Husson College and NESCom Student News

THE Spectator

NEW ENGLAND SCHOOL OF COMMUNICATIONS

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News to Your Eyes

December 12th
2006

The Inside Story:

Scheduling Finals: Husson vs. NESCom

By Sarah Denbow

December 15th is the date that most NESCom students mark on their calendar because it is the last day of finals. Students are anxious to go home to re-connect with family and friends for the holidays. Unfortunately, NESCom students who are enrolled in Husson classes, aren't able to leave on the 15th because Husson finals are scheduled for the following week. This has become a common frustration for some.

I spoke with two students, Kayla Boobar, and Silas Baker about their opinions on Husson finals lasting a week longer. They both say that it isn't fair to have to stay when they could just finish all of their finals in one week and be done. Even though a lot of students think it's not fair that they have to take their Husson finals a week later than their NESCom finals, there are several reasons it's necessary.

For a semester to be complete, there must be fifteen weeks of school. After speaking with Husson Dean, John Rubino, I learned that in order for Husson to have fifteen weeks they have to subtract Thanksgiving and Columbus break from the total amount of weeks, leaving Husson with one less week then NESCom. NESCom doesn't consider the two breaks as losing a week because they can cover so much more material in all of their classes. NESCom classes generally last for three hours while Husson classes last fifty minutes. So when preparing for finals, Husson faculty need to set times aside for students to take finals knowing that it will take

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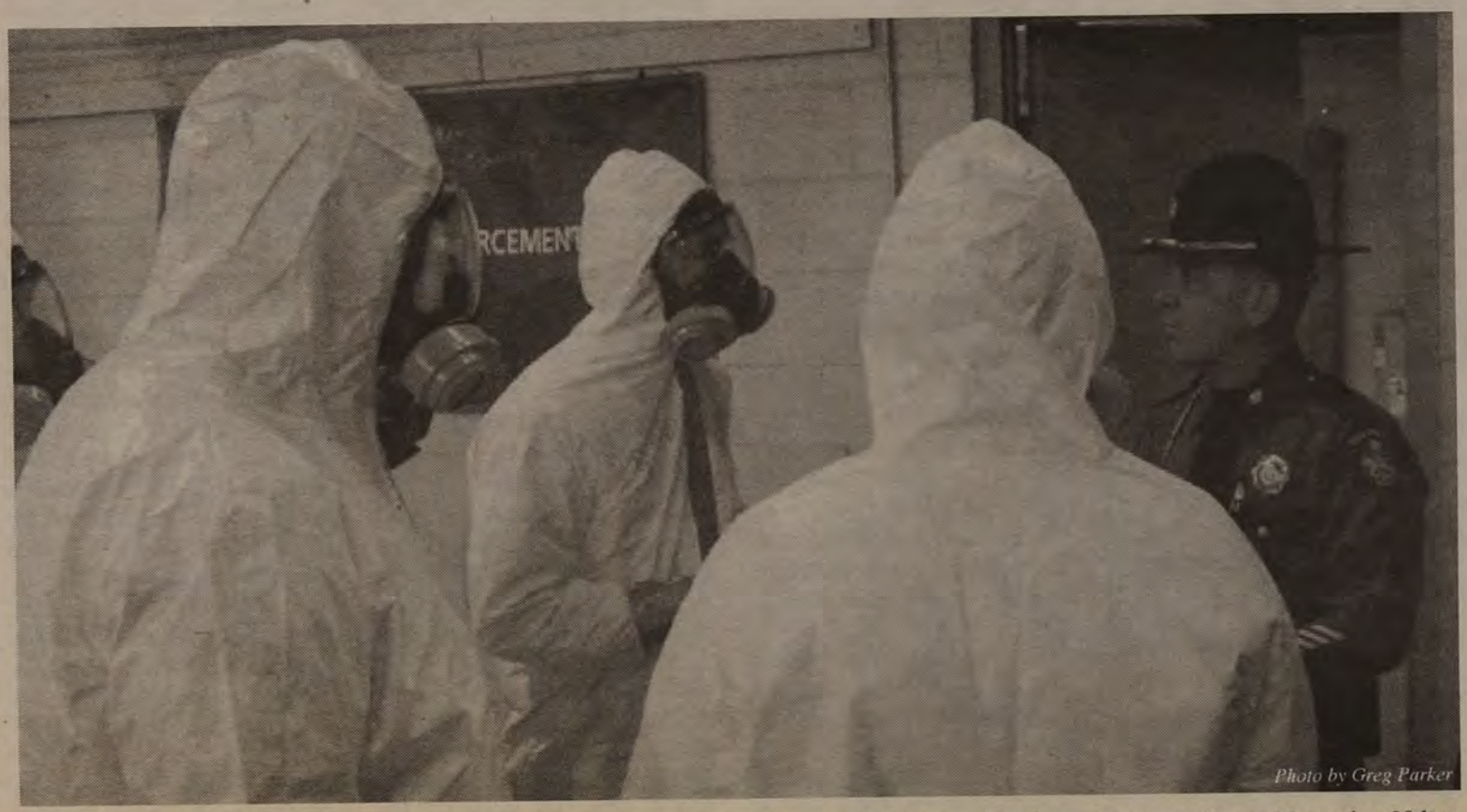


Photo by Greg Parker

Cracking Down on a Growing Problem The Maine Drug Enforcement Agency held a special training demonstration on November 29th to educate the local media on Maine's growing problem with Methamphetamine labs. State Police officer Trevor Snow speaks with the undercover agents at the training facility.

A Closer Look: Cracking Down on Meth Labs in Maine

By Danielle Rosenblum

The Maine Drug Enforcement Agency held a special demonstration for the local media, while training at a secret facility in Bangor Wednesday, November 29th. The purpose of the demonstration was to show the media what types of chemicals and tools would be found at a meth lab, and how agents protect themselves and the community when taking down the labs. The chemicals are highly toxic and there are several major concerns the drug agents have, including possible explosions, and inhalation of chemicals. Drug agents showed the media what precautions are always taken when dealing with a meth lab, including wearing special suits, masks, gloves and boots to protect the drug agents from coming into contact with dangerous chemicals.

This training demonstration coincided with the National Methamphetamine Awareness Day on Thursday November 30th, recognizing federal, state, and local agencies and organizations for their commitment to combating meth use and addiction.

Meth is a highly addictive drug that targets the user's central nervous system. It increases body temperature, heart rate and quickens breathing. Some other side effects include insomnia, agitation, irritability, dry mouth, sweating and with frequent use it can cause behavioral problems such as paranoia and psychosis.

Currently, Maine is the only state in New England with its own team trained specifically to handle meth. In the past year, officials in Maine have investigated twenty-four suspected meth labs, of those seven turned out to be manufacturing the drug. They were located in Allagash, Auburn, Caribou, Lewiston, Poland and two in Portland. The MDEA says forty people in Maine were arrested on meth-related charges in the last year.

Faculty Spotlight: Interview With Elizabeth Violette

By Agnes Neill

It was only days before the newspaper would be going to the printers, so I went out to find someone to interview for the Spectator. I found Beth Violette- a wonderful lady who works down in the financial aid section of Husson.

This lady, who is originally from Van Buren, told me about her plethora of interests- such as listening to all forms of music except country, sewing clothes, making jewelry, and traveling. Traveling and road trips are definitely her favorite past times out of the mix though. She has traveled to quite a few places: all over Maine, (other than the Allagash), a lot of Eastern Canada, all over New England, California, and Florida. One place she hasn't been yet, though she would like to go to is to see the pyramids.

With all this love of traveling- one would wonder, 'What brought her to a small college like Husson?' I asked her just that and she simply replied that she had been working at another school when Husson, along with a few other schools, e-mailed her asking if she was interested in taking the job opportunity- obviously, she decided to come to Husson to work.

She is very happy she came here too- "Everyone's so enthusiastic here- it's such an exciting place to be. All the people I work with have been doing what they do for a long time and are very experienced." Along with enjoying the people she works with, she also takes a lot of pride in her job- "I get to send people to college. I have the best job in the world. My job is to help you get to where you want to be." Though she loves her job now, she has also been in radio advertising.

She keeps busy with her job here at Husson, but that is not all she does to keep things in motion. She also is taking classes, which work towards her graduate

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An Interview With President Beardsley

Getting the Inside Scoop on Husson's Growing Campus

Editor: When is the Student Center going to open?
President Beardsley: It is scheduled to open at the end of January. The furniture, gaming and oversized TV's are being ordered right now. I believe student life is planning a big event for opening night.

Editor: What new academic programs are in the works?
President Beardsley: At NESCom we are slowly increasing their offerings in journalism, theater and music concentrations and we should have a mobile production studio operational by next fall. At Husson we have internal approval for doctorates in pharmacy and law but there are several more external approvals we must go through for both programs. In the mean time, at the undergraduate level, we are gearing up for pre-pharmacy by adding meat to our existing biology major and the faculty forum has a chemistry/pre-pharmacy degree before them.

