending cancer surgery? Will Jonathan Papelbon make a successful transition from closer to starting pitcher? And will Daisuke Matsuzaka be an investment or a bust? I think the Sox will be fine. In 2004 the Sox won because they had depth. Every team will face an injury at some point and it's those teams who have extra impact players who win. The Sox have the depth, the pieces of the puzzle, perhaps the answers to last year woes, but do they have the impact players they paid for.

McGwire:
Not Biggest Hall Of Fame Snub

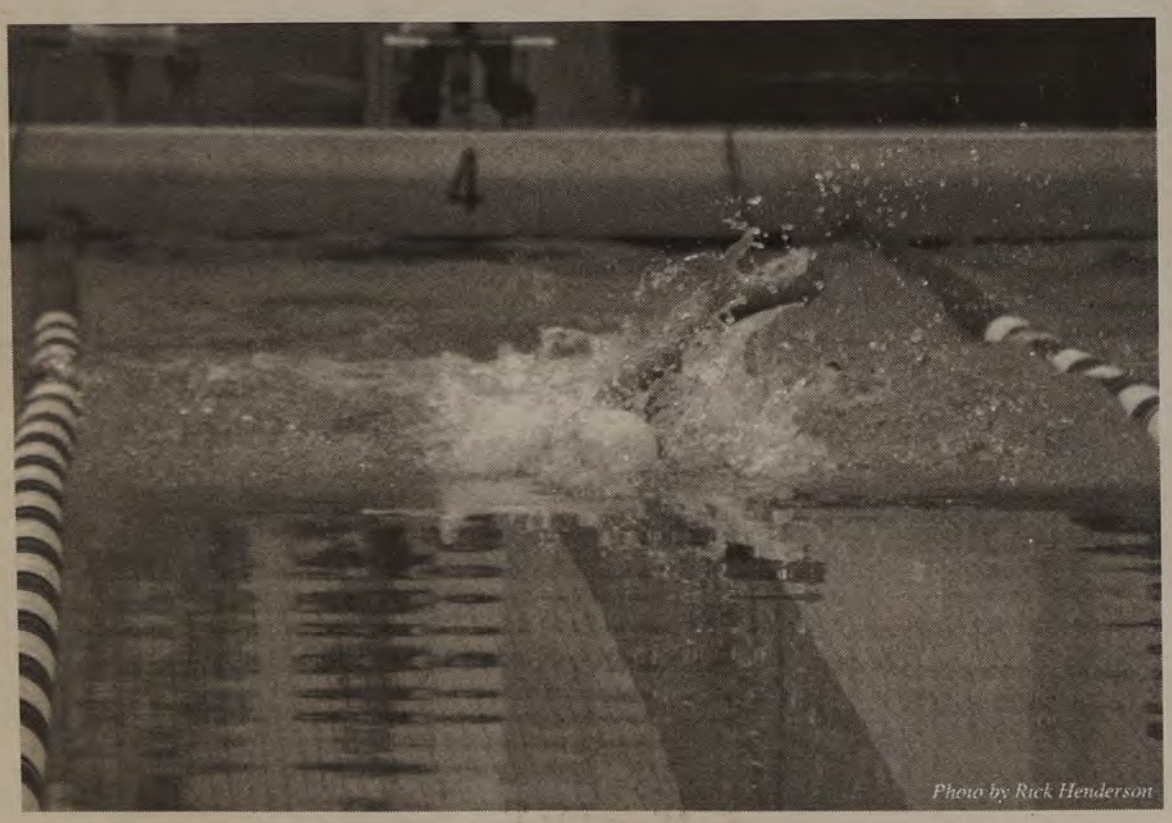
By Rob Poindexter

Another round of Hall Of Fame voting has concluded and in a few short months Cal Ripken and Tony Gwynn will rightfully have their plaques hanging in the hallowed halls of Cooperstown. This is usually the time when the debates begin in sports bars all over the country as millions of baseball fans make the cases for their hometown heroes right to breathe the same rarified air as Gwynn, Ripken and the other 198 players in the Hall. Unfortunately the talk around baseball has been centered once again on performance enhancing drugs and how those from the "steroid era" should be treated in terms of their Hall Of Fame candidacy. Let's not pay so much attention to the cheaters that we lose sight of a player who was once again inexplicably left out, and for no other reason than the childish blowhards known as the baseball writers just don't like him. I'm talking about Jim Rice and what is sadly becoming an annual (and legitimate) gripe here in Red Sox nation.