Editor: We hear about a new entrance, new dorms, and new classrooms? What's real and what is just talk?
President Beardsley: We are basically full. We think we can squeak by in the residence halls one more year by loosening up residency requirements a bit and better class scheduling should allow us to get by on that front, so this next summer will mostly focus on renovations, upgrades and more parking. But we will face major capacity problems on all fronts in the fall of 2008 if we keep growing. We are looking very seriously at a new academic building, including a small auditorium and an alumni center. We are considering a new entrance through the pine forest on the back side of the circle with added parking tucked in among the trees. We are beginning to look at options for more housing on and off campus. And, as we add sports and intramurals and increase use of the Swan fitness center we will need more fields and facilities. The Fall of 2008 is when the rubber could really hit the road.

Editor: All this assumes we will keep growing. Do we have any plans to jack up tuition, raise admissions standards or cap programs to slow or stop growth?
President Beardsley: Yes and no. If we raise real prices it will be very slowly over several years. The same is true for admissions standards. The place where costs could rise more rapidly are in some of the upper level professional years in health where faculty/student ratios are really low and labs are expensive but even there we try to be efficient. In short, the system is working, we appear to be producing a quality academic and collegiate experience at a very fair price and that is a recipe for growth. Probably the most likely break we could face is a total collapse in the number of high school graduates in the future. But that is why we are diversifying slowly in an effort to capture market share in a declining demographic area. The key in all this, however, is to make sure we retain and continually enrich the collegiate and academic experience.

Editor: So when do we start ice hockey and go NCAA Division II in sports?
President Beardsley: Ice hockey is pretty expensive. I don't think we'll go that way unless someone gives us some ice. Going Division II has its pluses and minuses. Division III is where most Maine Colleges play sports and as a non-scholarship program an average to pretty good high school athlete gets to play. As you move up into Division II with scholarships you play bigger schools and the competition to make the team roster gets ever more competitive. Our first priority is to offer more sports and intramurals to our growing student body. We'll play it by ear on conferences but we are happy where we are.

Editor: Is there anything else you'd like to share?
President Beardsley: Sure. Best wishes for finals and have a great holiday and don't hesitate to stop by if you want to talk. My office is in the basement of Hart Hall.

Editor: Thank you.



Getting Involved Outside of the Classroom Congratulations to the members of Alpha Zeta Zeta Community Service group who received a service-learning award from the Good Shepherd Food Bank, in addition to recognition from Dean John Rubino.

Here Are the Results: Survey Says...

By Danielle Rosenblum

The results of the survey conducted by NESCom's Sociology class on prejudice are in and here's how it all panned out.

Out of a total of 303 respondents when asked "have you ever used a racial slur in an offensive way", 43.56% responded with a 1 out of 5. (1= never and 5 = always) When asked "how often do you hear racial slurs being used on campus", 34.98% responded with a 3, sometimes. Moreover, when asked "have you ever discriminated against someone because of their gender or race", 67.66% replied never. Good news right?

Well here comes some more. When survey participants were asked "do you feel like you have been discriminated against because of your gender or race" 56.11% responded with Never, while 24.42% responded with a 2 which means infrequently.

About 56% of participants said they have never been discriminated against because of their gender or race . . .

The next question follows the curve also, when asked "do you feel uncomfortable around gays or lesbians" 57.14%, said never, while 22.26% circled a 2 meaning infrequently. So far, this all means we don't hear or use racial slurs, there is little or no gender bias on campus, no racial discrimination, and everyone is comfortable with homosexuals. Does this sound like heaven on earth or what?

When asked "have you ever been discriminated against because of your sexual orientation" a staggering 92.54% responded with never. And the final question to ice this euphoric cake, "have you ever been discriminated against by campus staff or faculty", 83.17% responded again with never.

I guess that says it all folks, we're the most well-rounded, discriminate-free campus in the country by my count! Unfortunately, the survey only covered 7.76% of students from outside the US out of the 303 total participants; which means that all of those answers stemmed from the 87.21% of the campus population that reins straight from Maine and New Hampshire.

Inside Finals Scheduling

(Continued from cover)

students longer then the fifty-minute class period.

So that is why sometimes finals are scheduled at different times then the actual class because the faculty needs to work around all the other finals that are being scheduled. The faculty appreciates students want to leave as soon as they can, because they do too!

According to NESCom Dean, Ben Haskell, it's not a hassle for resident students to stay in the dorms for the extra week of finals. Students can stay in their dorm rooms until 24 hours after their last final and the Dickerman Dining Commons will still supply them with food.

Overall, there isn't much for students to complain about when you factor in all of the work that the faculty goes through to make sure everyone has ample time to do a decent job on their finals.

**If you have any questions regarding times of your finals or where your exams will be given you should speak with your professor(s).

Also, another resource that is provided for students is their advisors. If you have questions regarding passing or failing a class or anything of that nature your advisor should be able to help you out.

Residents Living on Campus

Make Sure You Follow the Protocol Below Before Leaving for Break:

1. Turn your room key in at your Residence Director's office in the envelope that will be provided to you.
2. Be sure to take all personal valuable things home with you.
3. Shut and lock all windows.
4. Unplug all electrical items in the room.
5. Leave the blinds in a down and open position.
6. Empty all trash and garbage.
7. Be sure to turn out all lights in your room.
8. Be sure to take everything out of your refrigerator before unplugging it. Make sure to throw away anything that can spoil.
9. Be sure to lock and check your room door when leaving to go home.

**If you need to stay over winter break you must talk to your respective Resident Director immediately.

Michael Richards's Actions Raise Questions:

Students and Faculty Members Weigh In On "That Word."

By Derek Wood

Note: This is an opinionated article. Some statements and comments in the article may be constructed from the opinion and views of the author and are not necessarily fact.

From 1989 to 1998 Michael Richards entertained us as "Cosmo Kramer", a whacky, eccentric and bizarre neighbor of Jerry Seinfeld's. On November 17th of 2006 many of us were shocked and appalled when Richards lashed out on two African American audience members making racist comments. The incident occurred at the Laugh Factory located in Los Angeles, California, and was recorded by TMZ.com.

The incident fueled reactions and responses from many civil rights groups and African American entertainers. Michael Richards apologized days after on the David Letterman Show, when Jerry Seinfeld who co-starred on Seinfeld with Richards was a guest. " For me to be in a comedy club and flip out and say this crap, you know, I'm deeply, deeply sorry," Richards, said.

Some thought the apology was not sincere including the African American audience members. So Richards took it a step further going on the Jesse Jackson Show. Jesse Jackson accepted his apology.

The owners at The Laugh Factory have also stepped in this tirade and demanded that Richards pay a million dollars for each time he used "that word," which would be a total of six million dollars. According to The Insider, The Laugh Factory owners have banned the use of "that word."

Before submitting this article, Richards has agreed to meet with the two African American audience members and offered a face-to-face apology.

Since this incident has affected many people I wanted to get perspectives from a couple of African American students and an African American faculty member. I asked Divan Delgado who is a student at the New England School of Communications what his interpretation is of "that word." "Somebody that is worth nothing, it's an offensive term towards black people," Delgado stated. He also went on to say that there is a difference on how you say and spell the word. Interesting enough another student, who didn't want to be identified, told me the same thing. However, he said " it doesn't make it right for anyone who uses it, but has more meaning to it when white people use it." T.J. Holloway, Resident Director of Hart Hall, says that the word has changed in time due to a new breed of people from a new generation. He believes in time, things or words could lose meaning. He also suggested that any derogatory word should be expelled whether it's aimed at homosexuals or women.

There is no doubt that Michael Richards crossed the line with his racial epithet. I agree with T.J. Holloway when he said to me that you don't have to be African American to be offended by "that word." But look, should people be compensated with money for the use of words? I think not, what does this accomplish? Putting money in place to solve an issue or incident seems highly artificial and pointless. It's kind of nauseating to think that you can hurt people with words and then pay them off at the same time. Also, this case is such a subtle one if you still look at where racism is today. More than ever, our entertainers and musicians have exploited these derogatory words. Perhaps we need to do away with these words in movies and music?

Even though I received articulate interpretation from my fellow students and Resident Director, I have to say I disagree, that a nasty word means more or less from who uses it and how it is used. T.J. made another good point with which I agree. Maybe our society has become too sensitive that it's almost sickening. I have to agree though with Reverend Al Sharpton when he said "that word" shouldn't be used by black or white or any race for that matter.

CAS: Center for Academic Services

By Jamie Ballinger

What is the Center for Academic Services? And why the heck do you care? We could list a hundred services that the CAS can offer you, but it all boils down to one important thing: the Center for Academic Services is the first stop for one-stop shopping when you—the student—need help. Help with anything. From homework to scheduling, from tutoring to test-taking, the CAS is the place you should go. Want better grades? Go to the CAS. Want to know which major to declare? Go to the CAS. Don't know what you want? Go to the CAS.