My case is simple and, to be frank, impossible to refute. This is the tale of the tape between two outfielders: Orlando Cepeda and Jim Rice. Orlando Cepeda played out field for 17 seasons for three National League teams, and had brief stops in the American League before he played in his last game September 19, 1974. For his career he finished with a .297 batting average, 379 home runs, and 1365 RBI. Now let's take a gander at Jim Rice's career. Rice played 16 big league seasons, all with the Red Sox, and he had a .298 batting average, 382 home runs, and 1451 RBI. Now math was never my strong suit but I believe that tells me Rice had a higher batting average, more home runs, and more RBI while playing one fewer year. Rice was an eight time All Star, led the league in home runs three times, RBI twice, slugging percentage twice, and won the American League MVP in 1978. Cepeda was an All Star seven times, never won a batting title (in fact he never finished higher than third), led the league in RBI twice and he never led the league in slugging percentage. Jim Rice was arguably the most feared hitter in the American League for a span of ten years. He has 670 career walks to Cepeda's 588. Orlando Cepeda was inducted into the Hall Of Fame in 1999, while Jim Rice is still on the outside looking in.

It's no mystery why the baseball writers have chosen not to put Rice where he rightfully belongs. He was notorious for being truculent with the media, rarely granting interviews, and just all around not so friendly of a guy. This is how the baseball writers exact there revenge. In a nutshell Jim Rice is not in the Hall Of Fame because he is the Biff Tannen, to the writers George McFly. The problem is it's not their job to exclude players because they simply don't like them. The baseball writers of America have been to hypocritical, and made their decisions on the Hall Of Fame based on how these players treat them off the field and in the locker room rather than what is accomplished on the field The manner in which they vote is mind boggling. Take the case of Steve Garvey. In 2003 Garvey received 138 votes. In 2006 he received 135 votes. Garvey played in the exact same number of Major League Baseball games between 2003 and 2006 as I did; Zero. So I ask what exactly did Garvey do in those three years that made three voters change their mind?

Major League Baseball needs to seriously reevaluate how players are voted in to the Hall Of Fame even if this means revoking some of the voter's ballots. They need to do something to make it crystal clear to the writer that just because a player does not chap his lips on their backside is not a good enough reason to leave them off your ballot. Perhaps the writers need to heed the prophetic words of Uncle Ben who said to Peter Parker, "With great power comes great responsibility."



Swimming Unil the Last Lap Husson College Women's Swim Team concluded their season with their last meet in the early part of February. The Husson swimmers swam around a dozen meets this season, having their ups and downs. Next season should be good considering Husson doesn't have any seniors to lose. Overall it was a good building year for the Eagles, especially with the swim program being a new addition to Husson winter sporting events.

Miranda Lambert:

Country Music's Sassiest Gal Ever

By Katie Leighton

I have a confession to make. When I was seven years old, I remember listening to Q 106.5 and hearing Pam Tillis sing "Maybe It Was Memphis," loving every minute of it with every part of my little being. I guess an accurate confession would be that I have a soft spot for "down-home-twangy-whiny my-wife-took-the-house-and-dog" country music.

Country music has really taken a turn in recent decades. Whether the turn is for better or worse is debatable. But regardless, there have been several artists that have come on to the scene who could easily be considered pop as much as country. Some have even "crossed-over" and are played on some pop radio stations. As I got older, I found that my taste in music got edgier. The edgier my taste got, the more I seemed to shy away from the format, mostly because of the change it had undergone. Faith Hill, Rascal Flatts, and Leanne Rimes are all talented, and they create great music for people that really can get into it. Still, I don't think the word "bad-ass" comes to mind when you think of any of those artists.

What an amazing thing it would be if—out of the woodwork—came an artist that *was* bad-ass *and* country? Well, Ladies and Gentlemen, may present to you Miranda Lambert. Her first huge single was called "Kerosene." It's a little ditty about when love gives up on you and being okay to go a little psychotic:

"I gave it everything I had and everything I got was bad. Life ain't hard but it's too long to live it like some country song. Trade the truth in for a lie, cheating really ain't a crime. I'm giving up on love cause love's given up on me…"

This girl has busted on to the scene, demanding respect with both her mature and edgy song writing as well as her jaw-dropping shows. Her song are true to their Country roots, but they have sucker-punching power that can made anyone stop and take notice. Her debut album, also titled "Kerosene," has a selection that is all across the board, from sweet nostalgic "Me and Charlie Talking" to the hard hitting "I Wanna Die," which is about plunging head first into a romantic excursion that you know may very well be the death of you.

The whole record is not for everyone, but it's guaranteed to having something that you like. If you hate Country music, "I Can't Be Bothered" is going to make you want to pull your hair, but "There's a Wall" could make you whistle while your plucking that last strand. This record is diverse and true. It is as genuinely Country as it comes, and as raunchy as any other Country record you'll find. Heritage fans will take notice of how intuitive Miranda Lambert's instincts are to write a song that Willy, Waylon, and the boys would be proud of. New fans will find everything they have come to love about country music in the past couple of decades.

If you just look at her, you would chuckle and say, "Little Miss review writer, nothing about this girl says naughty." Her cute dimples, blonde hair, and petite frame are simply a cover because this girl is lethal once she's got a guitar in her hands. Any closet country music fan that caught her show (when she cam to the Bangor Auditorium with Diers Bently) can attest to the fact that this Miranda Lambert has a heart of gold and balls of steel.

Super Bowl Sunday:

Let's Focus on the Advertisements

By Sarah Denbow

Sunday, February 4th was an important day for football fans around the nation. It was time for the 41st Super Bowl, featuring the Bears and the Colts, and of course, everyone was tuning in. The game was underway at around 6:30 in the evening, when the Colts started with the kick-off. And throughout the next three and a half hours, everyone was on the edge of their seats. But, the game wasn't the only thing viewers were excited about.

It may be known to many people that the commercials televised during the Super Bowl are the highest paying—all because so many people are watching the game. On average, for a thirty second spot commercial, a company would have to pay in around $1.1 million. That's $2.2 million of very minute.

When I spoke to a few students who were watching these commercials, I discovered that those they liked in common were the Bud Light, Budweiser, Snickers, Doritos, Fed Ex, and Chevy commercials. Still, the commercials didn't seem to be as entertaining as they were in previous years. My favorite was the Hitching Hiking Hops, where two drivers pick up a hitchhiker even though he was carrying an axe, all because he had a Budweiser in his hand. I also enjoyed the Taco Bell commercial with the talking loins.

My marketing class actually watched most of the commercials in class, where we discussed them. We all agreed that they were funny, but they also could have been better. We are all looking forward for next year. So, if you're wondering why so many people who are not football fans tune into the Super Bowl, just remember that it's because they're viewing the highest paying commercials… commercials that you wouldn't regularly see.

Movie Reviews:

By Nick Stanhope



Epic Movie: ◆

If you are fond of the 8 dollars you have, then I suggest you don't go see Epic Movie. This movie got a lot of hype and a lot of commercial air time, but the saying don't believe the hype really comes into play with this movie. The acting is horrendous and the plot…well I still haven't figured out what the plot to this movie was. To me it was just a cheap way to poke fun at movies that most of America actually enjoyed. With no real big-name actors in this movie except maybe Kal Penn (Van Wilder, Harold & Kumar) there is no reason to go and see this movie.



Smokin' Aces: ◆◆◆◆

If you are a fan of action then I suggest you check out Smokin' Aces. The reason this movie is so good is because it stays true to the film makers, and it stays true to Joe Carnahan's (the writer of the story) mission to keep the audience entertained and horrified for nearly two hours. A big part of this movie's success if the way the movie was able to intertwine humor right in the middle of a gory murder scene.

Also what helped the movie is that it was loaded with big name actors such as Ben Affleck (Dazed & Confused, Dogma) Ryan Reynolds (Just Friends, Van Wilder) and Jeremy Piven (Entourage). I encourage anyone that likes a good action/ comedy movie to go and check this one, it may surprise you.

*Reviews are scored on a scale of 1 to 5 (being the best)

CD Reviews:



Boys Like Girls:
Boys like Girls (Self-Titled Debut)

◆◆◆◆1/2

Written off as just another "Alternative Rock" band. Boys Like Girls are quickly becoming a major name, with there release of the video for the song "Hero/Heroine" the buzz surrounding these guys is getting bigger. There debut release of there self-titled CD reached #9 on the billboard heat seekers list early this year. With good reason, the CD is amazing and deserves to be listened to, key songs on the album include "Thunder" and "Dance Hall Drug". I suggest any fan of music should go out and purchase this CD. I give the CD a 9 out of 10.

*Reviews are scored on a scale of 1 to 5 (being the best)



My Chemical Romance:
The Black Parade

◆◆◆◆◆

The general consensus on campus about MCR is they are sellouts and overplayed. But could this be because the only songs they hear are the ones that are overplayed on the radio? If you listen to the Back Parade you may be surprised with what you hear. If you have only listened to there first two releases (I brought you my bullets and you brought me your love & Three Cheers For Sweet Revenge) then you have no idea what The Black Parade sounds like. MCR has matured as a group and it shows in this epic cd masterpiece.

Every song is well written and performed, take songs like "I Don't Love You" and "Cancer" for example, both are very deep and meaningful and strike a chord with listeners. This CD sounds like nothing you have ever heard from MCR in the past, and if you give this CD a chance I am sure you will enjoy it just as much as I have.

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