The Center for Academic Services is located in room 208 Peabody, is open M-F, from 8:00 to 4:30 and is the perfect place to sit and study. Comfortable sofas and soft light make the office feel like a home away from home. Twice a week, Tuesday evening and Thursday morning, the CAS holds a Study Group where you can bring your questions and also learn important skills for success in college. Practical things like how to read a college textbook, how to overcome test-taking anxiety or tips for taking better lecture notes are covered during the informal sessions, and there is always time for sharing and comparing college experiences with other students. The study group is free, food is always available and everyone is encouraged to come and try it.

And, of course, there is Sharon. Knowledgeable and full of energy, Sharon Wilson-Barker, Director of Academic Services, is an advisor, a counselor, a mentor and a friend all rolled into one. She considers herself to be a "student colleague," a peer with whom you can discuss your whole college experience, both the academic side and your social world. She will work with you on test-taking skills, discovering your learning style, investigating career paths, developing plans for special accommodations, or any number of other things. She offers individual tutoring by appointment and always welcomes the opportunity to just chat with students—whether it's about the weather or your roommate. If you meet with Sharon once, you will have a friend and advocate throughout your four (or more!) years at Husson.

Need another reason to stop by the CAS? Here is an interesting statistic: according to research coming from Florida State University, students with undeclared majors are nearly *twice* as likely to drop out of college as opposed to those who have declared a major (*I.R. Report*: January, 2003). If you are still trying to decide on a major, the CAS is a great place to start. You can discuss options, career paths, or subjects that you think you may be interested in.

So the question remains, how can you get an appointment at the CAS? It is simple, just stop by 208 Peabody, anytime. Or call Sharon Wilson-Barker at 992-1934.

Faculty Spotlight (Continued from cover)

degree. She's involved in different finial aid organizations, such as the State Organization, in which she is on the executive board. Beth is also involved in the Regional Organization as well as their on their newsletter committee.

Lastly, (for now), Elizabeth is volunteering for College Bowl Sunday where she and others will help students fill out FASA step by step and answer questions. When the jobs and organizations aren't keeping her busy, Beth would enjoy a cross-country road trip by car- which she already has mapped out, and I'm sure, in the works to venture off in the mid to near future.

She enjoys getting involved with the students and helping them however she can, so if you see her door open, feel free to stop in to talk, ask questions, or play with her many gadgets she holds on her desk.

I lastly asked Beth where she sees herself in the next 10-15 years. After hearing how much she enjoyed traveling, I assumed she would say that she would be off in a car riding around some new turf or living in another state- but that is not how she answered me at all. "I'll be older. You can't plan everything out- you just don't know sometimes. Everything happens for a reason. So all I know right now is that I will be older."

So there you have it! Beth Violette- in the flesh here at Husson College. More financial aid circumstances will be coming up- bills and what not- so if you have any questions, it may be Beth who helps you out.

HEY YOU -

Like what you are reading? Or maybe you don't. Get involved with the campus paper, *The Spectator*.
Interested in writing articles? Or maybe you are looking to place an advertisement in our publication?
If so, contact us. spectator@husson.edu
We will send you a price list and sizes along with all the publication dates and deadlines.

Looking for Something to Do For New Years ?

Check Out the Events for New Years in Downtown Bangor

The countdown is on! *You choose the places to celebrate...*

1 Bangor Opera House

4:30 *Holiday (1938 movie)* with Cary Grant & Katharine Hepburn
6:10 *The Cure (short film)* with Charlie Chaplin
7:00 Bluegrass and more *(live music)* with Evergreen
7:45 *The Immigrant (short film)* with Charlie Chaplin
8:30 Bluegrass and more *(live music)* with Evergreen
9:15 *Easy Street (short film)* with Charlie Chaplin
10:00 Bluegrass and more *(live music)* with Evergreen
10:45 *The Adventurer (short film)* with Charlie Chaplin
PROJECTIONIST River City Cinema

MUSIC **Evergreen** - Entertaining New England audiences since 1991, Evergreen plays an eclectic blend – including bluegrass, folk, blues, country, and more. Members Steve Chiasson, Chris Prickitt, Nellie Kennedy, and Joe Kennedy radiate energy and fun, enjoying good-natured banter with the audience.

Food and beverage concessions

2 Unitarian Universalist Church

5:30 - 7:00 Spaghetti dinner: with salad, bread, beverage & pie
$8 adults / $5 kids / $20 family
7:30 - 8:00 Contradance instruction
8:00 - 11:30 Contradance

CALLER John McIntyre
MUSIC **Ladies of the Lake** - An all-female Celtic band, Ladies of the Lake performs traditional Irish music. Appearing in Maine and beyond for several decades, they sing haunting three-part melodies and play fiddle, accordion, guitar, piano, and wooden flute.

Food and beverage concessions

3 Hammond Street Senior Center

6:30 - 11:30 Card games, fun, & snacks
9:30 - 11:30 Piero Brovarone Trio
MUSIC **Piero Brovarone Trio** - Enjoy the syncopated rhythms and improvisation of the Piero Brovarone Trio with Piero Brovarone on guitar, Leo Jonason on drums, and Xar Adelberg on bass.

Food and beverage concessions

4 Bangor City Hall Council Chambers

6:30 John Bapst Chamber Wind and String Ensemble
7:15 Rich Punzi, acoustic & classical guitar
8:00 Andy Mead, Jr., guitar & vocals
8:45 Brewer High School Chamber Music Vocalists
9:30 Aurora Jazz Project, 4-piece progressive jazz band

All music performanaces from the Council Chambers will be aired on Bangor's public access channel – try 5 and 7.

5 Bagel "Blues" Central

6:30 Opening
7:00 - 9:00 Ragged Moon
9:15 - 11:30 Andy Mead, Jr., Caleb Sweet & Friends

MUSIC **Ragged Moon** - A local, high-energy blues/rock band of seasoned professionals, Ragged Moon looks forward to "shaking some windows and getting people dancing on Central Street." Come see Gail Weatherbee on vocals, Mike Curtis on guitar, Don Barry on drums, and Paul Riechmann on bass.

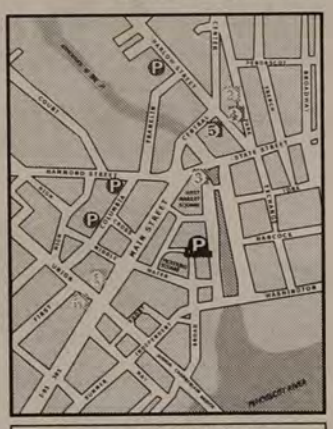
Andy Mead, Jr., Caleb Sweet & Friends - Home from college for the holidays, Andy Mead, Jr., and Caleb Sweet join friends to offer up bluesy rock/pop music with an edge.

Food and beverage concessions and FREE light snacks

6 Union Street Brick Church

8:00 - 11:30 Classic rock & roll dance
MUSIC **The RetroRockerz** - A self-proclaimed industrial grade rock band, members of the RetroRockerz leave behind their day jobs to rock the house. Performing for the pure joy of it, the band plays great dance music that brings listeners to their feet.

Food and beverage concessions



Park and ride for FREE.
Leave your car in the Pickering Square parking garage. Then take the BAT to any of the event's locations.
Public Parking Lot

Downtown Bangor will be hopping from late afternoon to midnight on New Year's Eve with activities for kids and adults. Music (including Jazz, Blues, Rock, Classical, Bluegrass, etc), dance, film, food, games and more. And most of it is free along with a free shuttle bus and free parking in the Pickering Square Garage. Printed programs will also be available at the Bangor Opera House, Bangor Symphony Office, Bangor City Hall, Bagel Central, Unitarian Universalist Church, Union Street Brick Church, and Hammond Street Senior Center.

"Tis the Season"

Reverend Bob's Reflections

It seems almost unbelievable but we are near the end of the first semester of this academic year. That means several very important things for people of the academy. Papers will be coming due, final exams loom on the horizon and we are all in overdrive as we prepare for the holidays. We will be on "break" soon. What does all this mean? It is different for each of us but it is my hope that we have a common bond in looking at this season as a time of gift giving in its best light.

The various religious traditions sharing this season all have in common the giving of the gift of peace. What could be more important? Peace experienced personally by making your spiritual connection with your tradition and then to pass it on to others. It is a gift that is both priceless and yet at the same time without price. It is something we all can afford and is within our personal budgets.

Yet there is a cost…you and I must give up our need to: win, be right in all situations, prove that we are stronger and more powerful, or control another. Being at peace and passing it on is to enjoy the "gift" of the season.

Here at Husson we can begin that experience by participating in the passing of the peace…and to help in that regard next Tuesday, December 12, 2006 Bangor Theological Seminary students, faculty and staff will be sharing Christmas Caroling starting in the G. Pierce Webber Campus Center between 11:30 and 12:00 noon and then going around the Campus and ending at the Leonard Chapel for a worship service and storytelling at 1:00 P.M.

On Wednesday December 13, 2006 at noon we will be having our closing Husson/NESCom weekly Chapel service for this semester and we will hear the Christmas story.

We would encourage all to share in these opportunities. Remember "tis the season" to experience joy and peace!!!

"The Best Gift": Emotional Health

Submitted by Heather Parker RN

Someone will always be more popular. They'll be smarter people around.
They'll drive a cooler car. Some people live in a loving and supportive community.

Just let it go: Love you and your circumstances.

Think about it: Most people have some problems and an imperfect family.

The wealthiest person who has trendy clothes, a new Blackberry and Play Station 3 may just be the loneliest person around.

A famous teaching says "If you have not Love, you have nothing."
So, love yourself
and you can love others more fully and honestly.

Look in the mirror. Choose to smile and be kind to yourself.
Upbeat feelings can follow positive choices.

If you are struggling, reach out and get support. There are many resources here at Husson.
Make a call and connect with someone. Asking for help can be seen as sign of strength.

Eat, Laugh, Support
Husson College
Habitat for Humanity
A Tasty Way
To Raise Dough.

UNO CHICAGO GRILL
Uno will donate up to 20% of your check to:

To Benefit: Husson Habitat Trip
Fundraiser Date: 12/14/06

Valid only at:
At the Bangor Mall
Opposite Filene's
Bangor
207-947-5000

Please present this certificate at the time of payment to have up to 20% of your check's value, excluding tax and tip, donated to the organization above. Not to be used with other coupons or discounts. Tickets are not to be distributed in the restaurant or within the perimeter of the parking areas.
Valid only for date listed above.

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Cut along dotted-line and present to server at participating UNO

HOLIDAYS OR HOLIDAZE?

Some Advice For the Holidays From the Counseling Center

By Rene Collins, Ed.D.

Here we go again…. another holiday season is here, the end of the semester is here, and some of us find ourselves on our last nerve. How can we possibly accomplish everything in such a short period of time? What will happen if we don't get everything done? Who will we disappoint? Who will understand? Who will help? Is there any help?!

As is said on the street, "I feel your pain." I'm setting my thoughts for this article into motion at the very last deadline moment, and your gracious and skilled editor tracked me down to do so! In the process of collecting my thoughts for you, I am reminded that I must follow my suggestions if I am to survive this period of time without being in a daze.

First, prioritize! It sounds simple, right? Perhaps not, but it does work. Nothing is more important than knowing where to start. It may require writing your plan so you can refer to it and do that all important and rewarding act of scratching off things that are finished. Begin at the beginning, and do it now.

Second, organize. If you have a paper (article) to write, gather your resources before you recklessly tackle the assignment. Get your ducks lined up, and the swim flows more smoothly. Remember that a little anxiety is helpful. Those ducks that look so peaceful swimming in the water are paddling their little webbed feet a million miles an hour beneath the water's surface!

Third, get your expectations in line with reality. Said another way, plan more time than you think it will take. When you allow for extra time, you can avoid the trap of being overwhelmed in the moment, which is followed by wanting to give up. Don't give up!

Fourth, focus on YOU. If you are one of those kind souls who always help everyone else, change your ways….just for now. You can always return to sacrificing yourself later, but you may discover that meeting your own needs first feels appropriate and effective. A little reminder from your own physiology: Your heart feeds the entire body with blood and nutrients, and it feeds itself (coronary arteries) first. Without taking care of itself, it can't pump blood to your little toe or to the three (four if you are lucky) brain cells you have left after studying for finals. Feed yourself first.

Fifth, honor the religious, spiritual, and/or family traditions this time of year offers. It may be that you text a message to a friend to wish them holiday cheer, it may be decorating your room, it could also include shopping for and wrapping gifts. It doesn't matter what your individual preference is. Just honor it.

Lastly, appreciate yourself. Before sleep each night, give yourself a pat on the back or a high five to acknowledge your strengths and your personal gifts. Falling asleep with gratitude sets you up for a restful night. Awakening with gratitude sets you up with energy to face the demands of the holidays without experiencing the daze of total exhaustion and a sense of defeat.

Stay strong, be soft, and know that Jayne and I are in the Counseling Center at 101 Peabody Hall, and are eager to help you prioritize, organize, prepare for reality, focus on the most important person in the world—YOU—and honor your traditions. Jayne is at 941-7184 and Rene is at 94107981.

HE'S THE MAN BEHIND THE BAND

By Len Harlow

He is someone you never see at a concert, but if he wasn't there chances are you would have difficulty hearing the best sounds produced by the music played.

He is Justin Baker, 22, of Caribou, a senior at the New England School of Communications at Husson College and he represents those audio engineering technicians whose expertise can make or break the quality of music offered by your favorite band.

As chairman of the Audio Engineering Society chapter at NESCom, Justin has undertaken the task of providing well qualified audio engineering students to help with the sound equipment for Baxter Entertainment at concerts at such venues as the Bangor Auditorium, Augusta Civic Center and Alfond Arena at the University of Maine.

"We have an amazing resource of people to do this work. It's not the best money in the world but the experience is invaluable", he notes. The Audio Engineering track has the largest enrollment of any of the disciplines offered by NESCom.

The connection with Baxter Entertainment is the latest in a series of entrepreneurial activities for Justin that started way back at Caribou High School when he put together a mobile disc jockey service called After Dark Productions. He calls it the spark that ignited his interest in sound recording.

From there he opened a small recording studio called Live Track Productions two summers ago in Presque Isle(we were booked solid for every day we were open); went on tour with a group called Exault out of Sussex, N.B., and recorded a CD for the 35-voice choir and rock band; and for the past two years has done the sound work for the Rock Dox band, originally a group of musically minded doctors that tours mostly in Aroostook County.

In addition he has been the sound engineer for two stages at the Folk Festivals held in Bangor. He is currently finishing up a project for his Audio IV class in which he has recorded some nine songs for a group called Seven Glory, a band based in Indiana that does some 200 concerts a year. His project calls for submitting six of the recorded songs as a solid demo which then will be produced as a CD by the group.

This past summer, in his capacity as chairman of the AES Chapter at NESCom, he traveled to International Audio Engineering Society conventions in Paris, France, San Francisco and New York City. His attendance at those sessions has given him considerable insight into the many audio innovations and manufacturing advances made by the industry.

Thus prepared, he is now seeking permanent employment following his graduation in May and is an applicant for a marketing position with industry giant Digidesign out of Detroit, MI.

In the long term Justin, who has long embraced the values of Christian music, would like to settle in Nashville, TN., a place he considers the world capital of Christian music. There he could combine his love for that music with his passion for mixing and tracking, the backbone of sound recording.

Just So You Know -

This will be the last publication before winter break. The Spectator will be returning with its first issue of the Spring semester in the middle of February.

Growing Pains

Campus Safety and Security

By Robert J. Kilpeck, Director

As Director of Campus Safety and Security, I encourage students, staff, and faculty to share their safety and security concerns and ideas through open exchange and dialog with me. I have an open door policy, and if I'm available, my time is your time. As the semester comes to a close, several students have taken the opportunity to interview me as part of their class project. These interviews, often based on student survey are equally beneficial to me as well as to the interviewer. Inevitably, the topic of parking on campus dominates the exchange.

Without question, parking is a concern, and there are several reasons. The Husson student population is expanding. The fact that more students are choosing Husson is of course great news, but with growth, comes growing pains, and limited parking is one of them. Although parking on campus can at times be challenging, I would suggest that the problem is not unique to Husson, and I would challenge anyone to compare us with other colleges and universities.

Institutions of higher learning that are not enjoying our growth, are still dealing with insufficient parking, and I would suggest that you confirm that on your own. Most schools provide faculty and staff parking, while we at Husson, including the Dean of the College deal with the same issues as the students. In fact resident students are the only ones with reserve parking behind the resident halls. It is always best however, if everyone attempts to be part of the solution.

If for instance, students leave their vehicles in their designated spaces and walk to their campus destinations, it frees up spots for off campus students and support personnel, and likewise everyone else should be considerate by not parking in spaces designated to red decals. For our part, we have plans for a new fifty space lot by the softball field with future spaces to be directly proportional to future expansion. Contrary to popular believe, security personnel do not have quotas; parking and or moving violations will not constitute a revenue source per policy. In fact, the less violations, the better for everyone. Please understand that there is an appeal process in place, however, certain violations i.e., handicap parking, fire lane parking, and parking on the lawn is unacceptable. So, please maintain the 15 MPH speed limit and park in designated lots and exercise good judgment with your vehicle.

On behalf of everyone in the Safety and Security Department, we want to wish everyone a safe and happy holiday break. PLEASE DRIVE SAFE!



Photo by David Dane

The Holidays Are Near On December 2nd Husson held its annual Holiday Party. Faculty and friends of both Husson College and NESCom attended the event. The Campus Center was turned upside-down and into a festive atmosphere, decorated with ornaments, lights, and holiday garland. The Dining Services catered the event. A professional atmosphere was set by the servers and the guests were their top priority, allowing the guest to enjoy each others company. Many of the attendees dressed in formal wear. A good time was had by all.

From the Roof of Carlisle Hall

By Edgar Twitchell

Note: This is an opinionated article. Some statements and comments in the article may be constructed from the opinion and views of the author and are not necessarily fact.

We are "The Eagles", we drink "Starbucks", they call the thing we drive on "College Circle" (now that's really original) and the College is growing like weed, with NESCom and Seminary thrown in for good measure. So what are we? Is Husson a "College" or a "University"? Is NESCom a "School" or a "University"? Is the Seminary being on campus just another graduate school for us to enter or a secret agenda to turn us into Bible thumping institution?

When my grandmother went here Husson was a business and secretarial school and now we are adding pharmacy. What's next? Engineering or a day care? Ice hockey or ping-pong?

I just want a place where my friends can park where they won't get a ticket, a socket in the dorm where I don't blow a fuse, personal office hours so Reverend Bob has to schedule when he hunts me down when I skipped a class, a place where I can lite up now that they've trashed the butt huts, and more than ten minutes to eat my lunch between classes. And no more 8am classes cause I have to work at night.

With all the wild turkeys on campus (you know, the kind that fly), I'm suggesting a hunting club. I actually heard they used to have a rifle range down in the gym. Let's open it up again. If Husson is "The Eagles" maybe NESCom should be "The Wild Turkeys." You know, like maybe NESCom should start football – cross campus rivalry.

I've heard some adults are listening to WHSN and they want to censure some of the alternative rock stuff. Where do they think we picked up the vocabulary anyway? In speech we're suppose to "express ourselves" Well! Boy, running chamber music all day long and cleaning up our act would really do something to our ratings. I thought we were entrepreneurs (or however you spell it) and learn how to make money. Now I hear NESCom may get a mobile production studio so maybe we could broadcast from the 9th Level of Hart Hall on Thursday nights and the President's Office in the basement of Hart Friday mornings.

Well, I got to go do my work-study job. Sharpening pencils for my advisor. Right on.

WHSN:

An Update After A Semester of Events

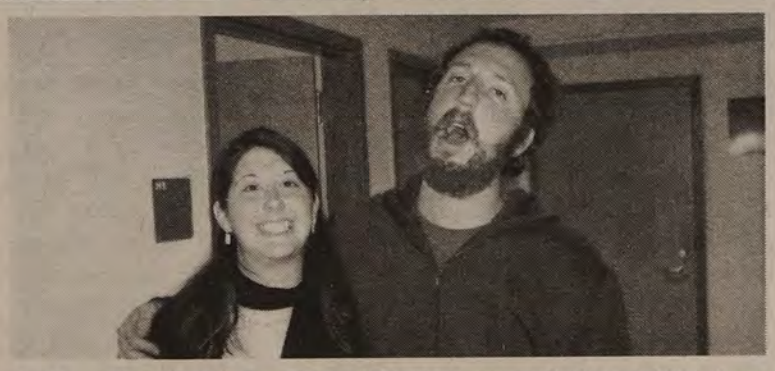
By Mark Nason

As the Fall '06 Semester winds down, WHSN takes a moment to look back, as we gave away countless CDs, Books & DVDs on the WHSN morning show, The Unbalanced Breakfast Club. We spoke with members from the Bangor community including the American Red Cross, The PowerHouse Teen Center and the Shaw House.

Our listenership continues to grow every day. At 3,000 watts WHSN 89.3 FM can now be heard as far south as Waterville. We are very proud of where the station is going and always thanks the Husson community for supporting what the students on WHSN do each day.

In early 2007 look for WHSN to continue to entertain and inform in creative ways. WHSN is already recruiting walkers for our annual MS Walk team…Planning is underway for the 4th annual WHSN Acoustic Showcase…more great new music every day, tons of giveaways and detailed news coverage.

If you already listen to WHSN, thank you, if you've never heard what the "Voice Of Husson College" sounds like, give us a try, you can always find us at 89.3 FM.



Smile Katie Leighton, DJ on WHSN poses with Ryan Miller from the rock group Guster. Miller stopped in the studio before Guster's show at the Maine Center for the Arts on the University of Maine campus in Orono on November 16th.

What's Right About the BCS? It's Always Wrong!

By Rob Poindexter

Note: This is an opinionated article. Some statements and comments in the article may be constructed from the opinion and views of the author and are not necessarily fact.

As the college football season once again winds down and we prepare for the crowning of yet another controversial champion I ask you; have you had enough of this "Bowl Championship Series" nonsense yet?

In no other major collegiate sport will you find such potential for a wonderfully exciting road to a championship be so mercilessly butchered than in football. If I hear someone say to me that the BCS "got it right" one more time, I'm going to puke. If they got it right than we would all be clearing our calendars this weekend so we could watch round one of the college football playoffs. Instead of having at least six playoff football games on our way to the title game, the BCS has cut out the middleman and just set the match up for us. Apparently they know what would happen if Michigan took on Florida, or USC battled Big 12 champion Oklahoma, or Louisville and unbeaten Boise State got it on with unanimous #1 Ohio State waiting in the wings. We should all thank the BCS computer, and the coaches poll, (the two parts that decide who is # 1 and 2), for saving all football fans the agony of watching a thrilling playoff tournament. The truth is the BCS is the most idiotic innovation to hit college sports ever.

I don't know about you but unless I'm an alumnus of a school playing in any other Bowl game, other than the Fiesta Bowl where the national championship hangs in the balance, I'd rather watch C-Span. The rest of the Bowl games are just a series of consolation games. Where is the logic in stripping any and all significance from the Rose Bowl, Sugar Bowl, Orange Bowl or any other Bowl for that matter.

Supporters of this ludicrous system say there still are some flaws that need to be worked out, and once they get those bugs out, the system will work just fine. I'm sorry but this system is so unfair and anti-climactic that simply "tweaking it" is like rearranging the deck furniture on the Titanic.

Ohio State head coach Jim Tressel is being lamb basted by proponents of the BCS because he didn't cast a vote in the coaches poll that would help decide who his top ranked Buckeyes would play in the title game. Tressel, opting to abstain, said he felt for him to cast a vote would be a serious conflict of interest. He's absolutely right! What other sport do coaches vote for whom they play in the championship? That's moronic! If you gave Coach Tressel truth serum he would most likely tell you that he wants no part of Michigan, who gave his Buckeyes all they could handle when they met a few weeks ago for the Big Ten regular season championship. Michigan was about three missed tackles away from handing Ohio State a crushing loss ***in*** Columbus, do you really think Tressel wants to see his fiercest rival again with everything at stake? Not on your life! Before Tressel was hired at Ohio State his predecessor, John Cooper, was fired for not being able to beat Michigan on the biggest stage, it would be an act of suicidal lunacy for Tressel to put himself in that position if he doesn't have to. Instead of voting for Florida in the polls, which is clearly an unethical move, he did the only noble thing he could and that's to not vote at all. What kind of system is this that forces a coach to make that kind of decision?

In theory I like what the BCS is trying (unsuccessfully) to accomplish, which is reward teams for scheduling tough non-conference road games. I think teams that week after week schedule cupcakes like Western Carolina or East Tennessee State should not be ranked ahead of a team like USC who year in and year and out schedules brutal non-conference road games. Oh yeah and unlike Notre Dame, the Trojans actually win those games. Once again the overrated hype machine that is the Fighting Irish played every branch of the service including the Salvation Army to pad their record, but got thumped by USC and Michigan, the only two good teams on their schedule. Somehow the Irish are playing in a BCS game. That's not getting it right. Let's see if I'm right about Notre Dame. How about we put them in a playoff tournament and see what they're made of. Let's settle the debate over who's #1 where it should be settled; On the field.

> ". . .this system is so unfair and anti-climactic. . ."

While Florida and Ohio State just may be the two best teams in the country and will probably give us a very entertaining game, I still have trouble calling the winner the Champion. I'm of the opinion that one of the true characteristics of a champion is having not only the talent, but also the guts it takes to take on *all* challengers. Not just the one team a computer and a poll of coaches say is the best challenger. After all isn't that why they play the game?

Women's Swim Team:
Making A Splash Here At Husson College

By Aaron Larsen

It's inevitable that there will be some things that many people on campus don't realize exist at Husson College. For example, there are a lot of people on campus who may not know that there is a Husson College Women's Swimming Team, and I was one of them.

It's true, though. Husson College has a swimming team, and has since March of 2005. Coach Krystal Fogler took on the job of coaching the team that year. She coached the Husson Eagles through a full season last year with 11 athletes on the team, and had meets with schools like Elms College, University of New England, Bridgewater State, and Colby Sawyer College. Their first win would come against Wheelock College in November of 2005. The Eagles would end up finishing in 4th place out of 7 teams last season. This year, Coach Fogler hopes to improve on that 4th place finish.

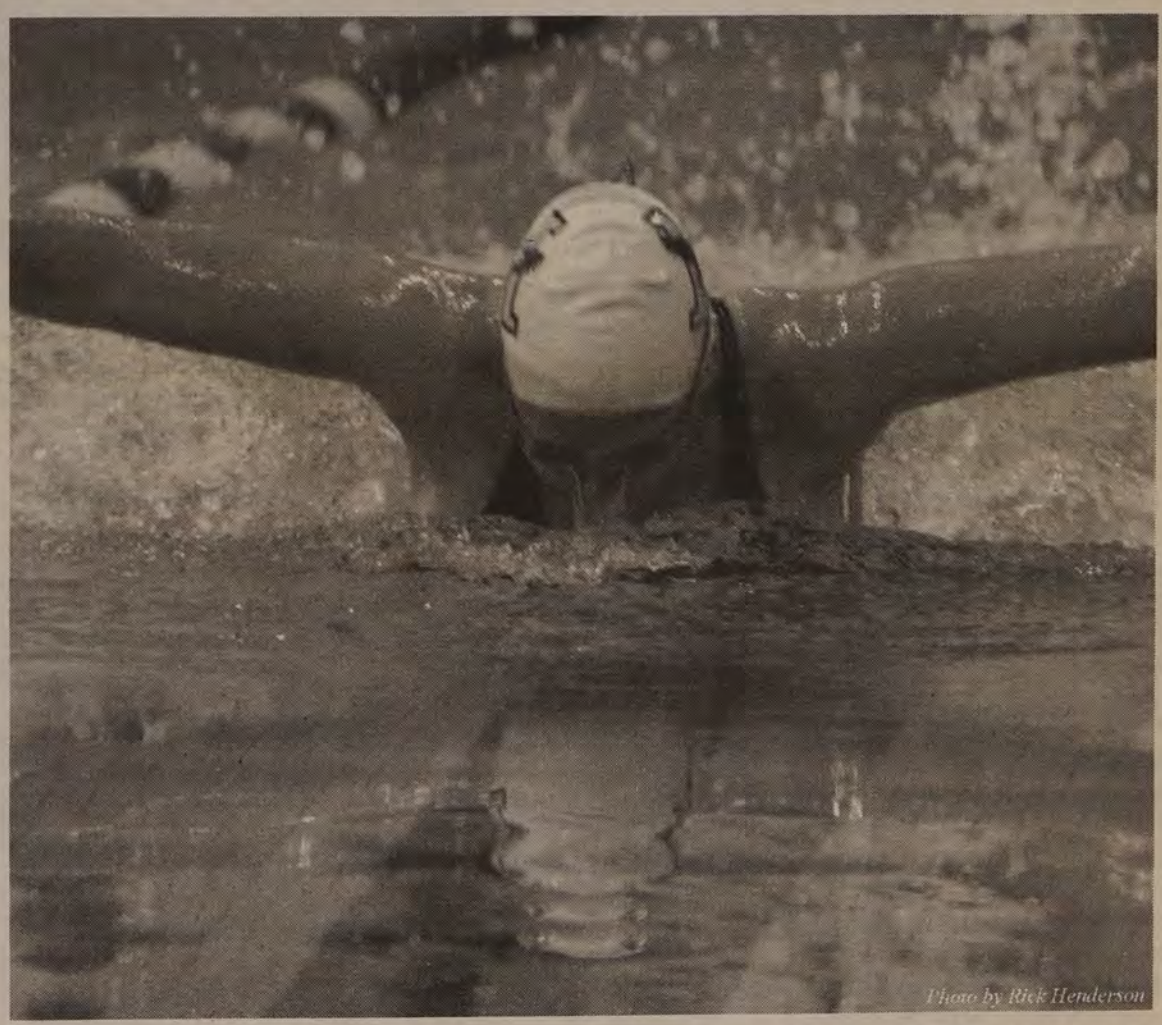
"I'd like to see the team improve on their personal best times this year," said Fogler. "I hope that the team can improve on the 4th place finish we had last year."

Fogler says that in addition to the regular 2 hours of practice a day, the team has also been swimming more competitively during those practices, in preparation for their meets, and hopefully a higher finishing spot at the end of the season.

Fogler also says that the team shows promise and that one of the key swimmers on the team this year is senior Stephanie Taylor, who last year qualified for the New England's. She ended up finishing in the top 16 in 200 Fly.

The Eagles swam against Regis College this past Saturday. Coach Fogler said she had been looking forward to the meet. It was a home meet and for the Eagles, home meets are very important to the team. Despite a good fight the Eagles took a loss to the Regis Pride.

The Eagles won't be in action again until January, where they'll be on the road at Colby College on the 13th. Look for the Eagles to try and improve their relays and look for important wins at home down the stretch, and continue to add to Husson College's growing athletics department.



Giving It Their All The Husson College Women's Swim team had their first home meet this season on Saturday, December 9th. The Eagles swam against the women from Regis College, located in Weston Massachusetts. Despite putting up a good fight, the Eagles lost to the Regis Pride.

Check Out Some Sporting Events on Campus:

Men's Basketball:

December:
14th vs Gordon College
January:
21st vs UMaine Presque Isle
27th vs Maine Maritime Academy
29th vs UMaine Farmington
February:
2nd vs Mount Ida College
3rd vs Lasell College
6th vs Thomas College

Women's Basketball:

January:
9th vs Bowdoin College
23rd vs Colby College
27th vs Maine Maritime Academy
29th vs UMaine Farmington
February:
2nd vs Mount Ida College
3rd vs Lasell College
6th vs Thomas College

Women's Swimming:

January:
20th vs Elms College
27th vs Wheelock College

Husson Women's Basketball:
A Look At the Season So Far

By Billy Shannon

The Husson Women's basketball team is off and running with the 06'-07' basketball season. The Women's team is now 4-4 overall with a 3-2 conference record, where they sit in third place in the North Atlantic Conference (NAC) rankings with Maine Maritime Academy and Farmington ahead of them. MMA was the NAC pre-season poll pick for #1 and Farmington the #2.

After posting wins two weekends ago at Mount Ida 72-70 and Lesley 80-59 the Husson ladies bounced back from their loss to MMA by taking a win at Elms College but could not pull off a win on Saturday the 9th. against Becker.

The women's basketball team features an experienced group of seniors who bring veteran leadership in Crystal Martin, Carmen Ballard, Jodie Merchant, Holly Gracie, Ashley Hichborn and Annie McIntosh. Sophomores Laura Archer, Michelle Barden, Jenny Rollins, Chelsea Dow and sophomore transfer Shelby Pickering the NAC Women's Soccer 2006 Player of the Year. As well as freshman Chere Wickstrom, Brandi Winters, Nicci Burton, Lindsay Barnes, Alyssa Bragdon, Ashley Bragdon, Jennifer Plourde and Kristin Richards round out this year's roster for the lady eagles.

Highlights from last weekend's back-to-back wins over Mount Ida and Lesley were sophomore Shelby Pickering who had 26 and 27 points, including the lay-up to put Husson over Mount Ida in the first game. Another player Jodie Merchant scored in the high teens in both games helped control the tempo for Husson. Carmen Ballard, who posted 14 points in both games, was also an important contributor on the boards. Annie McIntosh contributed with a double-double in one game and had a double figure in rebounds in the other.

Coach Kissy Walker was pleased with how the team has been playing. She said the girls play hard and she was happy that the team has managed to come out of the season with a respectable record. She also hopes the team can continue to progress throughout the season.

Some exciting news for the Eagles, which came on Monday, was that Crystal Martin who has been out so far this season with an injury has been cleared and is able and ready to play. As Crystal got back into the swing of things the girls took a lose to Maine Maritime Academy but came back with a win against Elms College.. Maine Maritime was picked #1 in the preseason poll for a reason. The Lady Eagles traveled to Castine on Tuesday night and fought hard but were beaten by a talented MMA squad. The final score of the game was 69-53. The ladies dug themselves an early hole in the first half, but managed to out score their opponents in the second half by 1 point. They also managed to shut down Alyssa Burns, a two time NAC player of the year, keeping her at 10 points. Highlights for the eagles were Jodie Merchant with 14 points 7 rebounds, Holly Gracie with 11 points, Carmen Ballard with 7 points 3 steals and Shelby Pickering with 6 points.

The Husson Women's Basketball Team look in good shape to push on with the rest of the season and continue a winning record in the NAC Conference.

You can catch them at their first home game of the new year on January 9th against Bowdion College. The game starts at 6:00pm. Other upcoming home games for the women are January 23rd and 27th against Colby College and Maine Maritime Academy respectively.

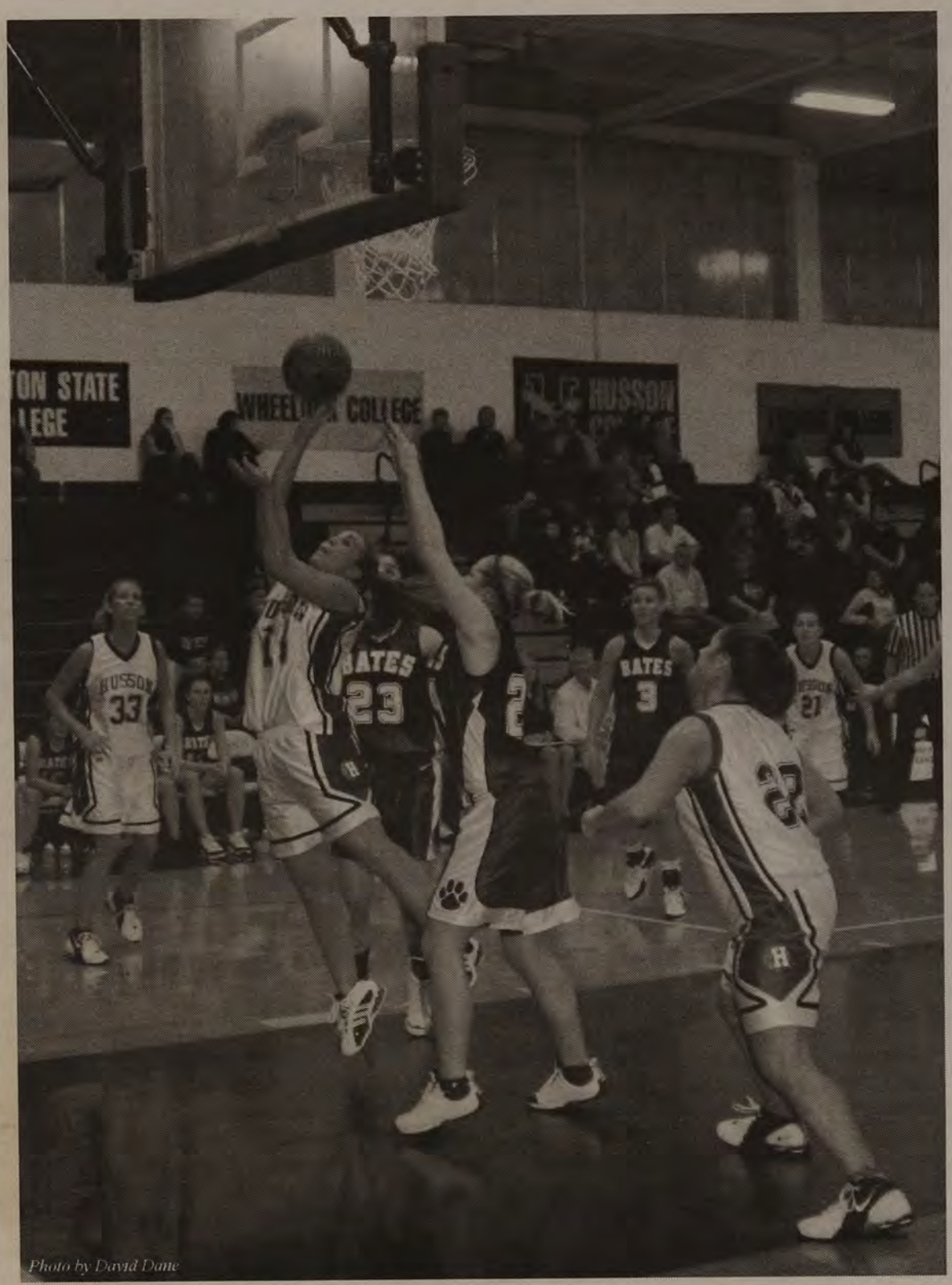


Photo by David Dane

Putting It Up Husson Eagle's Carmen Ballard, senior, goes up for a lay up after recovering a rebound against the Bates Bobcat's on November 29th. The Eagles lost their game against Bates 60 to 74.

Husson Golf Team NAC Champions

By Rob Poindexter

The Husson golf team captured the NAC championship this fall and now sets their sights on the NCAA III National Tournament. Success is nothing new for the golf team. In the past eight years they've won the NAC a remarkable seven times. This season however they continued to set the bar higher compiling an astonishing head to head record of 111-11-1. The Eagles finished third at the New Intercollegiate Golf Association Championships, and they have won the NEIGA NCAA III crown 4 out of the last 6 years.

Freshmen Chris Coffin, 76.6 scoring average per 18 holes, was out of sight being named First Team All-Conference, Player of the Year, and Rookie of the Year. Joining Coffin on the First Team All-NAC are Juniors Adam Duplisea and Lance Libby, while Coach Bruce Macgregor grabbed Coach of the Year honors. Senior Jason Harvey in his first year of competitive golf had a very respectable 79.2 scoring average per 18 holes.

The Eagles are now off to the NCAA III National Tournament on May 15-16, 2007 at the Prairie View Golf Club and the Hawthorne Golf and Country Club. Make no mistake, another truly phenomenal accomplishment by the Eagle golf team.

The NFL Season in a Nutshell

By Derek Wood

Note: This is an opinionated article. Some statements and comments in the article may be constructed from the opinion and views of the author and are not necessarily fact.

Hey it's another great football season in the NFL. T.O. nearly overdosed on too many painkillers or did he? Who cares, he's still an idiot, he's still selfish and he's still one of the best, if not the best, wide receivers out there. Terrell's new quarterback is certainly tearing it up this year. If it were up to Dallas and the Dallas media he would be the next president of the United States. I don't know if a first year quarterback will lead a team to win a super bowl but if there is one I think it would be Tony. Drew Brees left the Chargers and has stepped in real nice for the Saints making them a number one team the South. The Bengal's wide receivers do a great job making sure they catch the balls but also making sure they get their spot in the police log at least once a month. No David Givens, Willie Mcginest, Adam Vinateri or Deion Branch, no chance. No, no listening to the media anymore. The Patriots still rule the AFC East, partly because the other teams are mediocre at best.

Philip Rivers isn't going to be the next Ryan Leaf. The Chargers fans should be happy about that. Perhaps they do have the best player in football with LaDainian Tomlinson and a very solid defense and that could be a good reason for being a first place team. Vince Young and Matt Leinart aren't that horrible; it's just too bad their teams are. The Colts still look to be the super- bowl team, like ever year. Every year Peyton finds a good reason to lose and to go to the NFL and tattle on a team because they made too much contact with his receivers within five yards or some other bogus crap. Real quick, where's Ty Law?

Michael Vick, such a promising player. It's too bad he plays the wrong position. Is it time for coach Jim Mora to find a quarterback? If he is smart, yes.

The NFL is doing something new this year. They are letting folks from the nursing home be washed up quarterbacks. Green Bay Packers fans still love Bret Favre. Apparently it's okay if Favre throws 10 interceptions in one game and if Aaron Rogers throws a couple, then he's not the future. Your right Green Bay fans, he's not the future but don't worry Aaron because Packers really don't have a future. Retire Bret!

"Hey you suck", "no you suck", "no the coach sucks", "no, the whole team sucks". That's the case in New York with the Giants. Hint, stop blaming each other and actually play the game. I can see why Tiki Barber wants to retire.

The season is almost finished. There is still a lot of football to be played and nobody, even though Sean Salisbury would like to think he could, can say who will win the Super Bowl. I will just give you a few front-runners that should be there. I'll let you decide so therefore you can be the smart one.

AFC: Chargers, Colts and Patriots vs.
NFC: Bears, Cowboys and Seahawks.

John Mayer

By Katie Leighton

John Mayer isn't that guy that's running through the halls of high schools anymore. It's true he has some very deep, pensive, ballads that could make even the toughest guy feel a bit sentimental, but he certainly isn't the guy that sang "Your Body is a Wonderland."

So who is he? John Mayer is a sarcastic, politically aware, funny man, that can wail on a guitar and has earned the respect of greats such as Herbie Hancock, B.B. King, and Dave Chapelle. His latest release, "Continuum" will show up in your I Tunes as a blues record and with good reason. Tracks like "I'm Gonna Find Another You" and "Vultures" are blues to their core. They're filled with classic guitar riffs and hearty gut wrenching vocals.

If "Vultures" sounds familiar it's because it was also on the live album "Try" Mayer did with legendary musicians Steve Jordan and Pino Palladino last winter as the John Mayer Trio.. You can find a version of "Gravity" as well on "Continuum" that was also from the Trio project.

The first single off "Continuum" is "Waiting on the World to Change." With touchy lyrics like "When you trust your television what you get is what you've got 'cause with they own the information they can bend it all they want" it's a bold song, but not one without respect and class. "Waiting on the World to Change" isn't the only piece off the album that has something to say about the way our world is today. "Belief" talks about the motives behind current events. But again Mr. Mayer chose his words very carefully and made his point without pulling a Dixie Chicks.

Perhaps you are reading this and thinking " but I liked 'Your Body is a Wonderland.' What happened to the sensitive John that I used to snuggle up with on a lonely night and fantasize about?" If this is what you're thinking, don't' let me scare you away. "Continuum" is a more mature step in a similar direction as his previous projects. " Slow Dancing in a Burning Room" is the new " Wonderland" but this time more heartbroken. If you're a "classic" John Mayer fan you won't be disappointed with this album. It's still John just more musically ballsy. If you've never been a Mayer fan you'll be delightfully surprised by what this album has to offer.

If I haven't sold you yet, let me make you an offer. December 18th, from 9am-noon at Starbucks on Bangor Mall Boulevard, there is going to be a "Continuum" listening party. Come down, grab a cup of coffee or a Peppermint Hot Coco (ya know to get you in the holiday mood) and listen to the album for free. The listening party is in collaboration with Starbucks, Kiss 94.5, and the United Way. They are doing a book drive for Christmas so if you bring in a book to donate we'll put your name in a Santa Hat to win one of the 10 copies of "Continuum" we have. The more books you bring in the more times your name will go into the hat. It's win win all around.

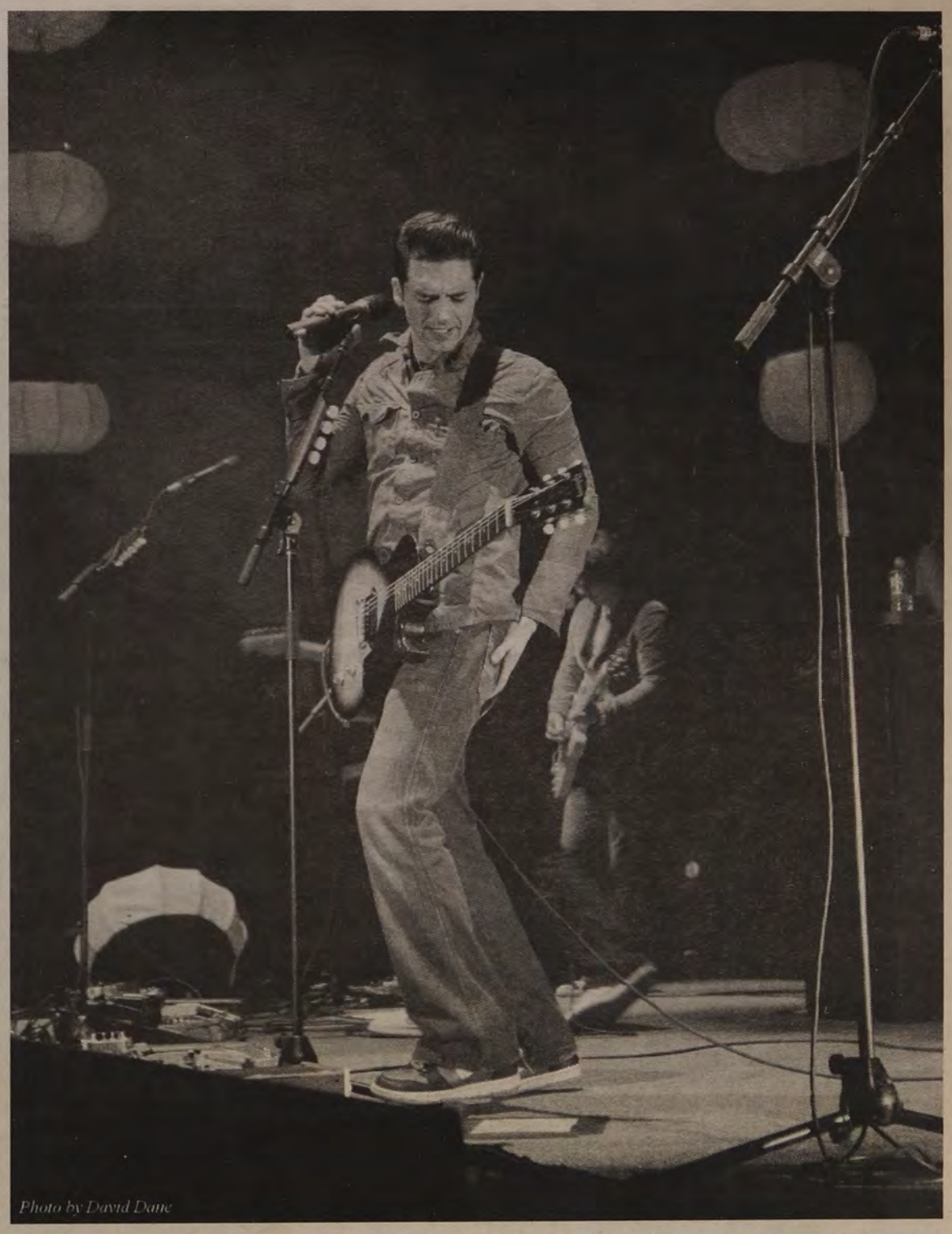


Photo by David Dane

Entertaining the Audience Dashboard Confessional played a headlining show in the Alfond Arena on the University of Maine campus in Orono on December 4th. The crowd was into Dashboard's set and at times the crowd sang louder than Chris Carrabba, the lead singer for Dashboard. Opening for Dashboard Confessional was New York based Brand New. Both bands have recently released new albums. Dashboard Confessional: "Dusk and Summer" and Brand New: "The Devil and God Are Raging Inside of Me" Both bands played a mixture of songs from their new albums and older one. Needless to say the show rocked.

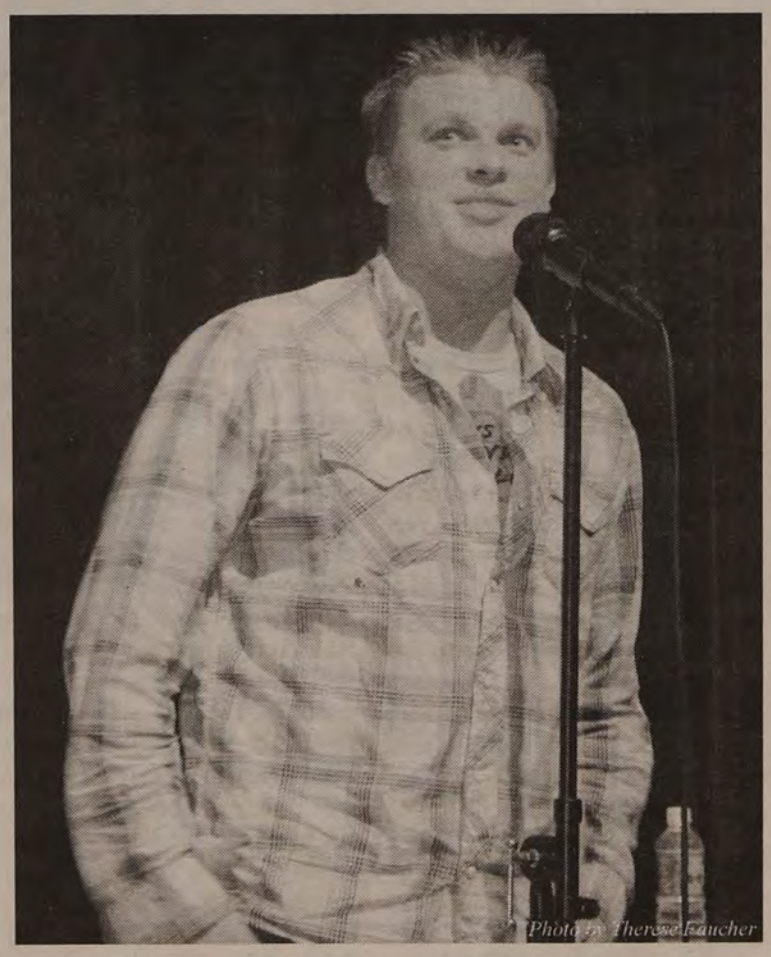


Photo by Therese Faucher

Lots of Laughs Comedian Paul Hunt was on the Husson College campus performing his comedy act. Komnisky Auditorium was full as Hunt took the floor.



Photo by Therese Faucher

Singing in the Holidays December 9th captured the most recent taking of "Sessions at One College Circle". In the studio this past Saturday evening was One Voice Choir from Charleston Pentecostal Church. Students from both the TV and Audio departments worked together to broadcast the session live over the campus station. Lots of communication and team work had to take place in order for the session to run smoothly